



# Risk Profile Update: Toxoplasma Gondii in Red Meat and Meat Products

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**RISK PROFILE UPDATE:  
*TOXOPLASMA GONDII*  
IN RED MEAT AND MEAT PRODUCTS**

Client report FW15009

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July 2015



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*TOXOPLASMA GONDII*  
IN RED MEAT AND MEAT PRODUCTS**

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On 1 July 2010, the New Zealand Food Safety Authority (NZFSA) and the Ministry of Agriculture and Forestry (MAF) were amalgamated. On 30 April 2012, MAF was renamed as the Ministry for Primary Industries (MPI).

This Risk Profile uses the names NZFSA and MAF for documents produced during the existence of these organisations.

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## GLOSSARY AND ABBREVIATIONS

|           |   |
|-----------|---|
| ANS       | The 2009 Adult Nutrition Survey                                       |
| $a_w$     | Measure of water activity (max = 1.000 = pure distilled water)        |
| ACMSF     | Advisory Committee on Microbiological Safety of Foods                 |
| CFU       | Colony forming unit   |
| CNS       | The 2002 National Children's Nutrition Survey                         |
| EU        | European Union  |
| FAO       | Food and Agriculture Organisation of the United Nations               |
| FSANZ     | Food Standards Australia New Zealand                                  |
| MPI       | Ministry for Primary Industries                                       |
| MPN       | Most Probable Number  |
| Neonate   | A newborn baby during the first 28 days after birth                   |
| NNS       | The 1997 National Nutrition Survey                                    |
| NZFSA     | New Zealand Food Safety Authority (now MPI)                           |
| PCR       | Polymerase Chain Reaction   |
| PFGE      | Pulsed Field Gel Electrophoresis                                      |
| pH        | Measure of acidity (min = 0 = most acidic; max = 14)                  |
| Perinatal | The period from 20 weeks or more gestation to 7 days after birth      |
| RMP       | Risk Management Programme (under the <i>Animal Products Act</i> 1999) |
| RTE       | Ready-to-eat  |
| USA       | United States of America  |
| USFDA     | United States Food and Drug Administration                            |
| USDA      | United States Department of Agriculture                               |
| VBNC      | Viable but non-culturable   |
| WHO       | World Health Organisation   |

## SUMMARY

This Risk Profile considers *Toxoplasma gondii* in red meat and meat products. This is an update of a Risk Profile “*Toxoplasma gondii* in red meat and meat products” published in 2008 (Lake *et al.*, 2008).

The purpose of the current Risk Profile is to critically review new information to answer the following risk management questions:

- What is the public health risk from *T. gondii* in red meat and meat products consumed in New Zealand?
- Has the risk of toxoplasmosis, from the consumption of red meat and meat products, consumed in New Zealand changed since the 2008 Risk Profile?

*T. gondii* is a protozoan parasite. Cysts or eggs are shed with faeces of the reservoir definitive host (in this case members of the cat family), in which the organism is able to reproduce sexually in large numbers. Excreted organisms are able to infect intermediate hosts such as warm-blooded animals (including humans) and birds, in which they form tissue cysts. The intermediate hosts are often also major food sources for humans, including livestock providing red meat.

Red meat production remains a major industry in New Zealand. While numbers of animals of the major red meat species (sheep, beef cattle, deer and pigs) farmed in New Zealand have decreased in the last decade, this is unlikely to have implications for the Risk Profile.

Measures such as heating, freezing and irradiation are effective in inactivating *T. gondii*. Variables in the production of processed meats (e.g. pH, salt and preservatives) appear to have an impact on the survival on *T. gondii*, but further definition of the exact conditions required for inactivation is desirable.

No information is available on the prevalence of *T. gondii* in red meat and red meat products in New Zealand. The limited information on seroprevalence in New Zealand meat-producing animals (sheep, deer and goats) suggests that they are regularly exposed to *T. gondii*. This is consistent with the fact that most meat-producing animals in New Zealand have access to the outside environment and probable contact with oocysts. No information is available on the seroprevalence of *T. gondii* in cattle or pigs in New Zealand.

Red meat and red meat products are commonly consumed foods in New Zealand. Decreases in the frequency of consumption, as assessed through national Nutrition Surveys, has been paralleled by increases in serving sizes. There is no difference in consumption patterns of beef and sheepmeat by pregnant women, but some indications that they consume pigmeat less frequently than the general population.

The burden of toxoplasmosis in New Zealand can only be assessed through occasional seroprevalence studies and hospital discharges associated with congenital or acquired toxoplasmosis. The two seroprevalence studies reported since the last version of this Risk Profile give very similar estimates of seroprevalence in the adult population. These estimates are within the range of seroprevalence estimates found in earlier New Zealand studies.



A quantitative risk assessment for foodborne toxoplasmosis in New Zealand is not available. Estimated attribution of toxoplasmosis to foodborne transmission in New Zealand (approximately 30%) is similar to estimates from other developed countries.

The information on *T. gondii* in red meat and meat products in New Zealand since the previous Risk Profile is limited, and essentially the conclusions in the previous document still apply.

Expert opinion in New Zealand attributes 30% of transmission to foodborne routes. Apart from meat, fruits and vegetables, unpasteurised milk and possibly shellfish, are potential transmission vehicles. Given that infective cysts are readily destroyed by cooking and freezing, exposure from red meat appears unlikely to be the major foodborne transmission pathway. No information was found on the prevalence of raw red meat consumption in New Zealand.

There remains considerable methodological barriers to evaluating the risk of *T. gondii*, such as determining the infectivity status of contamination in meat and determining the prevalence and burden of disease. We consider that further work is justified on the risk from *T. gondii* in red meat, but initially, the need is to characterise the burden of toxoplasmosis in New Zealand.

## 1 INTRODUCTION

Risk Profiles provide scientific information relevant to a food/hazard combination for risk managers and describe potential risk management options.<sup>1</sup> This document updates a previous Risk Profile considering *Toxoplasma gondii* in red meat and meat products which covered information up to 2006 (Lake *et al.*, 2008).

The purpose of this update is to critically review new information to answer the following risk management questions:

- What is the public health risk from *T. gondii* in red meat and meat products consumed in New Zealand?
- Has the risk of toxoplasmosis, from the consumption of red meat and meat products, consumed in New Zealand changed since the previous Risk Profile?

The current Risk Profile therefore reviews data relevant to the scope which has been published from 2006 to date.

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<sup>1</sup> [http://foodsafety.govt.nz/elibrary/industry/RMF\\_full\\_document\\_-\\_11604\\_NZFSA\\_Risk\\_Management\\_Framework\\_3.1.pdf](http://foodsafety.govt.nz/elibrary/industry/RMF_full_document_-_11604_NZFSA_Risk_Management_Framework_3.1.pdf) accessed 27 August 2014

## 2 HAZARD AND FOOD

### 2.1 The Pathogen: *Toxoplasma gondii*

#### KEY FINDINGS

*T. gondii* is a protozoan parasite. Cysts or eggs are shed with faeces of the reservoir definitive host (in this case members of the cat family), in which the organism is able to reproduce sexually in large numbers. Excreted organisms are able to infect intermediate hosts such as warm-blooded animals (including humans) and birds, in which they form tissue cysts. The intermediate hosts are often also major food sources for humans, including livestock providing red meat.

*Appendix 1 contains additional information on T gondii.*

#### 2.1.1 Disease and pathogenicity

*T. gondii* is an obligate intracellular protozoan parasite. The organism is able to reproduce sexually to high numbers in the definitive host (members of the cat family). Cysts are then shed with faeces of the reservoir definitive host. Excreted organisms are able to infect intermediate hosts such as warm-blooded animals (including humans) and birds, where the organism is able to replicate asexually and form tissue cysts. The intermediate hosts are often also major food sources for humans, including livestock providing red meat (Goldsmid *et al.*, 2003).

*T. gondii* is considered to have three stages of infection; the oocyst environmental stage, the tachyzoite stage of rapid division, and the bradyzoite stage of slow division within tissue cysts (see Appendix 1, section 8.1 for more detail on the life cycle of *T. gondii*) (Robert-Gangneux and Darde, 2012). When an oocyst or tissue cyst is ingested by a human or other warm-blooded animal, the resilient cyst wall is dissolved by proteolytic enzymes in the stomach and small intestine, freeing sporozoites from within the oocyst or bradyzoites from within the tissue cyst. The parasites first invade cells in and surrounding the intestinal epithelium, and inside these cells, the parasites differentiate into tachyzoites, the motile and quickly multiplying cellular stage of *T. gondii*. Tissue cysts in tissues such as brain and muscle tissue, form approximately 7–10 days after initial infection.

Once inside the host cell, the tachyzoites replicate until the host cell dies and ruptures, releasing and spreading the tachyzoites via the bloodstream to all organs and tissues of the body, including the brain.

Following the initial period of infection characterised by tachyzoite proliferation throughout the body, pressure from the host's immune system causes *T. gondii* tachyzoites to convert into bradyzoites, the semidormant, slowly-dividing cellular stage of the parasite. Inside the host cell, clusters of these bradyzoites are known as tissue cysts. Upon ingestion of these tissue cysts by an intermediate host through raw or undercooked meat, cysts are ruptured as they pass through the digestive tract, causing the release of bradyzoites. These will infect the intestinal epithelium of the new host and differentiate back into the rapidly dividing tachyzoite stage for dissemination throughout the body (Robert-Gangneux and Darde, 2012).

The multiple infective forms of the organism offer opportunities for elucidating the epidemiology of the disease. An analytical method has been developed that targets antibodies to a specific 11 kDa sporozoites protein (Hill *et al.*, 2011). This enables an assessment of whether an infection has occurred through ingestion of oocysts (sporozoites-producing), rather than tissue cysts (bradyzoites-producing). With respect to the topic of the current Risk Profile, bradyzoites stage infections are likely to be specific to consumption of meat from infected animals. Although sporozoites stage infections may be due to consumption of meat contaminated by oocysts from the environment, they are more likely to be due to a range of other food or environmental exposures.

## 2.2 The Food: Red Meat and Meat Products

### KEY FINDINGS

Red meat production remains a major industry in New Zealand. While numbers of the major red meat species farmed in New Zealand have decreased in the last decade, this is unlikely to have implications for the Risk Profile.

#### 2.2.1 Definitions

For the purpose of this Risk Profile ‘red meat’ is taken to include the skeletal muscular tissue and associated materials (fat and other tissues) from the main commercial meat species (i.e. cattle, sheep, pigs and deer). This Risk Profile also addresses veal, which is the meat of very young cattle (calves).

#### 2.2.2 The food supply in New Zealand: Red meat and red meat products

##### 2.2.2.1 The red meat industry

The Meat Industry Association of New Zealand (MIA) is a voluntary trade association representing New Zealand meat processors, marketers and exporters. MIA member companies operate approximately 60 processing plants throughout the country, representing companies supplying the majority of New Zealand sheep and beef meat exports. Sheep meat and beef exports make up 13% of New Zealand’s exports by value (22% of New Zealand’s primary sector revenue).<sup>2</sup> For the year ending June 2014, the meat industry earned export revenue of \$5.8 billion.<sup>3</sup>

##### 2.2.2.2 Production

New Zealand is a major producer and exporter of red meat. Between 2002 and 2014, sheep numbers in New Zealand decreased from approximately 40 million to just under 30 million, beef cattle numbers decreased from 4.5 million to 3.6 million, deer numbers decreased from 1.6 million to 950,000 and pig numbers decreased from 342,000 to 285,000 (Statistics New Zealand, 2014). These decreases are at least partially due to a move to dairy farming, with the number of dairy cattle increasing during the same period from 5.2 million to 6.7 million.

<sup>2</sup> [http://www.mia.co.nz/about\\_us/](http://www.mia.co.nz/about_us/) Accessed 16 March 2015

<sup>3</sup> <http://www.stats.govt.nz/infoshare/> Accessed 16 March 2015

Livestock slaughter and export statistics for the year ending 30 September 2013 are shown in Table 1.

**Table 1: Livestock numbers, production and export for New Zealand, year ending 30 September 2013**

| Livestock type            | Total inspected slaughter at export plants and abattoirs (million head) | Meat production, bone in basis (000 tonnes) | Meat exports (000 tonnes) |
|---------------------------|---|---|---------------------------|
| Lamb                      | 21.3  | 382.4                                       | 313.1                     |
| Sheep                     | 4.3   | 105.6 (mutton)                              | 85.0                      |
| Cattle (including calves) | 4.3   | 628.3 (beef and veal)                       | 366.5 (beef and veal)     |
| Pigs                      | 0.7   | 47.1  | 0.1                       |
| Deer                      | 0.4   | 22.9  | 13.2                      |

Source: Compendium of New Zealand Farm Facts (Beef + Lamb New Zealand, 2014).

#### 2.2.2.3 New Zealand exports

New Zealand is a major exporter of beef and sheep meat, with approximately 882,000 tonnes of meat and offals exported in the 12 months to 30 June 2014.<sup>4</sup> Approximately 85% of New Zealand's beef and sheepmeat production is exported.<sup>5</sup>

New Zealand exports only a small amount of pork (approximately 63 tonnes in 2014), mainly to Pacific Island nations (69%) and Hong Kong (29%).<sup>6</sup>

In the year ending September 2013, 15,428 tonnes of venison were exported (Beef + Lamb New Zealand, 2014).

#### 2.2.2.4 New Zealand imports

New Zealand imports relatively small amounts of beef and sheep meat, according to data from Statistics New Zealand.<sup>7</sup> In 2014, approximately 9,400 tonnes of beef and 2,800 tonnes of sheep meat were imported from Australia. These quantities are greater than for 2012 (3,500 and 1,900 tonnes, respectively).

New Zealand's pigmeat supply is almost evenly divided between domestically produced and imported product. In the 2012/13 year, New Zealand's pigmeat supply was 93,718 tonnes, of which 46,517 tonnes were imported (Beef + Lamb New Zealand, 2014). In the year ending September 2014, domestic production was reported to be 47,646 tonnes (New Zealand Pork, 2014). Pigmeat was primarily imported from Canada (23%), USA (19%), Denmark (18%), Finland (16%), Australia (11%) and Sweden (8%).

<sup>4</sup><http://www.stats.govt.nz/infoshare/SelectVariables.aspx?pxID=e18ecf4c-dbbb-4ba7-ab3b-49752d253566>

Accessed 23 October 2014

<sup>5</sup> [http://www.mia.co.nz/about\\_us/](http://www.mia.co.nz/about_us/) Accessed 16 March 2015

<sup>6</sup> <http://www.stats.govt.nz/infoshare/TradeVariables.aspx?DataType=TEX> accessed 186 March 2015

<sup>7</sup> <http://www.stats.govt.nz/infoshare/TradeVariables.aspx?DataType=TIM> accessed 27 June 2013

## 2.3 Behaviour of *T. gondii* in Red Meat and Meat Products

### KEY FINDINGS

Measures such as heating, freezing and irradiation are effective in inactivating *T. gondii* in meat. Variables in the production of processed meats (e.g. pH, salt and preservatives) appear to have an impact on the survival on *T. gondii*, but further definition of the exact conditions required for inactivation is desirable.

*More information is supplied in Appendix 1*

*T. gondii* may occur in meat in an encysted form (bradyzoites) or due to environmental contamination of the meat surface with sporozoites-containing oocysts. While *T. gondii* cysts may remain infective in meat, the organism will not grow outside of a live host.

### 2.3.1 Contamination of red meat and meat products by *T. gondii*

Raw sausage products (Teewurst, Mettwurst and salami) were manufactured from the meat of pigs that had been intravenously infected with *T. gondii* ( $10^4$  tachyzoites) at three months of age (Abdulmawjood *et al.*, 2014). The presence of *T. gondii* DNA was confirmed in 30 out of 210 (14.3%) sausage samples by PCR. Infectivity was confirmed by feeding positive raw sausage material to mice and analysing organs (brain, heart and spleen) for *T. gondii* DNA by PCR after approximately 45 days. *T. gondii* DNA was detected in 4 out of 288 (1.4%) of mice. While raw sausage samples fed to the mice represented different processing variables (organic, without addition of nitrate, and conventional, with addition of nitrate) and ripening stages (from date of manufacture, date of marketing and end of shelf life), the low number of positive results meant no conclusions could be drawn on the impact of processing on *T. gondii* persistence in red meat products.

### 2.3.2 Inactivation of *T. gondii* in red meat and meat products

Meat from experimentally *T. gondii* infected goats was used to manufacture vacuum-packed goat meat and dry fermented goat sausages (Neumayerová *et al.*, 2014). Infectivity of meat products was assessed by mouse bioassay. Non-salted, vacuum-packed meat remained infective after storage at 4°C for 42 days (the duration of the experiment). Freezing non-salted, vacuum-packed goat meat at -20°C resulted in a loss of infectivity after 4 hours. Salted vacuum-packed goat meat stored at 4°C remained infective after 7 days, but not after 14 days. The salt content of the meat was approximately 1.9%. No infectivity was observed in any sample of dry fermented goat sausage. The study authors suggested that this product's high salt content and low water activity is not amenable for *T. gondii* bradyzoite survival.

Pigs ( $n = 6$ ) that were seropositive for *T. gondii* (IFAT titre  $\geq 80$ ) were slaughtered and used in the production of dry-cured hams (Bayarri *et al.*, 2010). Portions of ham were tested for *T. gondii* viability before curing (day zero), after 7 months, and at the completion of curing (14 months) by mouse bioassay (5 mice per test). All hams were negative before curing, all were positive at 7 months and all were negative at 14 months. The authors of the study suggested that the lack of viability before curing may have been due to the fact that only the surface of the hams was sampled for analysis at that time point, while the later time points sampled locations throughout the hams.



Mouse and cat bioassays were used to assess the effectiveness of a range of processing measures in inactivating *T. gondii* cysts in experimentally infected sheep meat (El-Nawawi *et al.*, 2008). No infectivity remained in the meat after heating at 60 or 100°C for 10 minutes, but infectivity was still present after heating at either temperature for 5 minutes. Freezing at -10°C for 3 days or -20°C for 2 days was effective in inactivating tissue cysts. Viable cysts were still detected after freezing at -10°C for 1 or 2 days or at -20°C for 1 day. Irradiation with 75 or 100 kRad, but not 25 or 50 kRad, resulted in complete inactivation of cysts. However, cooking in a microwave (5 minutes on medium power) or chilling at 5°C for 5 days did not completely inactivate cysts. It is uncertain whether lower periods of microwave cooking or chilling would inactivate *T. gondii* cysts, although earlier studies that involved cooking in a microwave for up to 15 minutes at maximum power and then at medium power until an internal temperature of 65°C was achieved did not result in complete inactivation of *T. gondii* (Lundén and Ugglå, 1992).

Freezing of meat has been reported to be an effective measure for inactivation of *T. gondii*. However, analysis of frozen buffalo meat illegally imported into Turkey found *T. gondii* tissue cysts in 3 of 20 (15%) samples by percoll density separation and light microscopy (Gencay *et al.*, 2013). *T. gondii* tissue cysts were not detected after refreezing of meat at -18°C for two days. It should be noted that no assessment of the viability of encysted *T. gondii* was carried out.

Muscle and brain tissue from experimentally infected mice was placed in cell culture medium and treated with different regimes of pH, salt and nitrite for up to 30 days at 4°C (Pott *et al.*, 2013). Infectivity was assessed by mouse bioassay. Tissue remained infective for at least 24 days at media with a pH range of 5-7. Cysts were more susceptible to salt, where infectivity remained after storage in a medium containing 2.0% salt for 8 days but higher salt concentrations (2.5 or 3.0%) resulted in loss of infectivity within 1 day. Salt in combination with 0.5% sodium nitrite was even more effective and no infectivity was detected after 4 days for cysts in a medium containing 2% salt and 0.5% sodium nitrite.

### 3 EXPOSURE ASSESSMENT

#### KEY FINDINGS

No information is available on the prevalence of *T. gondii* in red meat and red meat products in New Zealand. The limited information on seroprevalence in New Zealand meat-producing animals suggests that they are regularly exposed to *T. gondii*. This is consistent with the fact that most meat-producing animals in New Zealand have access to the outside environment and probable contact with oocysts, due to the high prevalence of cats (the definitive host) in New Zealand.

Red meat and red meat products are commonly consumed foods in New Zealand. Decreases in the frequency of consumption, as assessed through national Nutrition Surveys, has been paralleled by increases in serving sizes. There is no difference in consumption patterns of beef and sheepmeat by pregnant women, but some indications that they consume pigmeat less frequently than the general population.

#### 3.1 New Zealand Prevalence Studies

As noted in the previous version of this Risk Profile, there are no data on the prevalence of *T. gondii* in red meat in New Zealand. Most of the information regarding the prevalence of *T. gondii* is derived from studies that measure antibodies against the organism present in the blood of humans and animals (seroprevalence).

The previous Risk Profile reported seroprevalences in deer (52.2%) and goats (37% in adults) but information for other species was only indirect. Since then a seroprevalence study has been carried out on blood samples ( $n = 2254$ ) from unvaccinated ewe flocks, collected during the years 2006 to 2009 (Dempster *et al.*, 2011). *T. gondii* antibodies were detected using a latex agglutination (LAT) kit. Using a titre dilution cut-off<sup>8</sup> of 1:16, 1917/2254 (85.0%, 95<sup>th</sup> percentile confidence interval 83.5-86.5%) blood samples were positive. At a titre dilution cut-off of 1:64, 1384/2524 (61.4%, 95<sup>th</sup> percentile confidence interval 59.4-63.4%) were positive. The blood samples came from ewes in 198 flocks. All flocks were positive for *T. gondii* antibodies at a titre dilution cut-off of 1:16. It should be noted that these results were from a free screening service, with blood samples supplied by veterinarians wishing to assess the exposure of their clients' ewe flocks to *T. gondii*. This represents a potential selection bias for this sample set. It has been estimated that approximately 80% of breeding ewes in New Zealand are vaccinated against *T. gondii* infection (Sam Higgins, MSD Animal Health, Wellington, personal communication, April 2015). Vaccination is reported to inhibit cyst formation and it is likely that the overall seroprevalence of *T. gondii* in New Zealand breeding ewes is lower than determined in this survey.

#### 3.2 Product Recalls

No recalls for the presence of *T. gondii* in meat or meat products have been reported in New Zealand in the period 2008 to the present.<sup>9</sup> However, this is not unexpected as no testing of food is conducted in New Zealand.

<sup>8</sup> The titre cutoff is the dilution at which a positive response is considered to represent a positive result

<sup>9</sup> <http://www.foodsmart.govt.nz/food-safety/recalls/latest-recalls/> Accessed 9 March 2015

### 3.3 Requirements for Imported Food

There are currently no Imported Food Requirements (IFRs) related to the presence of *T. gondii* in any foods, including red meat and meat products (Ministry for Primary Industries, 2014).

### 3.4 Red Meat and Meat Product Consumption

Red meat and red meat products are commonly consumed foods in New Zealand. Table 2 summarises data on total beef, sheepmeat and pigmeat consumption by adult (15+ years) and child (5-14 years) New Zealanders. These figures are based on analysis of data (Cressey *et al.*, 2006; Cressey, 2013) from the 2009 Adult Nutrition Survey (2009ANS) (University of Otago and Ministry of Health, 2011) and the 2002 National Children's Nutrition Survey (Ministry of Health, 2003).

**Table 2: Consumption of beef, sheepmeat and pigmeat by adult (15+ years) and child (5-14 years) New Zealanders**

|   | Beef  |       | Sheepmeat |       | Pigmeat |       |
|---|-------|-------|-----------|-------|---------|-------|
|   | Adult | Child | Adult     | Child | Adult   | Child |
| Number of respondents                         | 4721  | 3275  | 4721      | 3275  | 4721    | 3275  |
| Percent consumers (%)                         | 46.0  | 50.6  | 16.3      | 16.5  | 38.3    | 37.3  |
| Serving per day (consumers)                   | 1.3   | 1.3   | 1.1       | 1.3   | 1.3     | 1.4   |
| Consumer mean (g/person/day)                  | 106.8 | 85.4  | 79.7      | 77.2  | 71.8    | 53.3  |
| Population mean (g/person/day)                | 49.1  | 43.2  | 13.0      | 12.8  | 27.5    | 19.9  |
| Serving size, mean (g)                        | 84.3  | 64.1  | 70.5      | 60.1  | 56.6    | 38.8  |
| Serving size, median (g)                      | 56.3  | 42.8  | 35.2      | 34.3  | 31.2    | 27.0  |
| Serving size, 95 <sup>th</sup> percentile (g) | 242   | 184   | 228       | 178   | 185     | 117   |

The data in Table 1 confirm that there is little difference in the frequency of consumption (percent consumers) of the meat types between adult and child New Zealanders. As might be expected, adult serving sizes are, on average, greater than those consumed by children. Serving sizes for pigmeat are generally smaller than for the other meat types, reflecting the high proportion of processed meat products that are produced from pigmeat (e.g. ham and salami). Serving sizes for processed meat are generally smaller than for meat cuts.

Meat consumption patterns for adults can additionally be compared to those reported an earlier National Nutrition Survey (1997) to establish any trends in red meat consumption patterns (Russell *et al.*, 1999). Comparisons suggest a slight decrease in the frequency of beef consumption, while sheepmeat and pigmeat consumption has remained unchanged. However, for all meat types there is evidence that serving sizes have increased with time.

Of particular relevance to this risk profile, analysis of data from the 2009 Adult Nutrition Survey suggests no difference in the frequency and serving size of beef and sheepmeat consumption between pregnant women and the general adult population (Cressey, 2013). Pregnant women are significantly less likely to consume pigmeat than the general adult population, although there is no difference in average serving sizes.

### 3.5 Potential for Growth of *T. gondii* along the Red Meat and Meat Product Food Chain

*T. gondii* does not multiply outside its host environment. Consequently, growth will not occur in red meat and meat products (Mie *et al.*, 2008).

### 3.6 Data on *T. gondii* in Red Meat and Meat Products from Other Countries

#### KEY FINDINGS

Exposure of red meat-producing animals to *T. gondii* appears to be universal, on the basis of seroprevalence studies in a large number of countries. While fewer studies are available on the presence of infective *T. gondii* oocysts or tissue cysts in red meat and red meat products, it should probably be assumed that some proportion of these products will carry *T. gondii* infectivity, irrespective of the origin of the products.

*Appendix 1 contains detailed data summarised in this section.*

The vast majority of studies that provide information on the potential presence of *T. gondii* in red meat are seroprevalence studies on animals, either on farm or at slaughter. Results of studies published since the previous version of this Risk Profile are summarised in Table 5, Appendix 1. While seroprevalence varies considerably across studies, it broadly appears that seroprevalence is higher in sheep and goats, compared to cattle, pigs and deer.

Comparison between reported estimates of *T. gondii* seroprevalence in animals and in meat is complicated because of the multiplicity of analytical methods used and the variation in the application of methods between studies. For example, titre cutoffs (the dilution at which a positive response is considered to represent a positive result) for the same method can vary considerably. For example, the indirect fluorescence antibody test (IFAT) has been used applying cutoffs from 1:8 dilution (Górecki *et al.*, 2008) to 1:200 (Chandrawathani *et al.*, 2008; Fusco *et al.*, 2007).

The results of several studies reporting the prevalence of *T. gondii* in animal tissues or meat products are summarised in Table 5, Appendix 1. Although the results suggest that infective *T. gondii* is present in red meat and red meat products in many countries the prevalence of positive results by laboratory detection tests, such as PCR or ELISA is generally higher than infectivity determined by the mouse bioassay.

The mouse (or cat) bioassay remains the most definitive means of assessing the ability of animal tissues to cause *T. gondii* infection, either through the presence of oocysts or tissue cysts.

## 4 EVALUATION OF ADVERSE HEALTH EFFECTS

### 4.1 Disease Characteristics

#### KEY FINDINGS

There has been no change in the disease characteristics of toxoplasmosis since the previous version of this Risk Profile. *T. gondii* infections are asymptomatic in most healthy immunocompetent people and severe health effects are rare. High risk groups for toxoplasmosis are pregnant women and their foetuses, neonates and immunocompromised people. There is a developing body of evidence associating *T. gondii* infections with mental illness, specifically schizophrenia.

*Appendix 2 contains detail on disease characteristics*

Primary acquired infection is asymptomatic in more than 80% of cases of immunocompetent subjects in developed countries (Montoya and Liesenfeld, 2004). In the remaining cases patients may experience fever, cervical lymphadenopathy, sometimes associated with myalgia, asthenia or other nonspecific clinical signs. More rarely toxoplasmic chorioretinitis with visual impairment may occur (Robert-Gangneux and Darde, 2012). Severe life threatening toxoplasmosis occurs in immunocompromised patients, including those who are HIV positive or taking immunosuppressive therapies. Congenital infection may result from primary acquired maternal infection during gestation. Such vertical transmission is more likely as the pregnancy progresses, but foetal damage, when it occurs, is more severe in the early stages. Consequences can include severe abnormalities or abortion (Robert-Gangneux and Darde, 2012). Retinochoroiditis (inflammation of the retina) is a common feature, which frequently occurs in the child after birth.

There is increasing interest in possible associations between *T. gondii* infection and psychiatric disorders. A meta-analysis found a statistically significant association between schizophrenia and *T. gondii* infection (odds ratio 2.70, 95<sup>th</sup> percentile confidence interval 1.34-4.42,  $p = 0.005$ ) (Arias *et al.*, 2012). The authors of this meta-analysis urged some caution, as the higher quality studies included in the analysis did not produce significant odds ratios. A second meta-analysis examining the association between the presence of *T. gondii* antibodies and schizophrenia estimated an almost identical odds ratio based on 23 studies (Torrey *et al.*, 2007). An updated meta-analysis by the same group considered an additional 15 studies and again estimated an odds ratio of approximately 2.7 (Torrey *et al.*, 2012). When compared to other risk factors for schizophrenia, *T. gondii* infection was considered to be an ‘intermediate’ risk factor.

### 4.2 Dose Response

#### KEY FINDINGS

No information is available on the dose-response relationship in humans for infection by *T. gondii*.

*Appendix 2 contains detail on dose response.*

No human dose-response information for *T. gondii* infection is available. A recent quantitative microbial risk assessment (QMRA) used dose-response information from mice as a surrogate for human dose-response (Opsteegh *et al.*, 2011a). The QMRA related to ingestion of the bradyzoites form of *T. gondii* from tissue cysts. The dose-response relationship is likely to be dependent on the form of the organism ingested, as well as the dose.

### 4.3 New Zealand Human Health Surveillance

#### KEY FINDINGS

The burden of toxoplasmosis in New Zealand can only be assessed through occasional seroprevalence studies and hospital discharges associated with congenital or acquired toxoplasmosis. The two seroprevalence studies reported since the last version of this Risk Profile give very similar estimates of seroprevalence in the adult population. These estimates are within the range of seroprevalence estimates found in earlier New Zealand studies.

#### 4.3.1 *T. gondii* infection in New Zealand

Analysis of sera for infection determines the presence of IgG or IgM classes of antibodies specific for a *T. gondii* antigen. The presence of IgG antibodies (which persist in the body for long periods) indicates previous infection. IgM antibodies are a more recently available test, and this class of antibody rises early in infection. For infections with most other pathogens, IgM disappears in the weeks following primary infection. However, screening for toxoplasmosis is unusually difficult because of the persistence of the IgM antibody response. After primary *T. gondii* infection, IgM antibody frequently remains positive for many months or even years and may falsely indicate a recent infection (Morris and Croxson, 2004).

In some cases, antibody presence testing may be supplemented with antibody avidity testing. The avidity of the antibody-antigen reaction increases with time and low avidity is indicative of a recent infection (Hedman *et al.*, 1989; Holliman *et al.*, 1994)

Two small seroprevalence studies for *T. gondii* antibodies have been carried out in New Zealand since the previous version of this Risk Profile was published.

Healthy blood donors ( $n = 140$ ) from the Waikato region were enrolled in a serology study during January and February 2005 (Zarkovic *et al.*, 2007). *T. gondii* IgG antibody titres were determined using a latex agglutination test and a titre cut-off of 1:32. Seropositivity for *T. gondii* was determined in 60/140 (42.9%, 95<sup>th</sup> percentile confidence interval 34.5-51.5%) samples. Seropositive donors were significantly older (mean 45 years) than seronegative donors (mean 40 years). Dog owners were statistically significantly more likely to be seropositive than cat owners.

A serological survey of staff at the Auckland Zoological Park was carried out in 1991 ( $n = 49$ ), 2002 ( $n = 42$ ) and 2010 ( $n = 46$ ) for a range of potentially zoonotic infections (Forsyth *et al.*, 2012). *T. gondii* testing varied across the three years of the survey. In 1991, only IgM was tested, while in 2002 both IgM and IgG were tested. In 2010, all participants were tested for IgG antibodies, with those with levels greater than 20 IU/ml further tested for IgM and IgG avidity. In 2002 and 2010, 43% of participants were positive for *T. gondii* IgG antibodies.



However, few participants tested positive for IgM antibodies in any year and only one (in 2010) had IgM and low-avidity antibody, indicating infection in the previous 6-12 weeks. In 2010, of 19 IgG-positive zoo staff, 10 were domestic cat owners.

A study carried out in Auckland identified medical records from all cases who had a blood test for *T. gondii* IgG and IgM antibodies between 1 January and 30 November 2011 (IgG results were not reported) (Wong *et al.*, 2013). Of 1817 adult patients, 187 had a positive test for IgM antibodies at a concentration that suggested acute toxoplasmosis. Questionnaires were sent to 108 patients and were returned by 37. This group included 31 cases who had a positive test for IgM and reported lymphadenopathy. These cases were considered to have had acute toxoplasmosis. One case reported an immunosuppressive illness, while two were pregnant at the onset of acute toxoplasmosis. Risk factors reported by acute toxoplasmosis cases included, contact with cats or cat faeces ( $n = 16$ ) and gardening with bare hands at least once per week ( $n = 4$ ). However, a full list of the risk factors investigated was not reported. In addition to lymphadenopathy, fatigue, headaches, difficulty concentrating and muscle aches were symptoms reported by the majority of cases.

#### 4.3.2 Toxoplasmosis

Two systematic sources of data are available for assessing the burden of clinical toxoplasmosis in New Zealand:

- Records of discharges from publically-funded hospitals<sup>10</sup>
- Records of mortality<sup>11</sup>

Records are coded for causative diseases using the International Statistical Classification of Diseases and Related Health Problems 10th Revision (ICD-10) developed by the World Health Organisation (WHO). The following ICD-10 codes relate to toxoplasmosis:

B 58 Toxoplasmosis (excludes congenital toxoplasmosis)  
 B58.0 Toxoplasma oculopathy  
 B58.1 Toxoplasma hepatitis  
 B58.2 Toxoplasma meningoencephalitis  
 B58.3 Pulmonary toxoplasmosis  
 B58.8 Toxoplasmosis with other organ involvement (myocarditis, myositis)  
 B58.9 Toxoplasmosis unspecified

P 37 Other congenital infectious and parasitic diseases  
 P37.1 Congenital toxoplasmosis due to hydrocephalus

##### 4.3.2.1 *Mortality*

In the period 2007-2011, one death from toxoplasmosis (B58) was reported. The fatality was a male aged 35-40 years.

<sup>10</sup> <http://www.health.govt.nz/nz-health-statistics/health-statistics-and-data-sets/hospital-event-data-and-stats>

Accessed 27 February 2015

<sup>11</sup> <http://www.health.govt.nz/nz-health-statistics/health-statistics-and-data-sets/mortality-data-and-stats> Accessed 27 February 2015

#### 4.3.2.2 Morbidity

Table 3 shows the number of cases discharged from public hospitals from 2007 to 2014 with a primary diagnosis of toxoplasmosis and a breakdown of the different clinical manifestations in terms of ICD-10 code (Chris Lewis, Ministry of Health, personal communication, 2015). Readmissions of the same patient have been excluded.

**Table 3: Public hospital discharge records for other acquired toxoplasmosis manifestations by year, gender and age range**

| ICD-10 code   | Year      | Number of cases |           | Age range |
|---|-----------|-----------------|-----------|-----------|
|   |           | Male            | Female    |           |
| <b>B58.0 Toxoplasma oculopathy</b>  | 2007      | 4               | 2         | 23-52     |
|   | 2008      | 1               | 1         | 61-76     |
|   | 2009      | 3               | 3         | 5-70      |
|   | 2010      | 3               | 6         | 7-76      |
|   | 2011      | 5               | 3         | 17-67     |
|   | 2012      | 0               | 2         | 40-42     |
|   | 2013      | 1               | 4         | 52-86     |
|   | 2014      | 2               | 1         | 20-65     |
| <b>Total: 41<br/>(26 in period 2001-2006)</b>                                   |           | <b>19</b>       | <b>22</b> |           |
| <b>B58.2 Toxoplasma meningoencephalitis</b>                                     | 2007      | 1               | 1         | 42-56     |
|   | 2008      | 2               | 1         | 28-47     |
|   | 2009      | 1               | 0         | 42        |
|   | 2010      | 3               | 1         | 35-52     |
|   | 2011      | 1               | 1         | 42-56     |
|   | 2012      | 1               | 0         | 29        |
|   | 2013      | 2               | 0         | 51-53     |
|   | 2014      | 1               | 1         | 31-50     |
| <b>Total: 15<br/>(4 in period 2001-2006)</b>                                    |           | <b>11</b>       | <b>4</b>  |           |
| <b>B58.3 Pulmonary toxoplasmosis</b>  | 2007-2014 | 0               | 0         |           |
| <b>Total: 0<br/>(4 in period 2001-2006)</b>                                     |           | <b>0</b>        | <b>0</b>  |           |
| <b>B58.8 Toxoplasmosis with other organ involvement (myocarditis, myositis)</b> | 2008      | 1               | 0         | 32        |
|   | 2009      | 2               | 0         | 29-38     |
|   | 2011      | 0               | 1         | 36        |
|   | 2012      | 1               | 1         | 19-50     |
|   | 2014      | 0               | 1         | 52        |
| <b>Total: 7<br/>(13 in period 2001-2006)</b>                                    |           | <b>4</b>        | <b>3</b>  |           |
| <b>B58.9 Toxoplasmosis unspecified</b>  | 2007      | 0               | 3         | 40-64     |



| ICD-10 code   | Year | Number of cases |           | Age range |
|---|------|-----------------|-----------|-----------|
|   |      | Male            | Female    |           |
|   | 2008 | 3               | 1         | 36-47     |
|   | 2009 | 0               | 2         | 53-56     |
|   | 2010 | 2               | 1         | 13-44     |
|   | 2011 | 3               | 3         | 26-53     |
|   | 2012 | 4               | 3         | 9-50      |
|   | 2013 | 1               | 2         | 6-49      |
|   | 2014 | 0               | 1         | 24        |
| <b>Total: 26</b><br><b>(37 in period 2001-2006)</b>         |      | <b>13</b>       | <b>13</b> |           |
| <b>Total for B58: 89</b><br><b>(84 in period 2001-2006)</b> |      | <b>47</b>       | <b>42</b> |           |

The total number of toxoplasmosis cases discharged from public hospitals per year, during the period 2007-2014 (11.1) was very similar to the discharge rate for the previous seven year period (2000-2006, 12 cases per year). However, a greater proportion of the cases during the period 2007-2014 had primary diagnoses of oculopathy and meningoencephalitis than in the earlier period.

During the period 2007-2014, 12 cases were discharged from public hospitals with a primary diagnosis of congenital toxoplasmosis (ICD-10 code P37.1) (Chris Lewis, Ministry of Health, personal communication, 2015). Of the 12 cases, 10 were less than one year of age. In comparison, 7 cases with a primary diagnosis of congenital toxoplasmosis were discharged during the period 2000-2006.

While the case numbers reported here are generally small, there is no indication that morbidity due to toxoplasmosis in New Zealand is decreasing with time.

#### 4.3.3 Reported outbreaks

No outbreaks of toxoplasmosis have been reported in New Zealand.

#### 4.3.4 Serotypes

Routine typing of *T. gondii* isolates is not currently carried out in New Zealand.

### 4.4 *T. gondii* Infection Overseas

#### KEY FINDINGS

The rate of *T. gondii* infection in New Zealand seroprevalence studies is within the range of studies reported from overseas. It should be noted that seroprevalence may vary significantly between countries and between different studies in the same country. There is evidence from some developed countries (e.g. France and USA) that the rate of *T. gondii* infection is decreasing over time. It has been suggested that this may be due to improved education of animal and human health practitioners and the public.

*Appendix 2 contains detailed data summarised in this section.*



Seroprevalence studies for *T. gondii* infection in humans are summarised in Appendix 2, Table 7.

Case control studies conducted overseas since 2006 and which examined meat consumption as a risk factor have been summarised in Appendix 2, Section 9.2.5. Meat or undercooked meat consumption was a significant risk factor in three of the five studies. A review of 14 older (pre-2006) case-control studies has pointed out that the attributable risks in such studies often do not explain the majority of cases (Petersen *et al.*, 2010). The paper also commented that cultural and eating habits can affect the epidemiology of the disease in different countries.

## 5 EVALUATION OF RISK

### 5.1 Existing Risk Assessments

#### KEY FINDINGS

A quantitative risk assessment for foodborne toxoplasmosis in New Zealand is not available. The only international, published risk assessment overestimates the incidence of disease compared to health records. Attribution of toxoplasmosis to foodborne transmission in several countries has been estimated to be in the range 30-50%.

*Appendix 2 contains detailed data summarised in this section.*

#### 5.1.1 New Zealand risk assessment

No quantitative risk assessments for *T. gondii* in red meat and red meat products have been conducted in New Zealand.

#### 5.1.2 Risk assessments from other countries

Risk assessments and risk ranking exercises are summarised in Appendix 2 Section 9.3. The single published quantitative risk assessment for *T. gondii* is from the Netherlands. Despite conservative assumptions regarding prevalence of meat contamination, this assessment overestimated incidence of illness when compared to human health records.

Burden of disease and attribution estimates for toxoplasmosis have been published for a number of countries (see Appendix 2, Section 9.4). Foodborne transmission of toxoplasmosis has been estimated for several countries as 30-50%. Estimates of disease burden for foodborne enteric pathogens have ranked foodborne toxoplasmosis as first (Netherlands), second (United States) and 11<sup>th</sup> (Canada).

### 5.2 Evaluation of Risk for New Zealand

#### KEY FINDINGS

The information on *T. gondii* in red meat and meat products in New Zealand since the previous Risk Profile is limited, and essentially the conclusions in the previous document still apply.

Expert opinion in New Zealand attributes 30% of transmission to foodborne routes. Apart from meat, fruits and vegetables, unpasteurised milk and possibly shellfish, are potential transmission vehicles. Given that infective cysts are readily destroyed by cooking and freezing, exposure from red meat appears unlikely to be the major foodborne transmission pathway.

There remain considerable methodological barriers to evaluating the risk of *T. gondii*, such as determining the infectivity status of contamination in meat and determining the prevalence and burden of disease. We consider that further work is justified on the risk from *T. gondii* in red meat, but initially the need is to characterise the burden of toxoplasmosis in New Zealand.

### 5.2.1 Risk associated with red meat and meat products

The 2008 Risk Profile concluded that:

- There is very little information on which to comment on the prevalence of clinical consequences of toxoplasmosis infection in New Zealand.
- The available data on seropositivity of the whole New Zealand population suggest that infection with *T. gondii* is as prevalent in New Zealand as other developed countries.
- It is extremely difficult to ascertain modes of transmission and, in particular, the extent of infection via the consumption of cysts in red meat.
- New Zealand has had no reported outbreaks of toxoplasmosis, and there have also been no case control studies, cohort studies or other risk factor studies. No data could be found on the prevalence of cysts in red meat or meat products in New Zealand.
- While information on seropositivity in New Zealand livestock is limited, it is likely that domestically-produced red meat in New Zealand does contain *T. gondii*. Similarly, imported red meat is likely to be infected with *T. gondii*, but will contribute less to total consumer exposure given that only relatively small amounts of meat are imported, and much of it is frozen. Ameliorating factors for any exposure are that animal seropositivity appears to overestimate infectivity, and *T. gondii* exposure will be controlled through cooking and freezing.

The information on *T. gondii* in red meat and meat products in New Zealand since the previous Risk Profile is limited, and essentially these conclusions still apply. It should be noted, that since the previous version of this Risk Profile the requirement for imported pigmeat to be frozen has been removed.<sup>12</sup>

The limited data on seroprevalence in New Zealand livestock indicates that infection is widespread, at least in deer, sheep and goats. The prevalence in New Zealand cattle is unknown, but the situation is unlikely to be markedly different to overseas where seroprevalence in cattle is lower than for other species, irrespective of whether cattle are intensively or extensively reared. The widespread use of a vaccine in breeding ewes will reduce the risk from sheep meat (see Section 6.1.1). It is also clear that seroprevalence data are markedly higher than tissue infectivity determined by bioassay. Nevertheless, given the inability of meat inspection to exclude infected livestock at slaughter (see below), it is reasonable to expect a proportion of the red meat supply in New Zealand to contain infective cysts.

Expert opinion in New Zealand attributes approximately 30% of transmission to foodborne routes (Cressey and Lake, 2013). However, it should be noted that experts participating in the attribution study self-rating of their expertise with respect to *T. gondii* was the lowest of any of the nine pathogens considered. Apart from meat, fruits and vegetables, unpasteurised milk and possibly shellfish, are potential transmission vehicles. Given that infective cysts are readily destroyed by cooking and freezing, exposure from red meat appears unlikely to be the major foodborne transmission pathway.

The prevalence of *T. gondii* infection in the New Zealand population is unclear. A worldwide review of seroprevalence concluded that the prevalence in New Zealand (20-40%) was similar

<sup>12</sup> <http://mpi.govt.nz/law-and-policy/requirements/import-health-standards/> Accessed 29 June 2015

to Australia, Chile and some parts of Europe, Africa, the Middle East and India (Pappas *et al.*, 2009). No consideration was given to the analytical methods used to determine seroprevalence.

The available morbidity and mortality data from hospital patients is well below estimates that can be derived from overseas developed country studies (see Section 5.3.2). There are some studies supporting under-recognition of infection. A study in Auckland published in 2004 found prevalences of IgG and IgM in blood samples from pregnant women of 33% and 2.4% respectively (Morris and Croxson, 2004). These results were used by the study authors to estimate that 296 of 14530 pregnant women in Auckland in the year 2000 would have had a positive IgM blood result, indicative of current or recent *T. gondii* infection. Based on an estimate of 10% for transmission of *T. gondii* infection to the foetus, this suggests potentially 30 congenital infections in the Auckland region per annum. More recent studies of immunocompetent patients in Auckland found a prevalence of IgM of 10% in cases for which samples were referred for *T. gondii* testing (Wong *et al.*, 2013).

The total number of toxoplasmosis cases discharged from public hospitals per year, during the period 2007-2014 was very similar to the discharge rate for the previous seven year period, suggesting that morbidity due to toxoplasmosis in New Zealand is not decreasing.

There remain considerable methodological barriers to evaluating the risk of *T. gondii*, such as determining the infectivity status of contamination in meat and determining the prevalence and burden of disease. We consider that further work is justified on the risk from *T. gondii* in red meat, but initially the need is to characterise the burden of toxoplasmosis in New Zealand.

### 5.2.2 Risks associated with other foods

Raw fruit and vegetable consumption has been identified as a risk factor in a number of seroprevalence studies, while unpasteurised milk and shellfish have been less frequently identified in these studies (see Table 7, Appendix 2). A recent case-control study in the USA identified consumption of raw beef, raw lamb, locally produced meat products, unpasteurised goats' milk and shellfish as risk factors (Jones *et al.*, 2009).

The prevalence of viable *T. gondii* in chickens from indoor farms has been reported to be low, while in backyard chickens and chickens from free-range farms the prevalence is up to 100% (Dubey, 2010). The characteristics of the range where backyard or free-range chickens feed may have an impact on the prevalence of infection. For example, the risk of infection may be higher if cats have access to the range. However, no studies were found that had investigated this possibility. *T. gondii* infection in chickens may present a risk of human infection if care is not taken with hand washing after handling chicken meat or if adequate cooking measures are not followed.

Waterborne toxoplasmosis is attracting increasing attention, following outbreaks linked to drinking water from contaminated reservoirs (Jones and Dubey, 2010).

### 5.3 The Burden of *T. gondii* Infection in New Zealand

#### KEY FINDINGS

There is no specific information on the burden of disease due to *T. gondii* infections in New Zealand. However, the available fragmentary evidence does not suggest that the situation with respect to *T. gondii* infections in New Zealand would be radically different to other developed countries, where toxoplasmosis has been estimated to be the major foodborne parasitic disease.

#### 5.3.1 Burden of disease from red meat and meat products contaminated with *T. gondii*

It has been estimated by expert consultation that 27.6% (95<sup>th</sup> percentile credible interval 3.8-57.1%) of toxoplasmosis incidence is due to foodborne transmission (Cressey and Lake, 2013). An earlier expert elicitation derived a similar estimate of the proportion of toxoplasmosis cases that are believed to be due to transmission by food (31.5%) (Cressey and Lake, 2005). The earlier expert elicitation also derived an estimate for the proportion foodborne toxoplasmosis cases believed to be due to transmission by red meat (54.1%).

The 2013 expert elicitation also asked participants to self-rate their expertise with respect to each of nine pathogens considered. The average expertise assessment for *T. gondii* was the lowest of any of the nine pathogens considered.

Further elucidation of the burden of disease due to *T. gondii* in red meat and meat products in New Zealand is not possible due to the lack of any testing for *T. gondii* in foods. It is unlikely that *T. gondii* would be implicated as the cause of cases or outbreaks of foodborne disease in New Zealand.

#### 5.3.2 Burden of disease from all *T. gondii* infections

There is no specific information on the burden of disease due to *T. gondii* infections in New Zealand. However, the available fragmentary evidence does not suggest that the situation with respect to *T. gondii* infections in New Zealand would be radically different to other developed countries, where toxoplasmosis has been estimated to be the major foodborne parasitic disease (see Appendix 2, section 9.4).

The recent study of Wong *et al.* (2012) suggests that cases of acute toxoplasmosis occur in New Zealand that would not be detected by existing surveillance systems.

The incidence of congenital toxoplasmosis in New Zealand is unknown. A systematic review of the worldwide incidence of congenital toxoplasmosis estimated that the incidence in the western Pacific region, including New Zealand, was 0.6 cases per 1000 live births (95<sup>th</sup> percentile confidence interval 0.5-0.8) (Torgerson and Mastroiacovo, 2013). Using this estimate, and with 57,242 live births in New Zealand during the 2014 year<sup>13</sup>, approximately 30-50 cases of congenital toxoplasmosis may be expected in New Zealand each year. However,

<sup>13</sup> [http://www.stats.govt.nz/browse\\_for\\_stats/population/births/BirthsAndDeaths\\_HOTPYeDec14.aspx](http://www.stats.govt.nz/browse_for_stats/population/births/BirthsAndDeaths_HOTPYeDec14.aspx)  
Accessed 18 March 2015

hospital discharge data (section 4.3.2.2) suggests that no more than two congenital toxoplasmosis cases per year occur in New Zealand.

## 5.4 Data Gaps

### KEY FINDINGS

Little progress has been made on addressing previous identified data gaps, to determine the prevalence and concentration of *T. gondii* contamination in red meat and meat products and the incidence of toxoplasmosis in New Zealand.

The data gaps identified in the 2008 Risk Profile (Lake *et al.*, 2008) and updated commentary on these are presented in Table 4.

A newly identified data gap is:

- Genotyping of New Zealand *T. gondii* strains to determine if they are more akin to the largely clonal populations seen in Europe and North America or the more diverse population seen in South America.

**Table 4: Data gaps identified in the 2008 Risk Profile**

| Data gap   | Commentary  |
|--|---|
| Prevalence of <i>T. gondii</i> infection in livestock in New Zealand   | Seroprevalence study in sheep published (Dempster <i>et al.</i> , 2011)   |
| Prevalence of contamination of red meat and red meat products with <i>T. gondii</i> in New Zealand   | No new information  |
| Accurate data concerning toxoplasmosis cases in at risk groups   | No new information  |
| Lack of data regarding prevalence of infection in domestic cats (the definitive host) in New Zealand   | No new information  |
| Information on awareness by at risk groups in relation to the transmission risks of <i>T. gondii</i> . This information would be useful in targeting risk communication messages | While information on <i>T. gondii</i> infections are available to at-risk groups, no information on awareness amongst these groups was found. |



## 6 AVAILABILITY OF CONTROL MEASURES

### 6.1 Current Control Measures

#### KEY FINDINGS

A vaccine to prevent *T. gondii* infection in breeding ewes is widely used in New Zealand to prevent lamb abortions. Meat inspection at slaughter is unlikely to identify infected carcasses. Cooking and freezing are effective control steps.

#### 6.1.1 Biocontrols

Infections due to *T. gondii*, *Campylobacter fetus fetus* and *Salmonella* Brandenburg have been reported to cause more than 80% of ovine abortions in New Zealand (West, 2002). *T. gondii* vaccines are available in New Zealand for use on sheep (Toxovax®), primarily to prevent abortions.<sup>14</sup> However, there is also evidence that this vaccine may inhibit formation of *T. gondii* tissue cysts (Innes *et al.*, 2009; Katzer *et al.*, 2014). This vaccine, developed in New Zealand, has been marketed since 1988. The vaccine is a live suspension of an attenuated form of the S48 strain tachyzoites and is estimated to be used on 80% of the breeding ewe population in New Zealand (Sam Higgins, MSD Animal Health, Wellington, personal communication, April 2015).

#### 6.1.2 Carcass inspection

Inspection of bovine carcasses during meat processing in New Zealand for the presence of *T. gondii* is evaluated in a publication by the Ministry for Primary Industries (MPI, 2011). The review comments, “Lesions in lymph nodes are often associated with pathology of the corresponding organ. They are characterised by irregular areas of coagulative necrosis, mainly in the cortex and a moderate inflammatory reaction may be evident at the periphery of the necrotic areas. However, such pathological changes are unremarkable when lymph nodes are grossly examined; are not prominent visually and are unlikely to be seen by routine post mortem examination.”

The overall conclusion is: “Due to the limited and unremarkable pathology associated with occasional infection of cattle with *Toxoplasma* spp., routine post mortem inspection of lymph nodes is highly unlikely to identify infected animals. Further, the public health benefit of identification of such infections is unknown.”

The MPI document also comments that cattle are also not believed to remain persistently infected as long as sheep, and epidemiological studies point to consumption of raw or undercooked mutton and pork as the most important risk factors for human transmission during pregnancy. The case control studies summarised in Appendix 2, Section 9.2.5 provide mixed evidence for this comment, in that a study in the USA found that lamb had higher risk than beef, while a study in Serbia found that beef had higher risk than other meat types. However, the seroprevalence data collated in Appendix 1, Table 4 do generally support this statement.

<sup>14</sup> [http://www.msd-animal-health.co.nz/Products/Toxovax/020\\_Product-Overview.aspx](http://www.msd-animal-health.co.nz/Products/Toxovax/020_Product-Overview.aspx) Accessed 10 March 2015



### 6.1.3 Food processing

Cooking and freezing are important control steps. The previous Risk Profile summarised information showing that cysts are inactivated essentially immediately at temperatures above 67°C (D time 1 second at 67°C (Dubey *et al.*, 1990). Microwave cooking appears to be less effective, possibly due to uneven heating. New information in this update (Section 2.3.2) largely supports these parameters, although the study of El-Nawawi (2008) suggests greater thermal stability of *T. gondii* cysts in sheep meat, with infectivity remaining after heating at 60°C or 100°C for 5 minutes, but not after 10 minutes heating. These studies suggest that further work may be required before definitive guidelines on thermal inactivation of *T. gondii* can be made.

Freezing has been reported to be effective in inactivating *T. gondii* cysts (El-Nawawi *et al.*, 2008; Gencay *et al.*, 2013; Neumayerová *et al.*, 2014). However, there is some variation in reported times to inactivation, with cysts in goat meat reported to be inactivated after 4 hours at -20°C (Neumayerová *et al.*, 2014), while cysts in sheep meat were reported to be still infective after 1 day at -20°C, but not after 2 days (El-Nawawi *et al.*, 2008). If all available studies are considered, it appears likely that *T. gondii* cysts will be inactivated by freezing at -18 to -20°C for 2 days.

There are some data to support control by processing (salt, pH, nitrite) but these would need to be validated for specific processes.

### 6.1.4 Consumer education

Education of at-risk groups is considered to be an important control measure for *T. gondii* infection.

#### 6.1.4.1 *Pregnant women*

A publication from the Ministry for Primary Industries (MPI), entitled “Food Safety in Pregnancy”<sup>15</sup>, highlights risk due to toxoplasmosis and identifies contact with cats and “eating unwashed vegetables, undercooked meat, or drinking raw or unpasteurised milk and ready-to-eat cured meats such as salami and ham” as risk factors. Further information is available in a report prepared for the New Zealand Food Safety Authority (now incorporated into MPI) by ESR (Gilbert *et al.*, 2010).

The Ministry of Health (MoH) also include information and advice related to toxoplasmosis in their “Food and Nutrition Guidelines for Healthy Pregnant and Breastfeeding Women” (Ministry of Health, 2008). Specifically, this publication states that “Infection is acquired by eating food or water contaminated with oocysts shed by cats, or by eating raw or under-cooked contaminated meat (mainly pork or lamb) containing tissue cysts, or by drinking water or food contaminated with oocysts from the faeces of infected cats”.

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<sup>15</sup> <http://www.foodsmart.govt.nz/elibrary/consumer/2013-mpi-food-safety-in-pregnancy-web.pdf> Accessed 10 March 2015



#### 6.1.4.2 *People with HIV/AIDS*

MoH provide information for people with HIV/AIDS, including information on opportunistic infections.<sup>16</sup> The information on opportunistic infections includes reference to a document produced in the USA by the Centers for Disease Control and Prevention, the National Institutes of Health, and the HIV Medicine Association of the Infectious Diseases Society of America (Panel on Opportunistic Infections in HIV-Infected Adults and Adolescents, 2014). This document includes the information “Primary infection occurs after eating undercooked meat containing tissue cysts or ingesting oocysts that have been shed in cat feces and sporulated in the environment, a process that takes at least 24 hours. In the USA, eating raw shellfish including oysters, clams, and mussels recently was identified as a novel risk factor for acute infection. Up to 50% of individuals with documented primary infection do not have an identifiable risk factor. The organism is not transmitted through person-to-person contact”.

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<sup>16</sup> <http://www.health.govt.nz/our-work/diseases-and-conditions/hiv-and-aids/hiv-aids-research-and-information>  
Accessed 10 March 2015

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## 8 APPENDIX 1: HAZARD AND FOOD

### 8.1 *Toxoplasma gondii*

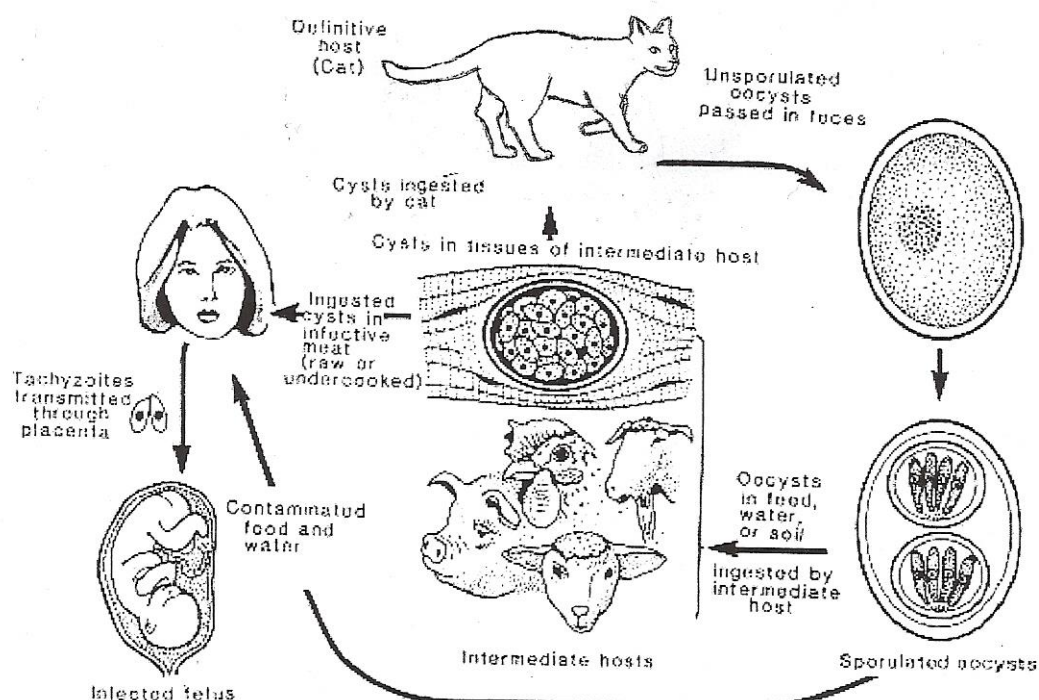
*T. gondii* is an obligate intracellular protozoan parasite that belongs to the phylum Apicomplexa, subclass coccidia (Montoya and Liesenfeld, 2004). The organism is able to reproduce sexually in large numbers in the definitive host (members of the cat family). Cysts are shed with faeces of the reservoir definitive host. Excreted organisms are able to infect intermediate hosts such as warm-blooded animals (including humans) and birds. The intermediate hosts are often also major food sources for humans, including livestock providing red meat (Goldsmid *et al.*, 2003).

The organism has a complicated life cycle with numerous stages. The three infectious stages are tachyzoites, bradyzoites and sporozoites.

The environmentally resistant stage of *T. gondii* is called the oocyst, which are formed only in the cat family (*Felidae*). Cats can become infected and shed oocysts after eating any of the parasite's three lifestages (tachyzoite, bradyzoite or sporozoite), often in meat from intermediate hosts. The time to faecal shedding of oocysts depends on the lifestage ingested, for example 3 – 10 days for bradyzoites, 21 or more days for tachyzoites or sporozoites. The ingested bradyzoite appears better adapted to convert into oocysts in the cat's digestive system, with nearly 100% of cats shedding oocysts. However, after ingesting tachyzoites and sporozoites, fewer than 50% shed oocysts.

When mature, the oocysts are discharged into the intestine and passed out with the faeces. At this stage they are unsporulated and non-infectious. It takes one to five days (atmosphere and temperature dependent) to sporulate in the environment. Non-sporulated oocysts can survive in the environment for at least 3 months and still retain the ability to become infectious (Lindsay *et al.*, 2002). Mature oocysts contain two sporocysts, each sporocyst contains four sporozoites. Sporulation is necessary for the oocyst to be infective for the next host. The oocyst can remain infective in water or moist soil for over 12 months (Heymann, 2004). Estimates of the number of oocysts shed after initial infection ranges from 300,000 to 100 million, thereby logarithmically amplifying the cycle (Frenkel, 1990). A cat will usually have just one episode of shedding oocysts in its life and 90% of cats that have undergone the intestinal cycle will not shed oocysts again after re-infection with bradyzoites or cysts (Frenkel, 1990). Under experimental conditions, cats do not shed oocysts after reinoculation with *T. gondii* tissue cysts (bradyzoites), but this immunity can wane with time (Dubey, 1996).

Figure 1 depicts the life cycle of *T. gondii* from the cat as definitive host and how the organism is transmitted to humans via contaminated food and water and via undercooked meat.

**Figure 1: Diagram of the life cycle of *T. gondii***

Source: (Dubey and Beattie, 1988)

The tachyzoite triggers a strong inflammatory response and tissue destruction, manifesting as clinical symptoms. Under pressure from the immune response, the tachyzoite forms intracellular cysts or bradyzoites in the tissue. The cyst wall is elastic, thin and can enclose hundreds of parasites (range 2 - >1000) (Dubey, 2001). Sites where the cysts are located can include visceral organs, such as lungs, liver and kidneys, although muscular and neural tissue is favoured such as the eye, brain, skeletal and cardiac muscle. Skeletal muscle tissues appears to be particularly effective in promoting the transition from tachyzoites to bradyzoites life stage (Ferreira-da-Silva *et al.*, 2009; Swierzy *et al.*, 2014). Intact, the cysts cause no harm and the bradyzoites can persist inside for the life of the host. However, if released from the cysts, bradyzoites transform into tachyzoites, are disseminated to all organs, and restart the infection (Montoya and Liesenfeld, 2004).

It has been theorised that humans could acquire and ingest oocysts from the fur of an infected cat. However, even where cats are passing faeces containing thousands of oocysts, none have been detected on the fur (Dubey, 1995).

General information on the growth, survival and inactivation of *T. gondii* is presented in the microbiological datasheet available from:

<http://www.foodsafety.govt.nz/science-risk/hazard-data-sheets/pathogen-data-sheets.htm>

*T. gondii* infection in humans may result from ingestion of oocyst-contaminated food or water, direct contact with cats or oocyst-contaminated soil, or from consumption of tissue cysts

present in meat (Dubey, 1994). Sporulation of oocysts results in release of sporozoites, while disruption of tissue cysts releases bradyzoites.

### 8.1.1 The Disease

Clinical toxoplasmosis typically affects individuals with developing or impaired immune systems such as the developing foetus, the elderly, medically immunosuppressed patients, and those who are immunocompromised by disease (e.g. AIDS), but may also occur as a mild disease in immunocompetent individuals (Smith, 1997). The central nervous system is the site most typically affected by infection, with a wide variety of symptoms (Montoya and Liesenfeld, 2004). Myocarditis has also been reported in the acute phase of *T. gondii* infection in both immunocompromised and immunocompetent individuals (Brownback *et al.*, 2012).

It has been reported that pregnant women are significantly (2.2 times) at higher risk of seroconversion (a change of status from seronegative to seropositive) for toxoplasmosis than non-pregnant women (7.7 times higher if the woman is an adolescent) (Avelino *et al.*, 2003). This has been ascribed to alterations in the immune system necessary for the tolerance of the foetus and/or hormonal imbalances (Daunter, 1992).

#### 8.1.1.1 *Congenital toxoplasmosis*

If a previously unexposed pregnant woman becomes infected, the parasite can be transmitted across the placenta to cause congenital toxoplasmosis, the most commonly cited health concern. The mother may remain asymptomatic (Goldsmid *et al.*, 2003). In general, the older the mother, the more likely they are to be seropositive which means that those entering motherhood early may have more risk of initial infection while carrying their child. Women who are seropositive for *T. gondii* prior to pregnancy, but who are healthy and immunocompetent, do not transmit the parasite to their foetuses.

Transplacental infection occurs when rapidly dividing tachyzoite cells circulate in the bloodstream and cross the placenta to infect the foetus (Heymann, 2004). While the infection may not damage the foetus, it is capable of causing death or serious neurological damage in up to 5% of infections (Gilbert *et al.*, 2006). Hydrocephalus, intracranial calcification and chorioretinitis are the most common manifestations of tissue damage due to congenital toxoplasmosis (Gras *et al.*, 2001).

A 20-year prospective study (1985-2005) was carried out in Toulouse, France (Berrébi *et al.*, 2010). Maternal toxoplasmosis infections ( $n = 676$ ) acquired during pregnancy were treated with spiramycin, alone or associated with pyrimethamine-sulfadoxine. Of 666 live born children, 112 (17%) had congenital toxoplasmosis. Of these children, 107 were followed for up to 21 years. The majority ( $n = 70$ ; 74%) were symptomatic, while 28 (26%) developed chorioretinitis. Chorioretinitis usually occurred before age 5 years and always before 10 years of age. Visual impairment was usually not severe. More serious neurological problems (epilepsy) developed in one child.

#### 8.1.1.2 *Acute toxoplasmosis*

In immunocompetent people, infection is asymptomatic in about 80% of cases (EFSA, 2007). Usually, clinical symptoms occur 10-14 days after infection and consist primarily of mild, local to generalised, self-limiting lymphadenopathy. Lymphadenopathy is seen in 3-20% of the

acutely infected people. Life-threatening cases of pneumonia due to *T. gondii* infection, have recently been described in immunocompetent individuals from South America and may be associated with genetically atypical and highly virulent strains of the parasite (Leal *et al.*, 2007).

A study in the USA, used acute toxoplasmic lymphadenopathy as an indicator of onset acute toxoplasmosis and investigated the uniformity of occurrence per month (Contopoulos-Ioannidis *et al.*, 2014). A peak in cases occurred in December (mid-Winter), with a second peak in September (early-Autumn). Similar temporal trends were observed in studies in Austria (Sagel *et al.*, 2010) and France (Morin *et al.*, 2012). These studies suggested that the increased consumption of contaminated fruit and vegetables in late-Summer and early-Autumn may have contributed to the observed Autumn peak.

#### 8.1.1.3 Ocular toxoplasmosis

Ocular lesions may occur in association with congenital or acquired toxoplasmosis (Maenz *et al.*, 2014). Distinct regional differences are apparent, with particularly high prevalence reported in parts of South America, Africa and Asia. Although congenital toxoplasmosis frequently results in ocular toxoplasmosis, most cases are acquired after birth. Necrotising chorioretinitis is the typical presentation of ocular toxoplasmosis. Lesions may heal without impacting on vision or may cause extensive necrotic damage leading to legal blindness.

There is some evidence to suggest the congenital toxoplasmosis is more likely to result in lesions in the central region of the eye and to be bilateral (affecting both eyes) (Maenz *et al.*, 2014). Lesions in acquired toxoplasmosis are more likely to be randomly distributed and unilateral. Resultant legal blindness is more commonly associated with congenital toxoplasmosis.

In a study in Lyon, France a cohort of children with congenital toxoplasmosis ( $n = 477$ ) were followed from birth until adolescence (Wallon *et al.*, 2014). At least one ocular lesion was observed in 142 cases (29.8%). The lesion were unilateral in 98 (69.0%) cases. There was no loss of vision in 80.6% of cases with unilateral lesions, where this could assessed. For assessed cases with bilateral lesions, vision was normal in 72.6% of cases. Severe bilateral visual impairment was not observed in any case.

#### 8.1.1.4 People with HIV/AIDS

In immunocompromised people, particularly those with HIV/AIDS, disease seems to result from the activation of a previously subclinical infection. Reactivation most often involves the central nervous system and symptoms can include meningoencephalitis, maculopapular rash, generalised skeletal muscle involvement, cerebritis, chorioretinitis, pneumonia and myocarditis (Heymann, 2004). It has previously been estimated that up to 30% of AIDS patients in Europe and 10% in the USA died from toxoplasmosis, the majority via toxoplasmic encephalitis (Luft and Remington, 1992).

The introduction of anti-retroviral therapy (ART) appears to have had a significant impact on the burden of opportunistic infections in people with HIV/AIDS. A recent systematic review concluded that incidence rates of cerebral toxoplasmosis in people with HIV had decreased to be 1.2 to 8.0 times lower in the post-ART period compared to the pre-ART period (Coelho *et*

*al.*, 2014). While most studies reviewed were conducted in North America and Europe, it appears that this trend is general.

### 8.1.2 Genotyping

Typing of *T. gondii* strains by polymerase chain reaction – restriction fragment length polymorphism (PCR-RFLP) has resulted in greater discrimination of genetic variants of *T. gondii*. Typing is usually carried out at 6-11 gene loci. For each locus, an allelic PCR-RFLP pattern has been characterised, relating to each of the three lineages (I, II and III) (Su *et al.*, 2006). In isolates from Europe and North America, allelic variants associated with the same lineage will usually be found at each locus. However, genotyping of strains from other geographical regions and animal species have revealed isolates with mixtures of lineage I, II and III alleles, as well as alleles not aligned with the lineage classification (Bezerra *et al.*, 2012a; Dubey *et al.*, 2002; Dubey *et al.*, 2014a; Su *et al.*, 2006).

### 8.1.3 Pathogenicity

*T. gondii* was considered to have low genetic diversity with only three genetic types; I, II and III, classified on the basis of antigens, isoenzymes, and restriction fragment length polymorphism (Hill and Dubey, 2003). Most strains isolated from patients with AIDS are Type II. Type I and II strains have been recorded in patients with congenital disease, whereas strains isolated from animals are mostly Type III (Howe and Sibley, 1995; Montoya and Liesenfeld, 2004; Nowakowska *et al.*, 2006).

However, it now appears that there is much greater genetic diversity in *T. gondii* strains than was previously thought (Dubey and Su, 2009). Analysis of porcine strains from Brazil demonstrated a mixture of type classifications within a strain, depending on the genetic marker used for assignment (Belfort-Neto *et al.*, 2007). Three of four strains contained markers for types I and III, while the fourth strain contained markers for all three types. Similar mixed types have been observed for *T. gondii* isolates from pigs, sheep and cattle (Berger-Schoch *et al.*, 2011b; Boughattas *et al.*, 2014).

A German study compared *T. gondii* serotypes between cases with ocular toxoplasmosis and seropositive cases without ocular toxoplasmosis (Shobab *et al.*, 2013). A novel non-reactive serotype was found in 44% of ocular toxoplasmosis cases ( $n = 114$ ), while the serotype was only found in 7% of seropositive cases of non-infectious autoimmune posterior uveitis ( $n = 56$ ). Serotypes in non-ocular toxoplasmosis cases were predominantly type II.

The pathogenic potential of atypical strains was also demonstrated in the case of a French woman, who had been immunised against toxoplasmosis before conception, but became reinfected during pregnancy (Elbez-Rubinstein *et al.*, 2009). The reinfection was considered to be due to consumption of imported horse meat. The organism was isolated from the newborn and when genotyped with microsatellite markers, it exhibited an atypical genotype, one which is very uncommon in Europe but had been described in South America. Studies in a mouse model demonstrated that acquired immunity to European strains of *T. gondii* did not necessarily confer immunity against atypical strains from other regions.



## 8.2 *T. gondii* in Animals, Red Meat and Meat Products Overseas

### 8.2.1 Test methods

Most of the information regarding the prevalence of *T. gondii* is derived from studies that measure antibodies against the organism present in the blood of humans and animals. A review carried out by Remington *et al.* (1995) has examined the range of antibody detection methods including the Sabin-Feldman dye test, indirect fluorescent antibody test (IFAT), complement fixation test (CFT), the modified agglutination test (MAT) and enzyme-linked immunosorbent assay (ELISA).

It has been suggested that the performance of these methods in detecting serum antibodies may be species dependent (Mainar-Jaime and Barberán, 2007). Studies in sheep showed sensitivity and specificity greater than 90% for the MAT and indirect ELISA methods (Mainar-Jaime and Barberán, 2007),<sup>17</sup> while earlier studies in pigs showed sensitivities of 80.6% and 71.5% for the MAT and indirect ELISA methods, respectively, and specificities of 89.5% and 85.5% for the same two methods (Georgiadis *et al.*, 2003)

To detect *T. gondii* in meat or tissue samples, extracts or tissue samples are used in mouse-based assays to demonstrate infectivity. The mice are inoculated orally or subcutaneously with the extracts, and then the mouse sera can be examined for antibodies, and/or tissues can be examined microscopically. Assays have also been used with cats and, because of the large numbers of oocysts they shed following infection, they are more sensitive than mice for detecting infective cysts (Dubey, 2001). However, the mouse bioassay is more commonly used.

Results from such mouse assays have not consistently demonstrated that material extracted from the tissue of seropositive animals is infective, although it appears that material from seropositive animals with higher titres are more likely to be positive in the mouse bioassay. Heart tissues from 46 seronegative and 66 seropositive goats were digested with acid pepsin and the digest was inoculated into mice (Dubey *et al.*, 2011). *T. gondii* infections were determined in mice inoculated with heart material from one of 46 seronegative goats, one of 9 goats with titres of 1:10, one of 3 goats with titres of 1:40 and 26 of 40 goats with titres of 1:160 or greater.

Tissue cysts can also be detected directly by separation from macerated tissue by flotation or density separation (percoll) followed by light microscopy. Flow cytometry techniques have also been developed for the rapid enumeration of tissue cysts (Aldebert *et al.*, 2011).

The presence of *T. gondii* DNA in samples (including commercial meats) has been demonstrated using the polymerase chain reaction (PCR) (Aspinall *et al.*, 2002; Gutierrez *et al.*, 2010). PCR detects the presence of *T. gondii* DNA, but not necessarily the presence of viable cysts. A magnetic-capture PCR method has been reported to produce results in good agreement to the mouse bioassay, although the number of comparison samples was very small ( $n = 6$ ) (Opsteegh *et al.*, 2010a).

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<sup>17</sup> In direct ELISA assays a labelled antibody binds to the antigen (the molecule to be measured). In indirect ELISA assays, an unlabelled antibody binds to the antigen, then a labelled secondary antibody binds to the primary antibody

Techniques targeting *T. gondii* RNA have also been developed (Qu *et al.*, 2013). The method was reported to demonstrate good sensitivity and specificity relative to an RT-PCR technique, but was not compared to antibody or bioassay techniques.

*T. gondii* infection in experimentally and naturally infected pigs ( $n = 39$ ) was confirmed by cat bioassay (Hill *et al.*, 2006). Serum ELISA was shown to be the most sensitive method for detecting *T. gondii* infected animals, followed by serum MAT, tissue fluid ELISA and two PCR methods. However, all of these methods also had marked rates of false positive detection. All methods performed better in experimentally infected animals, presumably due to higher concentrations of cysts. A seroprevalence study in sheep compared four methods (MAT, IFAT, ELISA and dye test) and concluded that the MAT test had the highest sensitivity, relative to the dye test, while the IFAT had the highest specificity (Shaapan *et al.*, 2008).

Mouse bioassays (4 mice per sample) were carried out on 22 blood samples that tested positive by serum MAT (Klun *et al.*, 2011). Cysts were found in the brains of 18 mice from 12 blood samples (54.5%).

### 8.2.2 Prevalence in red meat and meat products

A small number of studies have looked at the prevalence of *T. gondii* infectivity in red meat tissue or meat products. Results of studies published since the previous version of this Risk Profile are summarised in Table 5.

**Table 5: Reported prevalence of *T. gondii* in animal tissue**

| Country                  | No. tested | Meat tested   | % positive                       | Assay Method  | Reference                                |
|--------------------------|------------|---|----------------------------------|---|--|
| Brazil (North-East)      | 190        | Pig brain, heart and tongue tissue                                    | 6.8                              | Pigs were screened by serology and seropositive animals ( $n = 37$ ) assessed by mouse bioassay | (Feitosa <i>et al.</i> , 2014)           |
| Brazil (São Paulo state) | 602        | Sheep brain, lung and muscle tissue                                   | 3.3 <sup>1</sup><br>3.7          | Mouse bioassay<br>PCR   | (Silva <i>et al.</i> , 2011)             |
| China (Anhui province)   | 416        | Fresh pork  | 10.1<br>18.0<br>0.2 <sup>2</sup> | Tissue fluid<br>ELISA<br>PCR<br>Mouse bioassay  | (Wang <i>et al.</i> , 2012)              |
| Costa Rica               | 50<br>50   | Ground meat<br>Chorizo  | 4.0<br>4.0                       | Mouse bioassay  | (Varela-Villalobos <i>et al.</i> , 2013) |
| Egypt                    | 280        | Sheep blood<br><br>Sheep diaphragm tissue                             | 50.4<br><br>61.4<br>10.0         | LAT, cutoff 1:64 dilution<br>ELISA<br>Microscopy, mouse/kitten bioassay                         | (Hassanain <i>et al.</i> , 2011)         |
| Ethiopia                 | 47<br>44   | Sheep hearts<br>Goat hearts<br>-Hearts were from seropositive animals | 57.4<br>45.5                     | Mouse bioassay  | (Gebremedhin <i>et al.</i> , 2014b)      |

| Country           | No. tested                               | Meat tested   | % positive  | Assay Method                              | Reference                             |
|-------------------|--|---|---|---|---------------------------------------|
| France            | 426<br>-343<br>-83<br>374<br>-276<br>-98 | Sheep diaphragms/hearts<br>Domestic<br>-Lambs<br>-Adult sheep<br>Imported<br>-Lambs<br>-Adult sheep | 20 (5.4)<br>15 (2.0)<br>81 (42)<br>22<br>15<br>79 | MAT, cutoff 1:6 dilution (mouse bioassay) | (Halos <i>et al.</i> , 2010)          |
| France            | 419                                      | Sheep hearts  | 11.5  | Mouse bioassay                            | (Villena <i>et al.</i> , 2012)        |
| Iran (South-East) | 50                                       | Fermented sausage   | 12  | PCR                                       | (Azizi <i>et al.</i> , 2014)          |
| Iran (Ahvaz)      | 50<br>50<br>90                           | Beef<br>Lamb<br>Meat products (sausages, hamburgers, salami)  | 4.0<br>14.0<br>0.0                                | PCR                                       | (Rahdar <i>et al.</i> , 2012)         |
| Iran              | 48<br>46<br>40<br>30                     | Salami<br>Sausage<br>Hamburger<br>Kebab   | 16.7<br>19.6<br>15.0<br>56.7                      | PCR                                       | (Fallah <i>et al.</i> , 2011)         |
| Mexico            | 48                                       | Pork meat   | 2.1   | Mouse bioassay                            | (Galván-Ramírez <i>et al.</i> , 2010) |
| Poland            | 145 <sup>3</sup>                         | Meat (pork, beef, mutton, chicken) and meat products (sausages, salami, meat spread)                | 12.4  | PCR                                       | (Lass <i>et al.</i> , 2009)           |
| Spain             | 475                                      | Commercial Serrano ham  | 8.8<br>4.8  | PCR<br>Mouse bioassay                     | (Gomez-Samblas <i>et al.</i> , 2015)  |
| Spain             | 50                                       | Fresh pork meat (25)<br>Commercial cured ham (25)   | 8<br>0  | Mouse bioassay                            | (Bayarri <i>et al.</i> , 2012)        |
| Switzerland       | 270<br>150<br>406<br>250                 | Diaphragm meat from:<br>Pigs<br>Wild boar<br>Cattle<br>Sheep  | 2.2<br>0.7<br>4.7<br>2.0                          | PCR of genomic DNA                        | (Berger-Schoch <i>et al.</i> , 2011b) |
| Tunisia           | 54                                       | Sheep hearts  | 63 (serology)<br>31 (PCR)                         | MAT, cutoff 1:20 dilution<br>PCR          | (Boughattas <i>et al.</i> , 2014)     |
| Turkey            | 50<br>50<br>120<br>20<br>100             | Bovine brain<br>Bovine muscle<br>Ovine brain<br>Ovine muscle<br>Fermented sausage                   | 2.0<br>6.0<br>4.2<br>20.0<br>19.0                 | Nested PCR                                | (Ergin <i>et al.</i> , 2009)          |
| USA               | 33                                       | Pig hearts (organic production)   | 51.5  | Mouse bioassay                            | (Dubey <i>et al.</i> , 2012a)         |

NS = Not Stated; PCR = polymerase chain reaction; MAT = modified agglutination test; LAT = latex agglutination test; DNA = deoxyribose nucleic acids

\*PCR methodology detects presence of *T. gondii* DNA, not the presence of viable cysts

<sup>1</sup> Only the 66 seropositive sheep were tested for the presence of infectivity or DNA in tissues. Of these 20 samples were infective, while 22 contained detectable DNA

<sup>2</sup> Only samples that were positive by both tissue fluid ELISA and PCR ( $n = 14$ ) were analysed by mouse bioassay. Only one sample was positive by mouse bioassay

<sup>3</sup> The study included chicken, in addition to red meat type. Insufficient information was included to adjust sample number to only red meat



PCR tests for *T. gondii* DNA were positive for 8% of pork samples, 5% of beef, 4% of mutton and 2% of pig liver samples purchased from supermarkets in Taipei, Taiwan (Fuh *et al.*, 2013). However, all samples tested negative for IgG antibodies to *T. gondii* and microscopic examination of PCR-positive samples did not identify any *T. gondii* cysts. Overall, 88% of sheep sampled were seropositive for *T. gondii* by IFAT (cutoff 1:16 dilution). Tissue cysts were significantly more prevalent in animals with high antibody titres. Infectivity of cysts was not assessed by bioassay. The prevalence of tissue cysts decreased with animal age, with the highest prevalence in animals less than one year old.

Several direct and indirect methods were compared for detection of *T. gondii* in tissues (brain and tongue) of pigs ( $n = 20$ ) (Bezerra *et al.*, 2012b). Direct PCR of pig tissues detected *T. gondii* DNA in 10% of samples. The remainder of the tissues were processed and inoculated into mice (indirect method). Mice were euthanised after 42 days. PCR of mouse tissues indicated that 55% of pigs were infected with *T. gondii*, while examination of brain and lung tissue slides identified cysts in mice related to 25% of pigs. Immunohistochemical analysis of mouse tissues indicated a pig positivity of 30%, while histopathology of mouse tissues did not detect the parasite.

Tissue cysts were recovered from sheep brain (36/100) and skeletal muscle (32/100) tissue by Percoll (density) gradient centrifugation (Yildiz *et al.*, 2014). Nested PCR was used to confirm *T. gondii* DNA in the isolated cysts.

Very few quantitative data are available for concentrations of *T. gondii* on meat and meat products. A study of contamination of commercial Serrano ham provided quantitative estimates of *T. gondii* tachyzoites by quantitative real-time PCR (qRT-PCR) (Gomez-Samblas *et al.*, 2015). The average *T. gondii* tachyzoites concentration in ham pieces that were positive by PCR and mouse bioassay was reported to be  $2.27 \times 10^5$  tachyzoites per 100 g of ham, while the average concentration in ham slices was  $5.56 \times 10^4$  per 100 g of ham.

Skeletal muscle cells are considered to be a preferred cell type for parasite persistence and tissue cyst formation (Swierzy *et al.*, 2014). There is evidence to suggest that this is due to cell cycle regulators involved in formation of muscle fibres (myotubes) directly or indirectly promoting *T. gondii* stage conversion.

### 8.2.3 Seroprevalence in animals

The prevalence of antibodies for *T. gondii* in animals overseas derived from serological tests has been summarised in Table 6. Information has only been collated for species that fall within the scope of the current Risk Profile (cattle, sheep, deer, goats, pigs and water buffalo).

While infections in animals are assumed to occur through environmental contact with sporulating oocysts, vertical transmission of infections from ewes (Buxton *et al.*, 2006), cows (Garcia *et al.*, 2012) and sows (García-Bocanegra *et al.*, 2010c) to their foetuses or young has been investigated. While antibodies for *T. gondii* have been detected in foetuses and newborn animals, no evidence of infection has been demonstrated. A study in pigs demonstrated that only piglets from seropositive sows were seropositive at one week of age (García-Bocanegra *et al.*, 2010c). The level of maternally-derived antibodies decreased from birth, with the longest duration of seropositivity associated with piglets from sows with the highest antibody titres. Seropositivity due to horizontal transfer of infection increased with increasing animal age.



Studies using PCR detection of the SGA1 gene of *T. gondii* indicated that vertical transmission of infection occurred in 66% of sheep pregnancies (Hide *et al.*, 2009). It should be noted that neither the *T. gondii* status of the ewes, nor the presence of clinical symptoms in the lambs, was reported and the significance of the presence of *T. gondii* genetic material in lambs requires further investigation. It was further reported that similar methodology indicated congenital transmission of *T. gondii* in 75% of mouse pregnancies and 19.8% of human pregnancies.

#### 8.2.4 Recalls

No information on recalls of red meat or meat products due to the presence of *T. gondii* was found. This is not surprising considering that testing of these products for viable *T. gondii* is very specialised.

**Table 6: Reported prevalence of *T. gondii* antibodies in overseas animals**

| Country                              | Number tested           | Tests performed                                    | Seropositive (%)   | Risk factors identified/Comments   | Reference   |
|--------------------------------------|-------------------------|--|--------------------|--|---|
| <i>Cattle</i>                        |                         |  |                    |  |   |
| Bangladesh (subsistence farms)       | 37                      | LAT, cutoff 1:32 dilution                          | 27.0               |  | (Rahman <i>et al.</i> , 2014)                     |
| Bangladesh (Mymensingh district)     | 25                      | LAT, cutoff 1:32 dilution                          | 12.0               |  | (Shahiduzzaman <i>et al.</i> , 2011)              |
| Brazil (Rio de Janeiro state)        | 589                     | IFAT, cutoff 1:64 dilution                         | 14.8               | Number of cats<br>Cats in contact with cattle<br>Cats in contact with drinking water   | (Albuquerque <i>et al.</i> , 2011)                |
| Brazil (Rio de Janeiro state, north) | 77                      | ELISA  | 49.4               |  | (Frazão-Teixeira and de Oliveira, 2011)           |
| Brazil (Rio de Janeiro state)        | 459                     | IFAT, cutoff 1:64 dilution                         | 2.0                |  | (Luciano <i>et al.</i> , 2011a)                   |
| Brazil (Rio Grande do Sul state)     | 121                     | IFAT, cutoff 1:64 dilution                         | 17.4               |  | (de F. Santos <i>et al.</i> , 2013)               |
| Brazil (Minas Gerais state)          | 1195                    | IFAT, cutoff 1:64 dilution                         | 2.7                | Semi-intensive rearing system<br>Feed stored on farm<br>Veterinarian examinations not performed<br>History of abortions or stillbirths<br>Number of cats<br>Greater number of different animal species on farm | (Fajardo <i>et al.</i> , 2013)                    |
| Brazil (South)                       | 120                     | IFAT, cutoff 1:50 dilution                         | Dairy<br>29.1      | Animal pregnant<br>Breed   | (Silveira Barbosa de Macedo <i>et al.</i> , 2012) |
| Brazil (Paraná state)                | 169 cows<br>81 foetuses | IFAT, cutoff 1:50 dilution (cows), 1:25 (foetuses) | 26.0<br>2.5        |  | (Garcia <i>et al.</i> , 2012)                     |
| Brazil (Pernambuco state)            | 427                     | IFAT, cutoff 1:64 dilution                         | 16.6               |  | (Guerra <i>et al.</i> , 2014)                     |
| Brazil (Mato Grosso state)           | 2000                    | IFAT, cutoff 1:64 dilution                         | Dairy cows<br>71.0 |  | (Santos <i>et al.</i> , 2009)                     |

| Country   | Number tested          | Tests performed                                      | Seropositive (%)                | Risk factors identified/Comments  | Reference                             |
|---|------------------------|--|---------------------------------|---|---------------------------------------|
| Brazil (Guarapuava city)                              | 250                    | IFAT, cutoff 1:64 dilution                           | 30.8<br>(56.0% farm prevalence) | Animal age (higher prevalence in older animals)<br>Mixed-breed animals compared to pure-breed | (de Moura <i>et al.</i> , 2010)       |
| Brazil (Bahia state)                                  | 600                    | IFAT, cutoff 1:64 dilution                           | 11.8                            |   | (Spagnol <i>et al.</i> , 2009)        |
| China   | 262 Dairy<br>10 Beef   | IHAT   | 2.3 Dairy<br>0.0 Beef           |   | (Yu <i>et al.</i> , 2007)             |
| China (North-East)                                    | 1110 Dairy<br>693 Beef | IHAT   | 2.3 Dairy<br>3.0 Beef           |   | (Qiu <i>et al.</i> , 2012)            |
| China (Guangzhou)                                     | 350                    | IHAT, cutoff 1:64 dilution                           | Dairy cows<br>5.7               |   | (Zhou <i>et al.</i> , 2012)           |
| China (Liaoning province)                             | 646                    | IHAT   | 6.0                             |   | (Liu <i>et al.</i> , 2012)            |
| China (Jinzhou city)                                  | 350                    | IHAT, cutoff 1:64 dilution                           | Dairy<br>6.9                    | Fewer pregnancies   | (Bao <i>et al.</i> , 2012)            |
| China (Jilin province)                                | 1040                   | ELISA  | 12.8                            |   | (Ge <i>et al.</i> , 2014)             |
| China (Guangxi Zhuang Autonomous Region)              | 875                    | IHAT   | Dairy<br>13.7                   |   | (Xu <i>et al.</i> , 2012)             |
| France  | 1329                   | MAT, cutoff 1:24 dilution                            | 7.8<br>(herd prevalence 87.5)   | Small herd size<br>Water source on pasture  | (Gilot-Fromont <i>et al.</i> , 2009a) |
| India (Punjab)  | 83                     | ELISA  | 2.4                             |   | (Sharma <i>et al.</i> , 2008)         |
| Iran (Fars province)                                  | 80                     | MAT, cutoff 1:20 dilution                            | 55                              |   | (Asgari <i>et al.</i> , 2013)         |
| Iran (Fars province)                                  | 588                    | IFAT, cutoff 1:16 dilution                           | 20.2                            |   | (Asgari <i>et al.</i> , 2010)         |
| Iran (South-East)                                     | 70                     | PCR of tongue, brain, femur muscle and liver samples | 8.6                             |   | (Azizi <i>et al.</i> , 2014)          |
| Iran (South-West)                                     | 450 (female only)      | MAT, cutoff 1:25 dilution                            | 15.8                            |   | (Hamidinejat <i>et al.</i> , 2010)    |
| Iran (Isfahan and Chaharmahal va Bakhtiary provinces) | 155                    | PCR of blood   | 0.0                             |   | (Khamesipour <i>et al.</i> , 2014)    |

| Country                   | Number tested | Tests performed             | Seropositive (%)  | Risk factors identified/Comments   | Reference                               |
|---------------------------|---------------|-----------------------------|---|--|---|
| Japan                     | 422           | LAT, cutoff 1:64 dilution   | 7.3   |  | (Matsuo <i>et al.</i> , 2014)           |
| Korea                     | 105           | LAT                         | 3.8   |  | (Song <i>et al.</i> , 2011)             |
| Malaysia                  | 126           | IFAT, cutoff 1:200 dilution | 6.3   |  | (Chandrawathani <i>et al.</i> , 2008)   |
| Netherlands <sup>1</sup>  | 995           | In-house ELISA              | <8 months 0.5/1.9<br>8-12 months 5.9/15.6<br>>12 months 22.7/54.5 |  | (Opsteegh <i>et al.</i> , 2011b)        |
| New Caledonia             | 30            | ELISA                       | 3.3   |  | (Roqueplo <i>et al.</i> , 2011)         |
| Nigeria (Ibadan)          | 210           | IgG by ELISA                | 13.9  |  | (Onyiche and Ademola, 2013)             |
| Pakistan                  | 400           | IgG and IgM by ELISA        | IgG 18.8<br>IgM 2.3<br>Total 19.8                                 | Poor hygienic practice<br>Extensive (low input) management practice<br>Presence of cats  | (Ahmad and Qayyum, 2014)                |
| Poland (North)            | 4033          | IgG by ELISA                | 3.2<br>(37.9% herd prevalence)                                    | Animal age (higher prevalence in older animals)<br>Small herd size<br>Traditional farming methods  | (Holec-Gasior <i>et al.</i> , 2013)     |
| Poland                    | 865           | MAT<br>ELISA                | 12.8<br>14.6  |  | (Sroka <i>et al.</i> , 2011)            |
| Portugal                  | 161           | MAT, cutoff 1:100 dilution  | 7.5   |  | (Lopes <i>et al.</i> , 2013)            |
| Senegal                   | 103           | MAT                         | 12.6  |  | (Davoust <i>et al.</i> , 2015)          |
| South Africa (North West) | 178           | ELISA                       | 20.8  |  | (Ndou <i>et al.</i> , 2013)             |
| Spain (Galacia)           | 178           | DAT, cutoff 1:64 dilution   | 7.3   |  | (Panadero <i>et al.</i> , 2010)         |
| Spain (Southern)          | 504           | ELISA                       | 83.3<br>(100% herd prevalence)                                    |  | (García-Bocanegra <i>et al.</i> , 2013) |
| Sudan                     | 181           | ELISA                       | 13.3  | Samples were from herds that had experienced reproductive problems (abortions, infertility and stillbirths)<br>Prevalence was significantly higher in animals <1 year than older animals | (Elfahal <i>et al.</i> , 2013)          |

| Country                             | Number tested | Tests performed                              | Seropositive (%)                         | Risk factors identified/Comments  | Reference                             |
|-------------------------------------|---------------|--|--|---|---------------------------------------|
| Switzerland                         | 406           | ELISA (meat juice)                           | 45.6                                     |   | (Berger-Schoch <i>et al.</i> , 2011a) |
| Tanzania (Tanga region)             | 655           | LAT  | 3.6<br>(13.0% herd prevalence)           | Traditional husbandry compared to smallholder practises<br>Larger herd size                     | (Schoonman <i>et al.</i> , 2010)      |
| Thailand                            | 700           | LAT<br>ELISA                                 | Dairy<br>9.4<br>17.0                     |   | (Inpankaew <i>et al.</i> , 2010)      |
| Thailand (western)                  | 389           | IFAT, cutoff 1:128 dilution                  | 25.7                                     |   | (Wiengcharoen <i>et al.</i> , 2012)   |
| Turkey (Kirikkale province)         | 100           | Sabin-Feldman dye test, cutoff 1:16 dilution | Dairy<br>53.0                            |   | (Ocal <i>et al.</i> , 2008)           |
| West Indies (Grenada and Carriacou) | 119           | MAT, cutoff 1:25 dilution                    | 8.4                                      |   | (Chikweto <i>et al.</i> , 2011)       |
| <i>Sheep</i>                        |               |  |  |   |                                       |
| Argentina (Humid Pampa region)      | 704           | IFAT, cutoff 1:50 dilution                   | Dairy<br>17.3<br>(100% flock prevalence) |   | (Hecker <i>et al.</i> , 2013)         |
| Bangladesh (subsistence farms)      | 83            | LAT, cutoff 1:32 dilution                    | 69.9                                     |   | (Rahman <i>et al.</i> , 2014)         |
| Bangladesh (Mymensingh district)    | 25            | LAT, cutoff 1:32 dilution                    | 40.0                                     |   | (Shahiduzzaman <i>et al.</i> , 2011)  |
| Belgium                             | 3170          | IgG by ELISA                                 | 87.4<br>(96.2% flock prevalence)         |   | (Verhelst <i>et al.</i> , 2014)       |
| Brazil, North-East                  | 930           | IgG by ELISA                                 | 22.1                                     | Running water source<br>Presence of cats<br>Adult animals, rather than lambs                    | (Andrade <i>et al.</i> , 2013)        |
| Brazil (Pernambuco)                 | 50            | IFAT, cutoff 1:64 dilution                   | 26.0                                     | For one seropositive ewe genomic DNA was detected by PCR in reproductive tissues and the foetus | (Bezerra <i>et al.</i> , 2014)        |
| Brazil (São Paulo State)            | 382           | MAT and IFAT, cutoff 1:16 dilution           | 18.6                                     |   | (Langoni <i>et al.</i> , 2011)        |
| Brazil (São Paulo State)            | 602           | MAT and IFAT, cutoff 1:16 dilution           | 11.0                                     |   | (Silva <i>et al.</i> , 2011)          |

| Country   | Number tested         | Tests performed                     | Seropositive (%)             | Risk factors identified/Comments  | Reference                                  |
|---|-----------------------|-------------------------------------|------------------------------|---|--|
| Brazil (Jaboticabal microregion)  | 488                   | IFAT, cutoff 1:64 dilution          | 52.0                         | Gender (rams > ewes)<br>Contact with cats<br>Extensive production system<br>No mineral supplementation<br>Pasture/fresh bulk feed (compared to hay)   | (Lopes <i>et al.</i> , 2010)               |
| Brazil (Minas Gerais state)   | 711                   | ELISA<br>IFAT                       | 31.1<br>43.2                 | Animal age (higher prevalence in older animals)   | (Carneiro <i>et al.</i> , 2009)            |
| Brazil (Alagoas state)  | NS                    | IFAT                                | 32.9                         | Animal age (higher prevalence in older animals)<br>Smaller property size<br>Semi-intensive rearing system<br>Running water source<br>Presence of cats | (Pinheiro <i>et al.</i> , 2009)            |
| Brazil (Federal District)   | 1028                  | IFAT, cutoff 1:64 dilution          | 38.2                         |   | (Ueno <i>et al.</i> , 2009)                |
| Brazil (Rio de Janeiro state)   | 379                   | MAT, cutoff 1:25 dilution           | 53.3                         |   | (Cosendey-KezenLeite <i>et al.</i> , 2014) |
| Brazil (Rio de Janeiro state)   | 360                   | IFAT, cutoff 1:64 dilution          | 38.1                         |   | (Luciano <i>et al.</i> , 2011b)            |
| Brazil (Santa Catarina state)   | 360                   | IFAT, cutoff 1:64 dilution<br>ELISA | 56.9<br>42.5                 | Breed   | (Liz Stefen Sakata <i>et al.</i> , 2012)   |
| Brazil (Rio Grande do Norte state)  | 102                   | IgG by ELISA                        | 29.4                         | Animal age (higher prevalence in older animals)   | (Clementino <i>et al.</i> , 2007)          |
| Caribbean<br>- Dominica<br>- Grenada<br>- Monserrat<br>- St Kitts and Nevis | 55<br>84<br>28<br>138 | ELISA                               | 67.3<br>47.6<br>89.3<br>56.5 |   | (Hamilton <i>et al.</i> , 2014)            |
| China (Heilongjiang province)   | 792                   | IHAT, cutoff 1:64 dilution          | 3.0                          |   | (Wang <i>et al.</i> , 2011)                |
| China (Tibet)   | 455                   | IHAT, cutoff 1:64 dilution          | Tibetan sheep<br>5.7         |   | (Wu <i>et al.</i> , 2011)                  |
| China (Liaoning province)   | 566                   | IHAT, cutoff 1:64 dilution          | 4.4                          |   | (Yang <i>et al.</i> , 2013)                |



| Country   | Number tested | Tests performed  | Seropositive (%)                 | Risk factors identified/Comments  | Reference                           |
|---|---------------|--|----------------------------------|---|-------------------------------------|
| Czech Republic  | 547           | IgG by ELISA   | 59.4                             |   | (Bártová <i>et al.</i> , 2009)      |
| Egypt   | 300           | Dye test<br>MAT, 1:25 cutoff<br>IFAT, 1:64 cutoff<br>ELISA | 34.0<br>43.7<br>36.7<br>41.7     |   | (Shaapan <i>et al.</i> , 2008)      |
| Egypt (El Fayoum governorate)                         | 62            | IgG by ELISA<br>PCR  | 98.4<br>67.7                     |   | (Ghoneim <i>et al.</i> , 2009)      |
| Ethiopia  | 1130          | IgG by ELISA   | 31.6<br>(70.5% flock prevalence) | Higher altitude of farm<br>Female animals<br>Animal age<br>Small flocks<br>Water source           | (Gebremedhin <i>et al.</i> , 2013)  |
| Ethiopia (Central)                                    | 305           | DAT, cutoff 1:40 dilution                                  | 20.0                             | Age<br>Season   | (Gebremedhin <i>et al.</i> , 2014a) |
| Finland   | 1940          | DAT, cutoff 1:40 dilution                                  | 24.6<br>(76.3% flock prevalence) |   | (Jokelainen <i>et al.</i> , 2010)   |
| France  | 419           | MAT, cutoff 1:4 dilution<br>ELISA                          | 24.8<br>16.9                     |   | (Villena <i>et al.</i> , 2012)      |
| Greece  | 458           | IgG by ELISA   | Dairy sheep<br>53.7              |   | (Anastasia <i>et al.</i> , 2013)    |
| Greece (Northern)                                     | 1501          | ELISA  | 48.6                             | Intensive or semi-intensive production<br>Feeding concentrate<br>Using water from a public supply | (Tzanidakis <i>et al.</i> , 2012)   |
| India (Punjab)  | 186           | ELISA  | 3.8                              |   | (Sharma <i>et al.</i> , 2008)       |
| Iran (Fars Province)                                  | 95            | MAT, cutoff 1:20 dilution                                  | 29.5                             |   | (Asgari <i>et al.</i> , 2013)       |
| Iran (South-East)                                     | 50            | PCR of tongue, brain, femur muscle and liver samples       | 38                               | Infection rate was correlated with animal age   | (Azizi <i>et al.</i> , 2014)        |
| Iran (Isfahan and Chaharmahal va Bakhtiary provinces) | 95            | PCR of blood   | 17.9                             |   | (Khamesipour <i>et al.</i> , 2014)  |
| Iran (Babol region)                                   | 285           | IFAT, cutoff 1:100 dilution                                | 31.2                             |   | (Youssefi <i>et al.</i> , 2007)     |

| Country                            | Number tested | Tests performed             | Seropositive (%)                                | Risk factors identified/Comments  | Reference   |
|------------------------------------|---------------|-----------------------------|---|---|---|
| Iran (Kerman)                      | 90            | IFAT, cutoff 1:16 dilution  | 3.3   |   | (Derakhshan and Mousavi, 2014)                                |
| Ireland                            | 292           | LAT, cutoff 1:64 dilution   | 36.0  |   | (Halová <i>et al.</i> , 2013)                                 |
| Italy (Grosseto district, Tuscany) | 630           | IFAT, cutoff 1:64 dilution  | Dairy sheep<br>34.0<br>(97.0% flock prevalence) | Stray cats with access to animals' water<br>Small flock size<br>Still water source                                      | (Cenci-Goga <i>et al.</i> , 2013; Sechi <i>et al.</i> , 2013) |
| Italy (Campania)                   | 1170          | IFAT, cutoff 1:200 dilution | 28.5  |   | (Fusco <i>et al.</i> , 2007)                                  |
| Italy (Sicily)                     | 1961          | IgG by ELISA                | 49.9<br>(87.1% farm prevalence)                 | Cats on farm<br>Use of surface water source<br>Greater farm size<br>Age of animals (higher prevalence in older animals) | (Vesco <i>et al.</i> , 2007)                                  |
| Japan                              | 267           | IFAT, cutoff 1:40 dilution  | 28.8  |   | (Giangaspero <i>et al.</i> , 2013)                            |
| Lithuania                          | 354           | ELISA                       | 42.1  |   | (Stimbirys <i>et al.</i> , 2007)                              |
| Mexico                             | 405           | MAT, cutoff 1:25 dilution   | 29.9  | Higher farm altitude<br>Lower mean temperature<br>Lower mean annual rainfall  | (Alvarado-Esquivel <i>et al.</i> , 2013d)                     |
| Mexico (Durango state)             | 511           | MAT, cutoff 1:25 dilution   | 15.1  | Age of animals (higher prevalence in older animals)   | (Alvarado-Esquivel <i>et al.</i> , 2012b)                     |
| Mexico (Oaxaca state)              | 429           | MAT, cutoff 1:25 dilution   | 23.1  | Semi-intensive management compared to semi-extensive<br>Mixed-breed sheep compared to pure-breed<br>Higher altitude     | (Alvarado-Esquivel <i>et al.</i> , 2013b)                     |
| Netherlands                        | 1179          | In-house ELISA              | 27.8  | Age of animals (higher prevalence in older animals)<br>Animals from central region                                      | (Opsteegh <i>et al.</i> , 2010b)                              |
| Poland                             | 41            | IFAT, cutoff 1:8 dilution   | IgG 53.7<br>IgM 0.0                             | Seropositive sheep were found to enter the milking parlour significantly later than seronegative sheep                  | (Górecki <i>et al.</i> , 2008)                                |
| Portugal                           | 119           | MAT, cutoff 1:20 dilution   | 33.6  | Age of animals (higher prevalence in older animals)   | (Lopes <i>et al.</i> , 2013)                                  |
| Saudi Arabia                       | 30            | LAT, IHAT                   | 33.3-46.7                                       |   | (Eisa <i>et al.</i> , 2013)                                   |

| Country               | Number tested   | Tests performed                      | Seropositive (%)                 | Risk factors identified/Comments   | Reference                               |
|-----------------------|---|--------------------------------------|----------------------------------|--|---|
| Saudi Arabia (Riyadh) | 891   | IFAT, cutoff 1:32 dilution           | 36.4                             |  | (Alanazi, 2013)                         |
| Scotland              | 3333  | IgG by ELISA                         | 56.6<br>(100% flock prevalence)  | Age of animals (higher prevalence in older animals)<br>Lambing on paddocks/parks<br>Grazing on common land (contact with sheep from other farms)<br>Farms with multiple boundaries | (Katzner <i>et al.</i> , 2011)          |
| Senegal               | 43  | MAT                                  | 16.3                             |  | (Davoust <i>et al.</i> , 2015)          |
| South Africa          | 600   | IFAT<br>ELISA                        | 5.6<br>4.3                       | Higher temperatures<br>Commercial farms compared to informal farming<br>Intensive or semi-intensive management   | (Samra <i>et al.</i> , 2007)            |
| Spain (North-West)    | 2400  | DAT<br>Indirect ELISA                | 38.1<br>(100% flock prevalence)  | Age of animals (higher prevalence in older animals)<br>Coastal location of farm  | (Díaz <i>et al.</i> , 2014)             |
| Spain (Galacia)       | 177   | DAT, cutoff 1:64 dilution            | 57.1                             |  | (Panadero <i>et al.</i> , 2010)         |
| Spain (Southern)      | 503   | ELISA                                | 49.3<br>(84.7% flock prevalence) |  | (García-Bocanegra <i>et al.</i> , 2013) |
| Switzerland           | 250   | ELISA (meat juice)                   | 61.6                             |  | (Berger-Schoch <i>et al.</i> , 2011a)   |
| Tunisia               | Lambs 217<br>Ewes 125   | MAT, cutoff 1:20 dilution            | 38.2<br>73.6                     |  | (Boughattas <i>et al.</i> , 2014)       |
| UK                    | Neonatal lambs:<br>Charollais 243<br>Swaledale 264<br>4-month lambs:<br>Charollais 411<br>Swaledale 329 | PCR<br><br>MAT, cutoff 1:25 dilution | 6.6<br>11.4<br><br>12.2<br>3.0   |  | (Mason <i>et al.</i> , 2010)            |
| UK                    | 3539  | LAT                                  | 74.0                             | Age of animals (higher prevalence in older animals)<br>Cattle on the same farm   | (Hutchinson <i>et al.</i> , 2011)       |
| USA (lambs)           | 383   | MAT, cutoff 1:25 dilution            | 27.1                             | <i>T. gondii</i> was isolated from 53/68 hearts from seropositive lambs by cat or mouse bioassay   | (Dubey <i>et al.</i> , 2008)            |

| Country   | Number tested          | Tests performed               | Seropositive (%)                       | Risk factors identified/Comments  | Reference                              |
|---|------------------------|-------------------------------|--|---|--|
| USA (lambs)   | 3967                   | MAT                           | 9.4<br>(47.3% flock prevalence)        |   | (APHIS, 2014)                          |
| West Indies<br>(Grenada and<br>Carriacou)                                   | 204                    | MAT, cutoff 1:25<br>dilution  | 44.1                                   |   | (Chikweto <i>et al.</i> ,<br>2011)     |
| <i>Water Buffalo</i>  |                        |                               |  |   |  |
| Brazil (Rio Grande<br>do Sul state)   | 169                    | IFAT, cutoff 1:64<br>dilution | 27.2                                   |   | (de F. Santos <i>et al.</i> ,<br>2013) |
| China   | 40                     | IHAT                          | 0.0                                    |   | (Yu <i>et al.</i> , 2007)              |
| India (Punjab)  | 103                    | ELISA                         | 2.9                                    |   | (Sharma <i>et al.</i> , 2008)          |
| Pakistan  | 422                    | IgG and IgM by<br>ELISA       | IgG 13.7<br>IgM 2.4<br>Total 15.2      | Poor hygienic practice<br>Extensive (low input) management<br>practice<br>Presence of cats  | (Ahmad and<br>Qayyum, 2014)            |
| <i>Goats</i>  |                        |                               |  |   |  |
| Bangladesh<br>(subsistence farms)   | 146                    | LAT, cutoff 1:32<br>dilution  | 61.0                                   | Age of animals (higher prevalence in older<br>animals)  | (Rahman <i>et al.</i> ,<br>2014)       |
| Bangladesh<br>(Mymensingh<br>district)                                      | 25                     | LAT, cutoff 1:32<br>dilution  | 32.0                                   |   | (Shahiduzzaman <i>et al.</i> , 2011)   |
| Brazil (Ceará)  | 2362                   | ELISA                         | 25.1                                   | Use of wooden feeding troughs or absence<br>of feeding troughs<br>Age of animals (higher prevalence in older<br>animals)<br>More than 10 cats on farm | (Cavalcante <i>et al.</i> ,<br>2008)   |
| Brazil (Paraíba state)  | 975                    | IFAT, cutoff 1:64<br>dilution | Dairy<br>18.1<br>(70% herd prevalence) | Presence of toxic plants<br>Goat breeding not the main activity on the<br>farm  | (Santos <i>et al.</i> , 2012)          |
| Brazil (Mossoro)  | 338                    | ELISA                         | 37.0                                   |   | (Nunes <i>et al.</i> , 2013)           |
| Brazil (Rio de<br>Janeiro state)  | 206                    | IFAT, cutoff 1:64<br>dilution | 29.1                                   |   | (Luciano <i>et al.</i> ,<br>2011b)     |
| Caribbean<br>- Dominica<br>- Grenada<br>- Monserrat<br>- St Kitts and Nevis | 136<br>94<br>31<br>181 | ELISA                         | 58.1<br>57.4<br>80.1<br>42.0           |   | (Hamilton <i>et al.</i> ,<br>2014)     |

| Country                       | Number tested | Tests performed             | Seropositive (%)                         | Risk factors identified/Comments  | Reference                                 |
|-------------------------------|---------------|-----------------------------|--|---|---|
| China (Heilongjiang province) | 792           | IHAT, cutoff 1:64 dilution  | 3.8                                      |   | (Wang <i>et al.</i> , 2011)               |
| China (Shaanxi province)      | 751           | IHAT, cutoff 1:64 dilution  | Dairy goats<br>14.1                      |   | (Zhao <i>et al.</i> , 2011)               |
| Egypt (El Fayoum governorate) | 24            | IgG by ELISA<br>PCR         | 41.7<br>25.0                             |   | (Ghoneim <i>et al.</i> , 2009)            |
| Ethiopia (Central)            | 927           | IgG by ELISA                | 19.7<br>(58.3% herd prevalence)          | Semi-intensive management compared to extensive management<br>Female animals<br>Age of animals (higher prevalence in older animals)<br>Small herd size<br>Drinking water from tap<br>Sedentary or agro-pastoral farm system | (Gebremedhin <i>et al.</i> , 2014a)       |
| Ethiopia (Central)            | 323           | DAT, cutoff 1:40 dilution   | 15.5                                     |   | (Gebremedhin <i>et al.</i> , 2014a)       |
| Greece                        | 375           | IgG by ELISA                | Dairy goats<br>61.3                      |   | (Anastasia <i>et al.</i> , 2013)          |
| Greece (Northern)             | 541           | ELISA                       | 30.7                                     | Intensive or semi-intensive production<br>Feeding concentrate<br>Using water from a public supply   | (Tzanidakis <i>et al.</i> , 2012)         |
| Iran (Fars Province)          | 90            | MAT, cutoff 1:20 dilution   | 18.8                                     |   | (Asgari <i>et al.</i> , 2013)             |
| Iran (Kerman)                 | 114           | IFAT, cutoff 1:16 dilution  | 1.7                                      |   | (Derakhshan and Mousavi, 2014)            |
| Italy                         | 127           | MAT, cutoff 1:20 dilution   | 60.6                                     |   | (Mancianti <i>et al.</i> , 2013)          |
| Malaysia                      | 200           | IFAT, cutoff 1:200 dilution | 35.5                                     |   | (Chandrawathani <i>et al.</i> , 2008)     |
| Mexico (Michoacan state)      | 341           | MAT, cutoff 1:25 dilution   | Dairy<br>15.2                            |   | (Alvarado-Esquivel <i>et al.</i> , 2013c) |
| Norway                        | 2188          | DAT                         | Dairy<br>17.2<br>(75.3% herd prevalence) |   | (Stormoen <i>et al.</i> , 2012)           |
| Portugal                      | 184           | MAT, cutoff 1:20 dilution   | 18.5                                     | Age of animals (higher prevalence in older animals)   | (Lopes <i>et al.</i> , 2013)              |

| Country                             | Number tested                 | Tests performed   | Seropositive (%)                             | Risk factors identified/Comments  | Reference                               |
|-------------------------------------|-------------------------------|---|--|---|---|
| Romania (dairy)                     | 735                           | ELISA   | 52.8   | Age of animals (higher prevalence in older animals)<br>Backyard raising systems   | (Iovu <i>et al.</i> , 2012)             |
| Saudi Arabia                        | 31                            | LAT, Indirect haemagglutination   | 29.0-45.2                                    |   | (Eisa <i>et al.</i> , 2013)             |
| Saudi Arabia (Riyadh)               | 555                           | IFAT, cutoff 1:32 dilution  | 35.3   |   | (Alanazi, 2013)                         |
| Senegal                             | 52                            | MAT   | 15.4   |   | (Davoust <i>et al.</i> , 2015)          |
| Serbia                              | 431                           | MAT, cutoff 1:25 dilution   | 73.3   | Outside access (compared to stable reared)<br>Mixed usage (compared to dairy only)<br>Feeding practices<br>Water source<br>Exclusive farming of goats | (Djokic <i>et al.</i> , 2014)           |
| Spain (Southern)                    | 494                           | ELISA   | 25.1<br>(72.2% herd prevalence)              |   | (García-Bocanegra <i>et al.</i> , 2013) |
| Tanzania (Northern)                 | 337                           | LAT, cutoff 1:16 dilution   | 19.3<br>(45.2% herd prevalence)              |   | (Swai and Kaaya, 2012)                  |
| USA                                 | 75                            | MAT, cutoff 1:25 dilution   | 19.0   |   | (Keith and Alex, 2010)                  |
| USA (Missouri)                      | 367                           | LAT, cutoff 1:32 dilution   | Boer goats<br>6.8<br>(41.7% herd prevalence) |   | (Yaglom <i>et al.</i> , 2014)           |
| USA                                 | 234                           | MAT, cutoff 1:5 dilution  | 53.4   |   | (Dubey <i>et al.</i> , 2011)            |
| West Indies (Grenada and Carriacou) | 180                           | MAT, cutoff 1:25 dilution   | 42.8   |   | (Chikweto <i>et al.</i> , 2011)         |
| <i>Pigs</i>                         |                               |   |  |   |   |
| Argentina                           | Outdoor (149)<br>Indoor (148) | Study compared four methods – IFAT (cutoff 1:50 dilution), ELISA, Western blot and tachyzoite surface antigen ELISA | 75.2-83.2<br>4.7-23.0                        |   | (Basso <i>et al.</i> , 2013)            |



| Country                              | Number tested                             | Tests performed                         | Seropositive (%)                       | Risk factors identified/Comments  | Reference                               |
|--------------------------------------|---|---|--|---|---|
| Austria                              | 1368                                      | MAT<br>ELISA I<br>ELISA II<br>ELISA III | 6.5<br>6.7<br>4.8<br>4.3               |   | (Steinparzer <i>et al.</i> , 2015)      |
| Brazil                               | 50  | PCR                                     | Diaphragms 34<br>Tongues 66<br>Both 28 |   | (Belfort-Neto <i>et al.</i> , 2007)     |
| Brazil (Rio Grande do Sul)           | 100                                       | IFAT, cutoff 1:64 dilution              | 36.0                                   | <i>T. gondii</i> was isolated from tissues of 17/36 serology-positive pigs (47.2%). Infectivity was confirmed by mouse bioassay | (Cademartori <i>et al.</i> , 2014)      |
| Brazil (Southern Piauí)              | 143                                       | IgG by ELISA                            | 25.5                                   | Animals' age<br>Feeding human food scraps<br>Less intensive rearing systems<br>Presence of cats on farms                        | (de Sousa <i>et al.</i> , 2014)         |
| Brazil (Pernambuco state)            | 305                                       | IFAT, cutoff 1:64 dilution              | 12.5                                   |   | (Samico Fernandes <i>et al.</i> , 2012) |
| Brazil (North-East)                  | 190                                       | IFAT, cutoff 1:64 dilution              | 19.5                                   | Extensive husbandry<br>Feeding with leftovers   | (Feitosa <i>et al.</i> , 2014)          |
| Brazil (Mato Grosso)                 | 708                                       | IFAT, cutoff 1:64 dilution              | 12.8                                   |   | (Muraro <i>et al.</i> , 2010)           |
| Brazil (Rio de Janeiro state, north) | 61  | ELISA                                   | 11.5                                   | Free-ranging pigs compared to indoor housed pigs  | (Frazão-Teixeira and de Oliveira, 2011) |
| Brazil (Rio de Janeiro state)        | 406                                       | IFAT, cutoff 1:64 dilution              | 7.6                                    |   | (Luciano <i>et al.</i> , 2011a)         |
| Canada (Ontario)                     | 2848 (2001)<br>1600 (2003)<br>1600 (2004) | ELISA                                   | 1.59<br>0.06<br>0.26                   |   | (Poljak <i>et al.</i> , 2008)           |
| Chile                                | 340                                       | NS                                      | 8.8                                    |   | (Munoz-Zanzi <i>et al.</i> , 2012)      |
| China (Hunan province)               | 1191                                      | IHAT, cutoff 1:64 dilution              | Sows 31.3                              |   | (Xu <i>et al.</i> , 2014)               |
| China (Yunnan province)              | 831                                       | IHAT, cutoff 1:64 dilution              | 17.0                                   |   | (Zou <i>et al.</i> , 2009)              |

| Country                         | Number tested                     | Tests performed            | Seropositive (%)              | Risk factors identified/Comments  | Reference                       |
|---------------------------------|-----------------------------------|----------------------------|-------------------------------|---|---------------------------------|
| China (Central)                 | 3558                              | ELISA                      | 24.5                          | Contact of pigs with cats<br>High density of pig breeding<br>Presence of mosquitoes and flies<br>Low frequency of scavenging  | (Tao <i>et al.</i> , 2011)      |
| China (Liaoning province)       | 1164                              | IHAT                       | 12.0                          |   | (Liu <i>et al.</i> , 2012)      |
| China (Chongqing)               | 908                               | IHAT                       | 30.6                          |   | (Wu <i>et al.</i> , 2012)       |
| China (Jiangxi province)        | 1232                              | IHAT, cutoff 1:64 dilution | 22.9                          |   | (Jiang <i>et al.</i> , 2014)    |
| China (Heilongjiang province)   | 1014                              | IHAT                       | 4.6                           | Small farm size   | (Chang <i>et al.</i> , 2012)    |
| China (Western Fujian province) | 605                               | IHAT                       | Breeding sows<br>14.4         |   | (Huang <i>et al.</i> , 2010)    |
| China (Guangdong province)      | 1022                              | ELISA                      | 27.0                          |   | (Zhou <i>et al.</i> , 2010)     |
| Côte d'Ivoire                   | 91                                | ELISA                      | 8.8                           |   | (Prangé <i>et al.</i> , 2009)   |
| Czech Republic                  | 551                               | IgG by ELISA               | 35.9                          |   | (Bártová and Sedlák, 2011)      |
| Germany                         | 3323                              | Meat juice ELISA           | 9.9<br>(88% herd prevalence)  |   | (Meemken <i>et al.</i> , 2014)  |
| Ireland                         | 317                               | LAT, cutoff 1:64 dilution  | 4.7                           |   | (Halová <i>et al.</i> , 2013)   |
| Italy (Umbria)                  | 960                               | IFAT, cutoff 1:16 dilution | 16.1                          | All-in all-out housing<br>Cleaning method   | (Veronesi <i>et al.</i> , 2011) |
| Italy (Sicily)                  | 3472                              | IgG by ELISA               | Imported 0.7<br>Domestic 16.3 | Domestic only:<br>Farming type (highest in farrow-to-finish)<br>Rodenticides not used<br>Manual cleaning rather than semi-automatic cleaning<br>Lower altitude<br>Smaller herd size<br>Water sourced from wells | (Villari <i>et al.</i> , 2009)  |
| Japan                           | 155                               | LAT, cutoff 1:64 dilution  | 5.2                           |   | (Matsuo <i>et al.</i> , 2014)   |
| Latvia                          | 803 (Domestic)<br>606 (Wild boar) | In-house ELISA             | 4.2<br>33.2                   | Free-ranging  | (Deksne and Kirjusina, 2013)    |

| Country                 | Number tested                       | Tests performed                     | Seropositive (%)     | Risk factors identified/Comments   | Reference                                 |
|-------------------------|-------------------------------------|-------------------------------------|----------------------|--|---|
| Malaysia                | 100                                 | IFAT, cutoff 1:200 dilution         | 0.0                  |  | (Chandrawathani <i>et al.</i> , 2008)     |
| Mexico (Yucatan)        | 429                                 | IgG by ELISA<br>IgM by ELISA<br>PCR | 95.8<br>92.5<br>50.8 | Small farm size<br>Type of feeder  | (Ortega-Pacheco <i>et al.</i> , 2013)     |
| Mexico (Durango state)  | 1074                                | MAT, cutoff 1:25 dilution           | 12.7                 | Age of animals (higher prevalence in older animals)<br>Raised in mountainous regions, rather than valleys or semi-desert<br>Mixed-breed pigs compared to pure-breed<br>Geographical location | (Alvarado-Esquivel <i>et al.</i> , 2011c) |
| Mexico (Veracruz state) | 402                                 | MAT, cutoff 1:25 dilution           | 45.3                 | Tropical-humid climate<br>Feeding with leftovers<br>Storing pig food in owner's house<br>Free-ranging  | (Alvarado-Esquivel <i>et al.</i> , 2014b) |
| Mexico (Oaxaca state)   | 337 (Backyard)<br>188 (Farm raised) | MAT, cutoff 1:25 dilution           | 17.2<br>0.5          | Age of animals (higher prevalence in older animals)<br>Greater altitude of raising environment<br>Tropical climate   | (Alvarado-Esquivel <i>et al.</i> , 2012a) |
| Nepal                   | 742                                 | ELISA                               | 11.7                 |  | (Devleesschauwer <i>et al.</i> , 2013)    |
| Netherlands             | 845                                 | ELISA                               | 2.6                  | Free-ranging > organic > intensive   | (van der Giessen <i>et al.</i> , 2007)    |
| New Caledonia           | 49                                  | ELISA                               | 2.0                  |  | (Roqueplo <i>et al.</i> , 2011)           |
| Nigeria (Ibadan)        | 302                                 | IgG by ELISA                        | 29.1                 |  | (Onyiche and Ademola, 2013)               |
| Panama                  | 290                                 | IFAT, cutoff 1:20 dilution          | 32.1                 |  | (Correa <i>et al.</i> , 2008)             |
| Poland                  | 1754                                | IgG by ELISA                        | 19.2                 |  | (Holec-Gasior <i>et al.</i> , 2010)       |
| Poland                  | 861                                 | MAT<br>ELISA                        | 14.3<br>15.4         |  | (Sroka <i>et al.</i> , 2011)              |
| Portugal                | 254                                 | MAT, cutoff 1:20 dilution           | 9.8                  | Age of animals (higher prevalence in animals less than 3 months of age)  | (Lopes <i>et al.</i> , 2013)              |

| Country                                | Number tested                      | Tests performed                                       | Seropositive (%)   | Risk factors identified/Comments   | Reference                                |
|--|------------------------------------|---|--|--|--|
| Romania                                | 3595 (domestic)<br>150 (wild boar) | IFAT, cutoff 1:32<br>dilution                         | Backyard 30.5<br>Sows 12.4<br>Fattening pigs 0.0<br>Wild boar 16.0 |  | (Paștiu <i>et al.</i> , 2013)            |
| Serbia                                 | 488                                | MAT, cutoff 1:25<br>dilution                          | 9.2  |  | (Klun <i>et al.</i> , 2011)              |
| Slovakia                               | 970                                | ELISA   | All 2.2<br>Sows 4.3<br>Slaughter pigs 2.1                          |  | (Turčeková <i>et al.</i> , 2013)         |
| Spain                                  | 2970                               | MAT, cutoff 1:25<br>dilution                          | 16.6   | Age<br>Sows compared to fattening pigs<br>Lack of rodent control<br>Presence of cats                   | (García-Bocanegra <i>et al.</i> , 2010b) |
| Spain (Catalonia)                      | 1202                               | MAT, cutoff 1:25<br>dilution                          | 19.0   | Presence of cats<br>Percentage mortality at weaning<br>Presence of outdoor facilities for sows on farm | (García-Bocanegra <i>et al.</i> , 2010a) |
| Switzerland                            | 270 (Domestic)<br>150 (Wild boar)  | ELISA (meat juice)                                    | 23.3<br>6.7  |  | (Berger-Schoch <i>et al.</i> , 2011a)    |
| Taiwan                                 | 395                                | LAT, cutoff 1:32<br>dilution                          | 10.1   |  | (Tsai <i>et al.</i> , 2007)              |
| USA (organic production)               | 33                                 | MAT, cutoff 1:25<br>dilution<br>ELISA                 | 90.9   |  | (Dubey <i>et al.</i> , 2012a)            |
| USA                                    | 6238                               | ELISA   | 2.6<br>(21.6% herd prevalence)                                     | Rodent control measures<br>Carcass disposal methods  | (Hill <i>et al.</i> , 2010)              |
| Vietnam                                | 587                                | MAT, cutoff 1:25<br>dilution                          | 27.2   |  | (Huong and Dubey, 2007)                  |
| West Indies<br>(Grenada and Carriacou) | 247                                | MAT, cutoff 1:25<br>dilution                          | 23.1   |  | (Chikweto <i>et al.</i> , 2011)          |
| <i>Cervids</i>                         |                                    |   |  |  |  |
| Finland                                | 1215                               | Direct agglutination<br>test, cutoff 1:40<br>dilution | Moose 9.6<br>White-tailed deer 26.7<br>Roe deer 17.6               |  | (Jokelainen <i>et al.</i> , 2010)        |
| -                                      | 135                                |   |  |  |  |
| -                                      | 17                                 |   |  |  |  |

| Country         | Number tested | Tests performed           | Seropositive (%)       | Risk factors identified/Comments | Reference                       |
|-----------------|---------------|---------------------------|------------------------|----------------------------------|---------------------------------|
| Ireland         | 348           | LAT, cutoff 1:64 dilution | Deer 6.6               |                                  | (Halová <i>et al.</i> , 2013)   |
| New Caledonia   | 29            | ELISA                     | Rusa deer (feral) 13.8 |                                  | (Roqueplo <i>et al.</i> , 2011) |
| Spain (Galacia) | 160           | DAT, cutoff 1:64 dilution | Rose deer (feral) 13.7 |                                  | (Panadero <i>et al.</i> , 2010) |

NS = Not Stated; MAT = modified agglutination test; LAT = latex agglutination test; DAT = direct agglutination test; IFAT = indirect fluorescence antibody test; IHAT = indirect haemagglutination antibody test; PCR = polymerase chain reaction; ELISA = enzyme-linked immunosorbent assay

<sup>1</sup> Two different methods were used for establishing the cut-off point for the analytical method and, consequently, two estimates of seroprevalence were derived

## 9 APPENDIX 2: EVALUATION OF ADVERSE HEALTH EFFECTS

### 9.1 Dose Response

No human dose-response information for *T. gondii* infection is available. A recent quantitative microbial risk assessment (QMRA) used dose-response information from mice as a surrogate for human dose-response (Opsteegh *et al.*, 2011a). The QMRA related to ingestion of the bradyzoites form of *T. gondii* from tissue cysts. The dose-response relationship is likely to be dependent on the form of the organism ingested, as well as the dose.

### 9.2 *T. gondii* Infection Overseas

#### 9.2.1 Seroprevalence

Seroprevalence studies for general and specific human populations are summarised in Table 7.

Where information on trends in seroprevalence are available, a decline in seroprevalence over time is generally reported (Bobic *et al.*, 2011; de la Luz Galvan-Ramirez *et al.*, 2012; Jones *et al.*, 2007; Jones *et al.*, 2014a). A meta-analysis of Mexican studies estimated the rate of the decline in seroprevalence to be approximately 0.1% per year over a period of 60 years (de la Luz Galvan-Ramirez *et al.*, 2012).

A worldwide review of seroprevalence concluded that the lowest seroprevalence of *T. gondii* infection was reported from China, United Kingdom and parts of Scandinavia (<10%) (Pappas *et al.*, 2009). The next lowest prevalence regions were North America, remaining parts of Scandinavia and parts of central Asia and south-east Asia (10-20%). The highest prevalence of seropositivity was seen in parts of South America, Africa and Indonesia (>60%). Prevalence in New Zealand (20-40%) was similar to Australia, Chile and some parts of Europe, Africa, the Middle East and India. No consideration was given to the analytical methods used to determine seroprevalence.



**Table 7: Seropositivity rates overseas in humans**

| Countries                   | Year                 | Test method              | Seropositivity (%)                                       | Risk factors identified   | References                              |
|-----------------------------|----------------------|--------------------------|--|---|---|
| <b>Europe</b>               |                      |                          |  |   |   |
| France                      | 1995<br>2003<br>2010 | NS                       | Women of childbearing age<br>54.3<br>43.8<br>36.7        |   | (Nogareda <i>et al.</i> , 2014)         |
| France                      | 2004                 | IgG by ELISA             | Rural population 46.9                                    |   | (Gilot-Fromont <i>et al.</i> , 2009b)   |
| Netherlands                 | 2006-2007            | IgG by ELISA             | 26.0   | Participants $\geq 20$ years of age: <ul style="list-style-type: none"> <li>• Living in urban areas</li> <li>• Living in North-West of country</li> <li>• Low educational level</li> <li>• Consumption of raw pork</li> <li>• Keeping a cat</li> <li>• Not having occupational contact with clients or patients</li> </ul> Participants $< 20$ years of age: <ul style="list-style-type: none"> <li>• Keeping sheep or cattle</li> <li>• Consumption of raw unwashed vegetables</li> <li>• Putting sand in mouth</li> </ul> | (Hofhuis <i>et al.</i> , 2011)          |
| Poland                      | NS                   | IFAT and ELISA           | School children 41.0                                     | Higher prevalence in girls<br>Raw meat consumption (boys only)<br>Seropositive girls had significantly higher developmental ages and poorer school performance  | (Mizgajska-Wiktor <i>et al.</i> , 2013) |
| Portugal                    | 2009-2010            | IgG and IgM immunoassays | Women of childbearing age<br>- IgG 23.9<br>- IgM 1.5     | Consuming unwashed raw fruit and vegetables<br>Consuming cured or smoked processed pork products<br>Carrying out soil related activities without gloves   | (Lopes <i>et al.</i> , 2012)            |
| Romania (consolidated data) | NS-2009              | Various                  | Pregnant women and women of childbearing age<br>3.7-75.4 |   | (Dubey <i>et al.</i> , 2014b)           |
| Serbia                      | 2001-2005            | NS                       | Women of childbearing age<br>33.0                        |   | (Bobić <i>et al.</i> , 2007)            |

| Countries                     | Year      | Test method   | Seropositivity (%)   | Risk factors identified   | References                         |
|-------------------------------|-----------|---|--|---|------------------------------------|
| United Kingdom<br>(London)    | 2006-2008 | IgG by ELISA  | Antenatal women<br>17.3  | African/Afro-Caribbean, Middle Eastern or mixed ethnic origin<br>Eating undercooked meat<br>Consuming unpasteurised milk          | (Flatt and Shetty, 2013)           |
| <b>Middle East</b>            |           |   |  |   |                                    |
| Egypt (El Fayoum governorate) | 2005-2006 | IgG and IgM by ELISA<br>PCR<br>Sabin-Feldman dye test             | Pregnant women ( <i>n</i> = 59)<br>- IgG 45.8<br>- IgM 30.5<br>- PCR 32.2<br>- Dye test 23.7<br>Non-pregnant women ( <i>n</i> = 29)<br>- IgG 41.4<br>- IgM 24.2<br>- PCR 27.6<br>- Dye test 17.2 |   | (Ghoneim <i>et al.</i> , 2009)     |
| Egypt                         | NS        | IgG by ELISA  | Blood donors 59.6  | Consuming meat products<br>Low educational status   | (Elsheikha <i>et al.</i> , 2009)   |
| Iran (Mazandaran province)    | 2006-2007 | IgG by ELISA  | School children 22.0   | Presence of cats<br>Contact with soil<br>Eating raw or undercooked meat   | (Sharif <i>et al.</i> , 2010)      |
| Saudi Arabia                  | NS        | Latex agglutination, indirect haemagglutination, IgG/IgM by ELISA | Females 28.2-41.9 (IgM 5.7)<br>Males 20.0-38.0 (IgM 0.0)<br>Infants 6.3-25.0 (IgM 0.0)   |   | (Eisa <i>et al.</i> , 2013)        |
| Saudi Arabia                  | NS        | IgG and IgM by ELISA  | Pregnant women<br>- IgG 51.4<br>- IgM 8.8  | Increasing age<br>Rural residence<br>Low family income<br>Frequent consumption of undercooked meat<br>Previous obstetric problems | (Al Mohammad <i>et al.</i> , 2010) |
| Turkey                        | NS        | IgG/IgM by ELISA  | Pregnant women<br>- IgG 37.5<br>- IgM 0.0  | Consumption of raw meat<br>Working in agriculture   | (Dogan <i>et al.</i> , 2012)       |
| <b>North America</b>          |           |   |  |   |                                    |

| Countries                      | Year      | Test method          | Seropositivity (%)                         |      | Risk factors identified   | References                                |
|--------------------------------|-----------|----------------------|--|------|---|---|
| Canada (northern Saskatchewan) | 2011      | IgG by ELISA         | 13.9                                       |      | Age<br>Non-ownership of pets  | (Schurer <i>et al.</i> , 2013)            |
| USA (Wisconsin state)          | 1997-1999 | IgG by ELISA         | Children 2-18 years                        | 8.0  | Living on a farm  | (Munoz-Zanzi <i>et al.</i> , 2013)        |
| USA                            | 1999-2004 | IgG by ELISA         | 6-11 years                                 | 3.6  | Increasing age<br>Gender, greater prevalence in males<br>Lower socioeconomic status | (Jones <i>et al.</i> , 2007)              |
|                                |           |                      | 12-19 years                                | 5.8  |   |   |
|                                |           |                      | 20-29 years                                | 10.1 |   |   |
|                                |           |                      | 30-39 years                                | 14.3 |   |   |
|                                |           |                      | 40-49 years                                | 15.7 |   |   |
|                                |           |                      | Total                                      | 10.8 |   |   |
| USA                            | 2009-2010 | IgG by ELISA         | 6-11 years                                 | 1.5  |   | (Jones <i>et al.</i> , 2014a)             |
|                                |           |                      | 12-19 years                                | 4.1  |   |   |
|                                |           |                      | 20-29 years                                | 9.3  |   |   |
|                                |           |                      | 30-39 years                                | 10.5 |   |   |
|                                |           |                      | 40-49 years                                | 14.8 |   |   |
|                                |           |                      | 50-59 years                                | 15.0 |   |   |
|                                |           |                      | 60-69 years                                | 17.4 |   |   |
|                                |           |                      | 70+ years                                  | 29.9 |   |   |
|                                |           |                      | Total                                      | 13.2 |   |   |
| <b>Central America</b>         |           |                      |  |      |   |   |
| Mexico                         | 2005-2006 | IgG and IgM by ELISA | Psychiatric patients                       |      | Sexual promiscuity  | (Alvarado-Esquivel <i>et al.</i> , 2006)  |
|                                |           |                      | Controls                                   |      | Unwashed raw fruit consumption  |   |
|                                |           |                      | - IgG                                      | 8.9  | History of surgery  |   |
|                                |           |                      | - IgM                                      | 2.2  | Protective: Lamb meat consumption   |   |
| Mexico                         | 2006      | IgG and IgM by ELISA | Healthy blood donors                       |      | Presence of cats at home  | (Alvarado-Esquivel <i>et al.</i> , 2007)  |
|                                |           |                      | - IgG                                      | 7.4  | Increasing age  |   |
|                                |           |                      | - IgM                                      | 1.9  | Low educational status  |   |
| Mexico                         | 2009-2010 | IgG and IgM by ELISA | Workers occupationally exposed to raw meat |      | Two butchers who reported consuming dried meat were both seropositive               | (Alvarado-Esquivel <i>et al.</i> , 2011d) |
|                                |           |                      | - IgG                                      | 6.5  |   |   |
|                                |           |                      | - IgM                                      | 4.0  |   |   |
|                                |           |                      | Controls                                   |      |   |   |
|                                |           |                      | - IgG                                      | 8.9  |   |   |
|                                |           |                      | - IgM                                      | 1.6  |   |   |

| Countries                    | Year      | Test method          | Seropositivity (%)  | Risk factors identified   | References                                |
|------------------------------|-----------|----------------------|---|---|---|
| Mexico                       | 2011      | IgG and IgM by ELISA | Drivers involved in automotive accidents<br>- IgG 33.9<br>- IgM 1.9<br>Controls<br>- IgG 36.0<br>- IgM 1.2                                | IgG antibody titres were significantly higher in drivers than controls<br><br>No signs of ocular toxoplasmosis were found in the cohort | (Galván-Ramírez <i>et al.</i> , 2013)     |
| Mexico                       | 2009-2010 | IgG and IgM by ELISA | Liver disease patients<br>- IgG 13.3<br>- IgM 2.7<br>Controls<br>- IgG 10.7<br>- IgM 3.3  | For patients:<br>Consumption of sheep, rabbit, venison and quail meat   | (Alvarado-Esquivel <i>et al.</i> , 2011e) |
| Mexico                       | NS        | IgG and IgM by ELISA | People with no contact with cats<br>- IgG 25.0<br>- IgM 36.3  | Consumption of pork<br>Consumption of 'wildlife meat'   | (Jimenez-Coello <i>et al.</i> , 2011)     |
| Mexico (Durango state)       | 2010-2012 | IgG and IgM by ELISA | Migrant workers<br>- IgG 28.9<br>- IgM 20.8   | Residence in rural area<br>Consumption of unwashed raw vegetables<br>Low frequency of eating away from home                             | (Alvarado-Esquivel <i>et al.</i> , 2013a) |
| Mexico (Rural Durango state) | NS        | IgG and IgM by ELISA | General rural population<br>- IgG 23.8<br>- IgM 2.2   | Consumption of squirrel meat<br>Consumption of turkey meat  | (Alvarado-Esquivel <i>et al.</i> , 2008)  |
| Mexico (Durango state)       | 2009-2011 | IgG and IgM by ELISA | Workers involved with cultivation and selling of raw fruit and vegetables<br>- IgG 7.5<br>- IgM 1.0<br>Controls<br>- IgG 7.8<br>- IgM 2.8 | Consumption of raw meat<br>Consumption of unwashed raw fruit<br>Living in a house with a soil floor                                     | (Alvarado-Esquivel <i>et al.</i> , 2011a) |

| Countries                  | Year      | Test method          | Seropositivity (%)  | Risk factors identified  | References                                |
|----------------------------|-----------|----------------------|---|--|---|
| Mexico (Durango state)     | NS        | IgG and IgM by ELISA | Mennonites<br>- IgG 30.3<br>- IgM 3.3   | Presence of cats<br>Raising cattle<br>Consumption of pigeon meat<br>Consumption of untreated water                             | (Alvarado-Esquivel <i>et al.</i> , 2010b) |
| Mexico (Durango state)     | NS        | IgG by ELISA         | Patients with:<br>- Hearing impairment 8.2<br>- Haemodialysis 10.0<br>- Visual impairment 12.0<br>- Immunosuppression 6.8 | Consumption of undercooked meat<br>Consumption of raw cows' milk<br>Raising animals<br>Eating away from home                   | (Alvarado-Esquivel <i>et al.</i> , 2010a) |
| Mexico (Durango city)      | NS        | IgG and IgM by ELISA | General population<br>- IgG 6.1<br>- IgM 2.1  | Consumption of boar meat<br>Consumption of squirrel meat<br>Overseas travel (protective)<br>Consumption of salami (protective) | (Alvarado-Esquivel <i>et al.</i> , 2011b) |
| Mexico (Durango city)      | 2009-2010 | IgG and IgM by ELISA | People with recent work accidents<br>- IgG 8.3<br>- IgM 0.8<br>Controls<br>- IgG 5.3<br>- IgM 2.3                         | Boar meat consumption<br>Negative association with:<br>National trips<br>Sausage consumption<br>Ham consumption                | (Alvarado-Esquivel <i>et al.</i> , 2012d) |
| Mexico                     | NS        | IgG and IgM by ELISA | Aged subjects ( $\geq 60$ years)<br>- IgG 12.0<br>- IgM 2.9   | Presence of cats in neighbourhood<br>Consumption of boar, pigeon, iguana, armadillo and chorizo                                | (Alvarado-Esquivel <i>et al.</i> , 2012c) |
| Mexico                     | 2013-2014 | IgG and IgM by ELISA | Huicholes (ethnic sub-population)<br>- IgG 33.2<br>- IgM 22.0   | Consumption of turkey meat   | (Alvarado-Esquivel <i>et al.</i> , 2014a) |
| <b>South America</b>       |           |                      |   |  |   |
| Brazil (consolidated data) | 1974-2010 | Various              | Pregnant women 36.8-92.0  |  | (Dubey <i>et al.</i> , 2012b)             |
| Brazil                     | 2011      | IgG by ELISA         | 67.1  | Increasing age   | (Buery <i>et al.</i> , 2014)              |
| Brazil (Santa Catarina)    | 2006-2007 | IgG and IgM by ELISA | Solid organ donors<br>- IgG 68.0<br>- IgM 0.0   |  | (Do Amaral <i>et al.</i> , 2008)          |

| Countries                        | Year      | Test method                      | Seropositivity (%)   | Risk factors identified   | References                                 |
|----------------------------------|-----------|----------------------------------|--|---|--|
| Brazil (Rio Grande do Sul state) | 2002-2005 | IgG by ELISA                     | Pregnant women<br>- HIV positive 72.0<br>- HIV negative 67.1 | The only infant with congenital toxoplasmosis was born to a women acute toxoplasmosis acquired during pregnancy. The woman did not have a high IgG result and was negative for IgM. | (Lago <i>et al.</i> , 2009)                |
| Brazil (São Paulo state)         | 2009-2010 | IgG by ELISA                     | Eye clinic patients 74.5                                     | Presence of cats or dogs<br>Consumption of raw or undercooked meat  | (Ferreira <i>et al.</i> , 2014)            |
| Brazil (Paraná state)            | 2007-2010 | IgG and IgM by chemiluminescence | Pregnant women<br>- IgG 51.7<br>- IgM 1.3                    | Residence in rural area<br>More than one pregnancy<br>Lower level of schooling<br>Low income<br>Raw or poorly cooked meat consumption<br>Contact with soil                          | (Lopes-Mori <i>et al.</i> , 2013)          |
| Brazil (Paraná state)            | NS        | IFAT                             | School children 46.4   | Domestic cats in household<br>Any kind of visual impairment   | (Lopes <i>et al.</i> , 2008)               |
| Brazil (Mato Grosso state)       | NS        | IFAT, cutoff 1:40 dilution       | 97.4   |   | (Santos <i>et al.</i> , 2009)              |
| Brazil (Salvador)                | NS        | IgG by ELISA                     | Children (4-11 years) 17.5                                   | Greater number of siblings<br>Cat at home<br>House with non-treated piped water<br>Absence of flush toilet at home  | (Dattoli <i>et al.</i> , 2011)             |
| Brazil (Amazonia)                | 2004      | IgG by ELISA                     | Rural population (5-90 years) 65.8                           |   | (Ferreira <i>et al.</i> , 2009)            |
| Chile                            | NS        | IgG by ELISA                     | Pregnant women 39.1  | Age of women  | (Munoz-Zanzi <i>et al.</i> , 2010)         |
| Colombia                         | NS        | IgG by ELISA                     | Soldiers<br>- Jungle operating 80.4<br>- Urban-based 45.1    | Chorioretinal lesions were found in 4 soldiers who operated in the jungle and in 1 urban-based soldier  | (Enrique Gomez-Marin <i>et al.</i> , 2012) |
| <b>Asia</b>                      |           |                                  |  |   |  |
| Bangladesh (Mymensingh district) | NS        | LAT, cutoff 1:32 dilution        | 0.0<br>(15 volunteers tested)                                |   | (Shahiduzzaman <i>et al.</i> , 2011)       |
| China                            | 2013      | IgG by ELISA                     | All<br>Bai ethnic group 32.3<br>Han ethnic group 11.6        | Consumption of raw pork and/or liver<br>Cat feeding (Han only)  | (Li <i>et al.</i> , 2014)                  |



| Countries         | Year      | Test method               | Seropositivity (%)  | Risk factors identified   | References                      |
|-------------------|-----------|---------------------------|---|---|---------------------------------|
| China (Changchun) | NS        | IgG and IgM by ELISA      | Pregnant women<br>- IgG 10.6<br>- IgM 0.0   | Consuming raw or undercooked meat<br>Consuming unwashed raw vegetables or fruit<br>Contact with cats<br>Living in a rural area<br>Low educational status    | (Liu <i>et al.</i> , 2009)      |
| Japan             | 1997-2004 | LAT, cutoff 1:32 dilution | Pregnant women, aged 16-46 years 10.3   | Raw meat consumption  | (Sakikawa <i>et al.</i> , 2012) |
| Kyrgyzstan        | NS        | IgG by ELISA              | All 12.1<br>Urban 19.0<br>Rural 6.2   | For rural cohort only:<br>Age<br>Poor living standard<br>Number of sheep owned  | (Minbaeva <i>et al.</i> , 2013) |
| Malaysia          | NS        | IgG and IgM by ELISA      | Schizophrenia cases<br>- IgG 51.0<br>- IgM 1.1<br>Controls<br>- IgG 30.7<br>- IgM 1.1 | Beef consumption<br>Pork consumption<br>Cat contact   | (Juanah <i>et al.</i> , 2013)   |
| South Korea       | 2010-2011 | IgG by ELISA              | 17.0 (M 20.6, F 13.1)   |   | (Ahn <i>et al.</i> , 2012)      |
| South Korea       | NS        | IgG by ELISA              | Rural pregnant women<br>- Indigenous 40.6<br>- Immigrant 18.2                         | Consumption of raw/undercooked meat (particularly pork)<br>Contact with cats<br>Contact with soil   | (Lin <i>et al.</i> , 2008)      |
| Taiwan            | 2010      | IgG and IgM by ELISA      | IgG 9.3<br>IgM 0.3  | Consumption of undercooked pork meat<br>Raw mussel consumption<br>Having a cat in the household<br>Lower education level<br>Donated blood in Eastern Taiwan | (Chiang <i>et al.</i> , 2012)   |
| <b>Africa</b>     |           |                           |   |   |                                 |
| Algeria           | 2006-2009 | IgG and IgM by ELISA      | Pregnant women<br>- IgG 47.8<br>- IgM 1.1   | Consumption of poorly cooked meat<br>Exposure to cats   | (Messerer <i>et al.</i> , 2014) |

| Countries       | Year | Test method          | Seropositivity (%)   | Risk factors identified   | References                      |
|-----------------|------|----------------------|--|---|---------------------------------|
| Ethiopia        | NS   | IgG and IgM by ELISA | HIV seropositive cases<br>- IgG 87.4<br>- IgM 10.7<br>Controls (healthy blood donors)<br>- IgG 70.3<br>- IgM 3.0 | HIV cases:<br>Consumption of undercooked or raw meat<br>Contact with cats<br>Controls:<br>Gender (higher prevalence in males)<br>Consumption of undercooked or raw meat | (Walle <i>et al.</i> , 2013)    |
| Ghana           | NS   | IgG and IgM by ELISA | IgG 84.4<br>IgM 6.4  | Own cat<br>Dispose of cat litter<br>Exposed to soil<br>Cats around the house<br>Consumption of non-bottled water  | (Abu <i>et al.</i> , 2014)      |
| Mozambique      | 2010 | LAT                  | HIV/AIDS patients 46.0   | Consuming cattle meat<br>Breeding cats or dogs<br>Having regular contact with soil  | (Domingos <i>et al.</i> , 2013) |
| Mozambique      | NS   | IgG by ELISA         | Pregnant women 18.7<br>- HIV positive 31.3<br>- HIV negative 10.9  |   | (Sitoe <i>et al.</i> , 2010)    |
| Nigeria (Lagos) | NS   | IgG by ELISA         | HIV positive ( $n = 380$ ) 54.2<br>Control ( $n = 80$ ) 30.0   | Lower educational status<br>Consumption of beef   | (Akanmu <i>et al.</i> , 2010)   |
| Nigeria         | NS   | IgG and IgM by ELISA | Psychotic disorder cases<br>- IgG 30.7<br>- IgM 7.1<br>Controls<br>- IgG 17.9<br>- IgM 8.6                       | Age   | (James <i>et al.</i> , 2013)    |

NS = not stated

An analytical method has been developed that targets antibodies to a specific 11 kDa sporozoites protein (Hill *et al.*, 2011). This enables an assessment of whether an infection has occurred through ingestion of oocysts (sporozoites-producing), rather than tissue cysts (bradyzoites-producing). Serum from acutely infected mothers ( $n = 76$ ) who transmitted *T. gondii* to their foetuses *in utero* were examined (Boyer *et al.*, 2011). Sporozoites-specific antibodies, indicating that infection was associated with ingestion of oocysts, were detected in 78% of the cohort. Of the sporozoites-positive cases, approximately half identified a significant cat-associated risk factor. The results of this study also suggest that 22% of mothers may have acquired the infection through non-oocyst transmission route, such as ingestion of tissue cysts.

The same oocyst-specific antibody test was used to examine blood samples from pregnant women from Chile, who tested positive for exposure to *T. gondii* (IgG) (Munoz-Zanzi *et al.*, 2012). Oocyst-specific antibodies decrease with time. Analysis for these antibodies was restricted to blood samples that exhibited low IgG avidity (indicative of recent infection). Of the blood samples from women with evidence of recent *T. gondii* infections, 43.1% contained oocyst-specific antibodies. The authors of this study interpreted these results as indicated that up to 57% of cases may have been infected through meat tissue cysts.

### 9.2.2 Toxoplasmosis surveillance

#### 9.2.2.1 *Australia*

The incidence of congenital toxoplasmosis has been estimated in a small study from south eastern Australia as 0.17 cases per 10,000 live births (Jayamaha *et al.*, 2012).

#### 9.2.2.2 *Brazil*

Between 1998 and 2005, 41,112 pregnant women were assessed at a maternity health facility (Varella *et al.*, 2009). Acute toxoplasmosis was detected in 4.8 per 1000 pregnancies. Of 40,727 live births, 25 were considered to have congenital toxoplasmosis at birth (0.6 per 1000 live births). Twelve further congenital toxoplasmosis cases were diagnosed on follow-up, giving a total prevalence of 0.9 per 1000 live births. This equated to a transmission rate from mothers with acute toxoplasmosis of 18.5%.

A review of Brazilian studies on the prevalence of congenital toxoplasmosis found estimates in the range 0.5-2.3 cases per 1000 live births (Dubey *et al.*, 2012b).

#### 9.2.2.3 *England and Wales*

Between 2008 and 2012, enhanced surveillance for toxoplasmosis was carried out in England and Wales (Halsby *et al.*, 2014). Laboratory-confirmed cases ( $n = 1824$ ) were reported to the enhanced surveillance scheme, with the number of cases per year decreasing significantly, from 405 in 2008 to 311 in 2012, across the surveillance period. The majority of cases ( $n = 1109$ ) were immunocompetent and non-pregnant. Most cases in this category presented with lymphadenopathy ( $n = 824$ ), systemic ( $n = 168$ ) or ocular ( $n = 163$ ) symptoms.

There were 364 immunosuppressed, non-pregnant cases, of which 273 were HIV positive, 53 were transplant recipients and 38 had other causes of immunosuppression. When symptoms were reported, the most common symptoms involved the central nervous system.

Of 190 pregnant cases, 148 were asymptomatic, while 28 suffered a foetal loss or stillbirth. The dataset also included 33 congenital cases, of which 29 mother-child pairs were included in the dataset.

The UK Advisory Committee on the Microbiological Safety of Food published a risk profile in 2012 on *T. gondii* in the food chain.<sup>18</sup> It was estimated that 350,000 people in the UK become infected with *T. gondii* each year, of which 10-20% would be symptomatic. The importance of foodborne transmission in terms of burden of disease was inferred from the studies in the USA and Netherlands. The limited data on the prevalence and concentration of *T. gondii* contamination in meat and other foods was noted, along with the effect of control measures such as salad washing, milk fermentation, and curing.

#### 9.2.2.4 France

A catalytic model was used to estimate the incidence, seroprevalence and seroconversion of *T. gondii* infection amongst women of childbearing age, from 1980 and extrapolating to 2020 (Nogareda *et al.*, 2014). For women 20 years of age, the incidence of *T. gondii* infection was estimated to decrease from 14/1000 susceptible population in 1980 to 3/1000 susceptible population in 2020. Similar decreases in incidence were estimate for other ages, with a 78% decrease in incidence from 1980 to 2020. The incidence of seroconversion in 2010 was estimated to be 2.5/1000 susceptible pregnant women.

#### 9.2.2.5 Ireland

Mothers of congenital toxoplasmosis cases ( $n = 15$ ) were interviewed to determine knowledge of and exposure to potential risk factors (Ferguson *et al.*, 2011). Seventy-three percent of mothers reported a lack of knowledge of risk factors for toxoplasmosis. Consumption of raw or undercooked meat during pregnancy was the predominant source of exposure to *T. gondii* cysts identified. Only one case reported contact with cats.

### 9.2.3 Sporadic Cases

Toxoplasmosis is usually asymptomatic or results in mild, self-limiting symptoms in immunocompetent adults.

A previously healthy 20 year old male presented with simple lymphadenopathy (swollen lymph nodes) (Taila *et al.*, 2011). The patient was otherwise asymptomatic. The symptoms did not resolve following a course of antibiotic treatment. After more detailed investigation, the patient indicated they had consumed a raw meat dish (beef or lamb) approximately one month previously. Blood tests revealed that the patient was seropositive for both IgG and IgM *T. gondii* antibodies.

A 16 year old girl was diagnosed with acute toxoplasmosis (Vitale *et al.*, 2014). The patient was suffering from fever, weakness, and body aches and presented with a swollen lymph node in the submandibular region. The patient was seropositive for both IgG and IgM *T. gondii* antibodies. The infection resolved within 8 months. The patient reported having tasted raw sausage, prepared from a backyard-raised pig. PCR analysis of the sausage showed evidence of *T. gondii* DNA.

<sup>18</sup> <http://www.food.gov.uk/news-updates/news/2012/5298/toxoplasma> accessed 22 April 2015

#### 9.2.4 Outbreaks

Outbreaks of toxoplasmosis are rarely reported.

During December 2003 and January 2004, five adults, including two pregnant women, were hospitalised with multivisceral toxoplasmosis in a village in Suriname (South America) (Demar *et al.*, 2007). Amongst hospitalised cases, one fatality occurred as well as death of a foetus and a newborn associated with the two pregnant cases. A further three symptomatic cases and three asymptomatic cases were identified in the village, by serology and PCR. *T. gondii* was isolated from five cases and the isolates were found to be indistinguishable using genotypic techniques. While a number of risk factors for toxoplasmosis were present in the village environment, no source/cause of the outbreak was identified.

In 2010, 3 confirmed cases of toxoplasmosis in the same family were reported in France (Ginsbourger *et al.*, 2012). A meal including undercooked leg of lamb was implicated as the cause of the outbreak. *T. gondii* was isolated from the lamb meat.

A retrospective cohort study was conducted in the USA using medical records to examine instances where family members of acute toxoplasmosis cases were also tested for *T. gondii* infection (Contopoulos-Ioannidis *et al.*, 2013). Of 32 families identified, that met the study criteria, 18 (56%) included at least one other member who was found to have acute toxoplasmosis or recently acquired *T. gondii* infection. In all cases the serological characteristics of the additional family member were sufficiently similar to the index case to suggest a common source exposure. Commonly risk factors for family cases were identified for 9 of the 18 familial groups. Consumption of red meat was an identified risk factor in 7 instances. This study suggests that familial outbreaks of toxoplasmosis may be under-recognised.

#### 9.2.5 Case-control studies investigating red meat and meat product consumption as a risk factor

A case-control study (148 cases, 413 controls) of toxoplasmosis cases, carried out in the USA, found significant adjusted odds ratios for (Jones *et al.*, 2009):

- Eating raw ground beef
- Eating rare lamb
- Eating locally-produced cured, dried or smoked meat
- Working with meat
- Drinking unpasteurised goats' milk, and
- Having three or more kittens

A separate model also found a significant risk associated with eating shellfish (Jones *et al.*, 2009). The highest attributable risks were associated with eating locally produced cured, dried or smoked meat (22%) and eating rare lamb (20%). Eating raw ground beef had an attributable risk of 7%.

A case-control study (175 cases, 278 controls) of mothers of children with congenital toxoplasmosis, carried out in Minas Geiras state, Brazil, found significantly elevated odds ratios for (Carellos *et al.*, 2014):

- Cats in the neighbourhood

- Owning or visiting homes with domestic cats
- Handling soil, and
- Eating fresh meat not previously frozen

Homes with a flush toilet and access to a treated water supply were found to be protective factors.

Case-control methodology was used to examine a cluster of acute toxoplasmosis cases in São Paulo state, Brazil (Jaguaribe Ekman *et al.*, 2012). After exclusions, 11 cases and 20 controls were interviewed. Consumption of green vegetables, but not meat or water, was significantly associated with acute toxoplasmosis.

A case-control study (30 cases, 224 controls) of laboratory-confirmed acute toxoplasmosis cases, carried out in Taiwan, found significantly elevated odds ratios for (Chiang *et al.*, 2014):

- Raw clam consumption
- Having a cat in the household
- Having HIV infection

Under-cooked meat (beef, pork and lamb) consumption was not a significant risk factor in this study, although the number of cases and controls who had eaten undercooked lamb and pork was small.

A case-control study of women of childbearing age (53 cases) in Serbia compared seropositive women to seronegative controls (Bobić *et al.*, 2007). Significantly elevated risk ratios were identified for:

- Consumption of undercooked meat, and
- Exposure to soil

When undercooked meat type was further examined, only consumption to beef had a significant elevated risk ratio.

### 9.3 Risk Assessment and Other Activities Overseas

#### 9.3.1 Risk assessments considering *T. gondii* in red meat or red meat products

An Australian study conducted a qualitative risk assessment of the survival of *T. gondii* cysts in ready-to-eat (RTE) processed meat products (Mie *et al.*, 2008). Raw meat types were categorised according to the likelihood of containing *T. gondii* cysts. Literature information on the effectiveness of various processing steps for *T. gondii* cyst inactivation was then considered. It was concluded that the processes that may be most effective in inactivating *T. gondii* cysts were freezing, heat treatment, cooking, and the interaction between salt concentration, maturation time and temperature.

QMRA was used to quantify the relative contributions of sheep, beef and pork products to human *T. gondii* infections in the Netherlands (Opsteegh *et al.*, 2011a). The model used predicted that approximately two-thirds of meat-related *T. gondii* infections are due to consumption of beef products, despite the model employing a low prevalence figure (2%) for *T. gondii* contamination of beef. Forty percent of all predicted infections were estimated to be due to consumption of meat products that were not heated prior to consumption. When mincing

of meat was included in the model the predicted number of infections increased by a factor of seven and the contribution of beef products to total infections increased to 85%. It should be noted that this risk assessment predicts approximately 20 times the number of new cases of congenital toxoplasmosis per year as estimated from the observed incidence of IgM antibodies in newborns in the Netherlands (Kortbeek *et al.*, 2009)

### 9.3.2 Risk ranking of public health hazards associated with meat

As part of a review of meat inspection systems in the European Union (EU), biological hazards occurring in small ruminants (sheep and goats) that may be transmitted to humans were identified and ranked (EFSA, 2013a). The ranking process considered the prevalence and severity of the human health effects, and the evidence supporting a role for meat from small ruminants as a risk factor for human disease. This process resulted in classification of *T. gondii* as high priority, along with pathogenic verocytotoxin-producing *Escherichia coli*. *Bacillus anthracis*, *Campylobacter* spp. and *Salmonella* spp. were classified as low priority.

An equivalent process for farmed game animals ranked *T. gondii* as high priority for deer and wild boar (EFSA, 2013c), while for bovine animals a priority could not be determined for *T. gondii*, due to a lack of information on the role of beef consumption as a risk factor for human toxoplasmosis (EFSA, 2013b).

## 9.4 Burden of Disease due to Toxoplasmosis

### 9.4.1 Worldwide/global

A systematic review of the scientific literature was carried out to determine the global burden of congenital toxoplasmosis (Torgerson and Mastroiacovo, 2013). The global annual incidence of congenital toxoplasmosis was estimated to be 190,100 cases (95<sup>th</sup> percentile credible interval 179,300-206,300), with approximately one-third of cases in Africa. The region with the highest rate (cases per 1000 live births) was Central America (3.4 cases per 1000 live births, 95<sup>th</sup> percentile credible interval 2.5-4.1), while the lowest estimated rates of congenital toxoplasmosis were in Western Europe, North America and 'Western Pacific region A' (Australia, Brunei, Japan, New Zealand, Singapore) (0.6 cases per 1000 live births). The global burden of congenital toxoplasmosis, expressed in disability-adjusted life years (DALYs) was 1.2 million (95<sup>th</sup> percentile credible interval 0.76-1.90 million DALYs).

### 9.4.2 Australia

It was estimated that 3750 cases of acute foodborne toxoplasmosis occur in Australia each year (Kirk *et al.*, 2014). An expert elicitation estimated that foodborne transmission accounted for 31% (90<sup>th</sup> percentile credible interval 4-74%) of total acute toxoplasmosis cases (Vally *et al.*, 2014).

### 9.4.3 Canada

The estimated incidence of seropositivity to *T. gondii* derived for the USA (Jones *et al.*, 2007; Scallan *et al.*, 2011) was used to estimate the number of domestically-acquired foodborne cases of toxoplasmosis in Canada (Thomas *et al.*, 2013). Assuming that 3% of toxoplasmosis cases are travel-related and 50% are due to foodborne transmission, it was estimated that 9132 (90<sup>th</sup> percentile credible interval 6953-11628) domestically-acquired foodborne cases of



toxoplasmosis would have occurred in Canada in 2006. *T. gondii* infections were the 11<sup>th</sup> highest contributor to the total case burden of domestically-acquired foodborne disease in Canada and the highest ranked parasitic disease.

Since the study above, an expert elicitation process to estimate attribution of foodborne transmission for enteric pathogens for Canada has been published (Butler *et al.*, 2015). The estimate for foodborne toxoplasmosis was 51.4% (90% credible interval 8.8 – 82.7%).

#### 9.4.4 Greece

An estimate of the burden of foodborne disease in Greece included assessment of toxoplasmosis (Gkogka *et al.*, 2011). The annual incidence of toxoplasmosis was estimated to be 3.4 cases per million population, with a case fatality rate of 3.8%. It was estimated that 50% of toxoplasmosis cases were due to transmission through food. The burden of toxoplasmosis, expressed in terms of disability-adjusted life years (DALYs), was 23 DALYs per million population. This was the fifth largest contribution to the overall burden of foodborne disease, after brucellosis, ill-defined intestinal infections, echinococcosis and salmonellosis.

#### 9.4.5 Nepal

Based on data from a systematic review, it was estimated that 1396 ((5<sup>th</sup> percentile credible interval 1058-1780) incident cases of congenital toxoplasmosis would occur in Nepal each year, with approximately half of the cases being symptomatic (Devleeschauwer *et al.*, 2014). The annual burden of disease due to congenital toxoplasmosis was estimated to be 9255 (95<sup>th</sup> percentile credible interval 6135-13,292) DALYs. This was less than the burden estimate for neurocysticercosis, but an order of magnitude greater than the burden due to cystic echinococcosis.

#### 9.4.6 Netherlands

A study to estimate the disease burden of foodborne pathogens in the Netherlands concluded that disease due to *T. gondii* infection was the single greatest contributor to the overall burden, as measured by DALYs (Havelaar *et al.*, 2012). The total DALYs estimate for *T. gondii* was 3620, with the majority of the DALYs due to sequelae to the acute infection (chorioretinitis, intracranial calcifications, hydrocephalus and central nervous system abnormalities). The burden of disease due to congenital toxoplasmosis was estimated to be about twice that of acquired toxoplasmosis. The incidence of congenital toxoplasmosis was estimated from analysis of 10,008 dried blood spot filter paper cards from babies born in 2006 in the Netherlands for *T. gondii*-specific IgM antibodies (Kortbeek *et al.*, 2009). The estimated incidence of congenital toxoplasmosis was 1.8 cases per 1000 live births, with an associated DALY burden of 2300 DALYs. The next greatest contributors to the burden of disease due to foodborne pathogens were *Campylobacter* spp. and rotavirus. Foodborne transmission was estimated to account for 55% of the total burden of disease due to *T. gondii* infection, with red meat and red meat products estimated to account for 72% of foodborne transmission.

An update of this study for the 2011 year gave a similar estimate of the DALY burden (3570 DALYs) and estimated that the annual cost of toxoplasmosis in the Netherlands was €54.9 million (Mangen *et al.*, 2015).

#### 9.4.7 USA

The annual incidence of acquired toxoplasmosis was estimated from seroprevalence studies (Jones *et al.*, 2007). By applying a proportion of 15% of seropositive cases as symptomatic cases (Scallan *et al.*, 2011), it was estimated that 173,415 (90<sup>th</sup> percentile credible interval 134,593-218,866) new symptomatic cases occur each year, with 50% of cases due to transmission of the parasite from food. A hospitalisation rate of 2.6% was estimated, resulting in 8889 (90<sup>th</sup> percentile credible interval 5383-13,203) estimated hospitalisations per year. It was estimated that 656 (90<sup>th</sup> percentile credible interval 409-952) fatalities would occur due to *T. gondii* infections. *T. gondii* infection was estimated to be the greatest contributor to domestically acquired foodborne disease due to parasites, although the number of cases estimated to be due to parasitic infections was an order of magnitude less than the estimates of disease cases due to bacterial or viral infections.

Using the same base data (seroprevalence) it was estimated that 1,075,242 people are infected with *T. gondii* in the USA each year (Jones and Holland, 2010). It was estimated that ocular toxoplasmosis lesions would occur in 2% of these cases, giving an estimate for the number of cases with ocular lesions per annum of 21,505. Using data from a large waterborne toxoplasmosis outbreak in British Columbia (Bowie *et al.*, 1997), it was estimated that 0.2-0.7% of infections would result in symptomatic retinitis, giving an annual estimate of symptomatic ocular toxoplasmosis for the USA of 2150–7527 cases.

Analysis of records for 521,655 live births during a 15 year period in a region of Northern California identified 2 cases of congenital toxoplasmosis, equating to a rate 3.8 cases per million live births (95<sup>th</sup> percentile confidence interval 1.5-9.2) (Jones *et al.*, 2014b). No infant deaths due to congenital toxoplasmosis were recorded during the same period.

Deaths due to toxoplasmosis (underlying or associated cause of death) were reviewed for the period 2000-2010 (Cummings *et al.*, 2014). In total 789 toxoplasmosis-related death were identified, with 271 due to toxoplasmosis encephalitis, 112 caused by other organ involvement, 71 due to congenital toxoplasmosis, 22 due to pulmonary toxoplasmosis and less than five deaths due to toxoplasma oculopathy. The greatest number of deaths ( $n = 240$ ) were in the age range 35-44 years. Relative rates of death due to toxoplasmosis were greater for Black or Hispanic race/ethnicity and less for Asian/Pacific Islander and Native American, compared to white/Caucasian. Deaths per year decreased from 127 in 2000 to 44 in 2010. HIV infection was the co-morbid condition most commonly listed on death certificates ( $n = 440$ , 56%), followed by heart disease ( $n = 171$ ). It was estimated that the 789 deaths represented 26,186 years of productive life lost (YPLL). Total productivity losses due to toxoplasmosis mortality in the period 2000-2010 was estimated to be \$814.5 million.

Encephalitis hospitalisations and deaths were reviewed for the period 2000-2010 (George *et al.*, 2014). Of 48,596 encephalitis hospitalisations, 1416 (2.9%) were toxoplasmosis-related. The toxoplasmosis-specific hospitalisation rate for encephalitis decreased at an average of 8.4% across the study period (2000 to 2010). Age-specific rates for toxoplasmosis-related encephalitis was greatest for the age range 30-49 years. Mortality occurred in 8.8% of toxoplasmosis-related encephalitis cases, compared to 5.6% for all encephalitis cases.

A burden of disease estimate in DALYs for the USA was published in 2015 (Scallan *et al.*, 2015). Drawing on previously published estimates of incidence, the health states included were:



- Toxoplasmosis congenital: neonatal death; central nervous system abnormalities; intracranial calcification; hydrocephalus; chorioretinitis, onset soon after birth; chorioretinitis, onset later in life
- Toxoplasmosis acquired: mild, not hospitalised and recovered; severe, hospitalised and recovered; death; chorioretinitis.

The proportion of toxoplasmosis cases attributed to a foodborne source was 50%. The total number of DALYs was estimated as 32, 700, which was second only to non-typhoidal *Salmonella* (32, 900 DALYs). Stillbirths were excluded from the study.

## APPENDIX 3: CONTROL MEASURES IN OTHER COUNTRIES

### 9.5 Control of Infections in Animals

#### 9.5.1 Prophylactic use of antibacterials

Sulfadimidine (4 doses of 33 mg/kg body weight, intramuscular, administered over 48 hours) administered to pregnant goats in the fourth month of gestation was used as a preventative measure against *T. gondii*-associated abortion (Giadinis *et al.*, 2013). The measure was effective in decreasing the rate of abortion in two goat herds from 20% to 1.25% and from 11% to 0%. PCR analysis of brain smears was used to confirm *T. gondii* as the cause of abortions that did occur.

Lambs (4 weeks old) experimentally infected with *T. gondii* were treated with the coccidiostat toltrazuril at weekly doses of 20 or 40 mg/kg, from 15 to 90 days post infection (Kul *et al.*, 2013). On study day 90, treated and control lambs were necropsied and brains and 11 muscle groups were examined for presence of cysts. All control animals had cysts in at least one muscle group, while 44% of animals in each toltrazuril dose group did not contain cysts in any examined tissue. The number of cysts observed was also significantly greater in the control groups than either of the treatment groups.

#### 9.5.2 Vaccination

Vaccines have been developed for *T. gondii* infection control in stock animals.

Toxovax® is a vaccine for *T. gondii* infection, based on the S48 strain of *T. gondii*.<sup>19</sup> The S48 strain is incomplete and is not able to form tissue cysts or oocysts (Katzner *et al.*, 2014)

A seroprevalence study in sheep in Scotland found no significant difference in *T. gondii* seropositivity between animals from farms that reported using a vaccine (Toxovax®) and those that reported not using the vaccine (Katzner *et al.*, 2011). Given that the vaccine contains a live attenuated form of the parasite and is intended to elicit a humoral response, it is not possible to draw any useful conclusions from these seropositivity results.

Lambs were vaccinated with the S48 *T. gondii* strain and then vaccinated and unvaccinated lambs were challenged with a live oral dose of a complete strain (Katzner *et al.*, 2014). While not stated in the study, the vaccine used was probably Toxovax® or, at least, the same *T. gondii* strain incorporated into Toxovax®. Parasite DNA was found significantly less frequently in the vaccinated group (0.0% in heart tissue and 5.9% in skeletal muscle) than in the control group (75.0% in heart tissue and 87.9% in skeletal muscle). Control animals exhibited more frequent lesions in muscles and the central nervous system than vaccinated animals.

#### 9.5.3 Farm construction factors

Seroconversion (seronegative animals becoming seropositive) was examined in seronegative feedlot sheep kept on either raised slatted floors or floor pens in a study carried out in Yucatan, Mexico (Hernández-Cortazar *et al.*, 2014). In floor pens, animals were directly in contact with soil. At the end of the fattening period (120 days), 9.6% of animals housed on raised slatted

<sup>19</sup> [http://www.msds-animal-health.co.uk/Products\\_Public/Toxovax/Datasheet.aspx](http://www.msds-animal-health.co.uk/Products_Public/Toxovax/Datasheet.aspx) Accessed 28 January 2015

floors had seroconverted, while 42.3% of animals in floor pens had seroconverted. The relative risk of an animal in a floor pen seroconverting was 5.7 (95<sup>th</sup> percentile confidence interval 2.5-13.7).

#### 9.5.4 Pest management

The role of rodents in transmission of *T. gondii* to pigs was investigated in a study in the Netherlands (Kijlstra *et al.*, 2008). A 4-month rodent control programme was carried out on three farms in a 7-month seroprevalence study, with seroprevalence assessed by real-time PCR. The rodent control programme was associated with a decrease in overall seroprevalence in pigs across the three farms from 10.9% to 3.3%. Two months after cessation of the rodent control programme seroprevalence had increased to 5.3%. Rodent control measures included trapping and baiting.

#### 9.5.5 Measures at the abattoir

An assessment of microbial hazards and abattoir hygiene and inspection procedures concluded that these measures were generally ineffective for control of *T. gondii* infections in beef and pig meat (Blagojevic and Antic, 2014). This is consistent with conclusions reached by EFSA; that physical inspection of carcasses is ineffective for detection of *T. gondii* and current testing methods are insufficiently sensitive and are time consuming (EFSA, 2011; 2013a). It was also noted that, as *T. gondii* contamination cannot be passed from carcass to carcass, there is no advantage in segregating contaminated from non-contaminated carcasses. It was concluded that the best means of controlling *T. gondii* contamination was through a physical process, such as freezing.

#### 9.5.6 Integrated approaches

An EFSA review concluded that a food safety assurance process for meat from small ruminants, to control *T. gondii* contamination, required an integrated approach involving farm-level and abattoir-level controls (EFSA, 2013a). Recommended measures specific to *T. gondii* include:

- Vaccination of cats, to reduce environmental loading of *T. gondii*, and vaccination of small ruminants to reduce infection and meat contamination.
- Serological surveillance and monitoring, preferably at the slaughterhouse. Due the high prevalence of seropositive herds/flocks, it was suggested that identification of seronegative flocks would be more useful. For example, meat from herds/flocks raised exclusively indoors, with good biosecurity and testing seronegative could be targeted to at-risk population groups or higher risk food products.
- Use of physical processes to control *T. gondii* in meat. Freezing was considered to be the most practical option.

A parallel review addressing farmed game reached similar conclusions (EFSA, 2013c).