



Packaging and labelling your food

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Know

What do you need to know?

- You don't have to label your food if your food is:
 - not packaged,
 - made, packaged and sold in the same premises,
 - packaged in front of your customer,
 - whole or fresh cut fruit and vegetables (except for if you sell sprouts),
 - ready-to-eat food which is delivered to your business already packaged and ready to sell as is,
 - sold at a fundraising event,
 - displayed in a service cabinet which your customer doesn't have access to.
- Even if your food doesn't have to be labelled you must be able to tell your customers or display:
 - what's in the food,
 - any warning statements,
 - if the food is made from or contains genetically modified ingredients or irradiated foods.
- Food that is made in one premises and packaged in another premises must be labelled. Foods that are labelled must meet the rules about labelling in the Code.
- MPI has developed a guide to help you create your food label. Follow 'A guide to food labelling'
<http://www.mpi.govt.nz/document-vault/2965>

D**Do****What do you need to do?**

- If your food must be labelled you must include:
 - name of the food,
 - lot/batch identification,
 - name and address of your New Zealand or Australian business,
 - any applicable advisory statements, warning statements and declarations,
 - conditions for storage and use,
 - ingredients list,
 - date marking (e.g. use-by, best before etc.),
 - nutrition information panel,
 - information about nutrition, health and related claims (only if you've made a claim),
 - information about characterising ingredients and components,
 - if the product is or has been made with genetically modified foods or irradiated foods .
- Keep details of the ingredients you use in your food.
- Label your foods correctly, for your staff and for your customers.
- Use food safe packaging and packaging accessories (e.g. clips) to keep bugs and allergens out of food.

S**Show****What do you need to show?**

- Show your verifier:
 - how you know what information to include on your food labels,
 - your food labels.