

An assessment of available information on raw milk cheeses and human disease 2000–2010

MAF Technical Paper No: 2011/58

A report prepared for the Ministry of Agriculture and Forestry by Dr William F Hall Professor Nigel French

ISBN 978-0-478-38457-4 (online) ISSN 2230-2794 (online)

April 2011







Requests for further copies should be directed to:

Publication Adviser MAF Information Bureau P O Box 2526 WELLINGTON

Telephone: 0800 00 83 33 Facsimile: 04-894 0300

This publication is also available on the MAF website at www.foodsafety.govt.nz/elibrary

© Crown Copyright, 2011 - Ministry of Agriculture and Forestry



An assessment of available information on raw milk cheeses and human disease 2000–2010

April 2011

A report prepared for the Ministry of Agriculture and Forestry by

Uy

Dr William F Hall Professor Nigel French

^mEpiLab, Hopkirk Research Institute Institute of Veterinary, Animal and Biomedical Sciences College of Sciences Massey University New Zealand Email - N.P.French@massey.ac.nz Phone - +64 (06) 356 9099 extn 81188 Fax - +64 (06) 350 5714



Contents

Executive summary	2
List of tables	3
1 Introduction	4
2 Materials and methods	5
3 Results	5
4 Summary	6
5 References	28

Executive summary

Disease outbreaks associated with the consumption of raw milk cheeses continue to occur around the world despite the warnings of public health officials, as evidenced by the material reviewed in this report.

Fifteen databases were searched using the search terms 'cheese' or 'raw milk cheese'. Each report was given a value based on the evidence to support the value of the report.

A total of 41 reports of all types were found which covered more than 50 outbreaks related to raw milk cheese consumption. In many cases, the human illness resulted from the failure to implement basic hygiene measures during cheese manufacture, or the consumption of cheese illegally produced or imported.

List of tables

Table 1.	Brucella spp	7
Table 2.	<i>E. coli</i> O157:H7	11
Table 3.	Campylobacter spp	13
Table 4.	Tick-borne encephalitis virus.	15
Table 5.	Listeria monocytogenes	16
Table 6.	Mycobacterium bovis	20
Table 7.	Salmonella spp.	21
Table 8.	Staphylococcus and Streptococcus spp	26

1 Introduction

This study was undertaken at the request of the New Zealand Food Safety Authority/Ministry of Agriculture and Forestry to update the raw milk cheese component of a previous study of human disease associated with raw milk and raw milk products, titled 'A systematic review of the human disease evidence associated with the consumption of raw milk and raw milk cheeses' (Jaros et al. 2008).

The Jaros study assessed a large number of reports and classified each one as a Type 1 or Type 2 study (see definitions, page 5 footnote Jaros et al.) to determine its suitability for further assessment (the internal validity of the report). Those reports Jaros et al. deemed unsuitable for assessment (Type 2 studies) were not examined beyond that point, but are considered in this report.

This current study did not carry out a systematic evaluation of new material that became available after August 2008 (as per the Jaros et al. report). This study reports on case material dating from 1 January 2000 up to 31 December 2010, in which raw milk cheeses were implicated in human disease. This case material includes peer-reviewed scientific papers, reports, press releases and relevant recall notices. Forty one documents were retrieved and assessed and included in the data tables. All available information has been tabulated and an overall assessment of the value of the individual reports given, based on several criteria.

Despite ongoing warnings by regulatory agencies in many countries, disease outbreaks directly attributable to the consumption of cheese manufactured from raw (non-pasteurised) milk continued to occur over the period under study. In most outbreaks, contamination of the cheese after manufacture was not identified. Multi-national outbreaks were noted to rarely occur, and when they did, were often associated with the export of cheeses, particularly within the European Union, or the illegal importation of soft cheeses, for example, cheese manufactured in Mexico and consumed in the USA. Several cases of consumption of a cheese in one country and a subsequent diagnosis of disease in another were noted, all involving *Brucella melitensis*.

In many instances, most notably in the USA, the disease outbreak could be attributed to the failure to implement sanitary measures as required by regulatory authorities where the sale of raw milk and raw milk products was permitted.

2 Materials and methods

The definition of a disease outbreak was obtained from the New Zealand *Disease Outbreak Manual* (2002), namely:

An epidemic limited to a localised increase in the incidence of a disease, such as in a village, town, or closed institution.

However, in some reports, the disease was limited to one or two persons in a family that had been exposed to a raw milk cheese, particularly so for cases of brucellosis.

The following databases were searched using the search terms 'cheese' or 'raw milk cheese', if possible limiting the results to the period 1 January 2000–31 December 2010:

PubMed	Google Scholar	Scopus
Web of Knowledge	CDC (MMWR Weekly)	Eurosurveillance
FDA Recall Notices	Food Safety Agency (UK)	Centre for Science in the Public Interest
Canadian Food Inspection Agency	Ozfoodnet	WHO (<u>www.who.int/gfn/en</u>)
EnterNet	Foodpoisonjournal www.foodpoisonjournal.com.	US State Government websites

Information was solicited from the state epidemiologist for several US states and, if possible, authors of particular published papers. Several websites listed outbreaks, but the source of the information was not fully identified so that further information could not be obtained. In several cases, internet sites were no longer active.

3 Results

A listing of all documents examined is set out in the References section of this report. In some cases the publication date of the journal was after 1 January 2000, but the outbreak occurred in the late 1990s—these reports have not been included.

The quality of the reports varied considerably, ranging from well conducted retrospective case-control studies to press releases based on reports of a single possible case that had not been fully investigated. Sometimes, an outbreak which led to an initial report in Morbidity and Mortality Weekly Report (MMWR) would be reported several years later in a peer-reviewed journal. In several instances, local recalls due to a reported illness, for example those initiated by the US Food and Drug Administration, were not covered further in identified literature.

As expected, all disease investigations were initiated as a result in an increased incidence of disease, or increasing numbers of isolations, or identifications of a particular pathogen or of a previously rarely reported pathogen. This was followed up by either a detailed case control study, or simply an investigation into the cause of the disease outbreak, and/or a search for more cases. The last situation occurred when brucellosis was diagnosed in a single person and subsequently found in other asymptomatic but serologically positive persons.

Tables 1–8 provide the relevant information extracted from each report. Each report has been given a 'score' based on the strength of the evidence to assess the value of the report. The evidence was assessed using 4 criteria:

- 1. Epidemiological and laboratory evidence
- 2. Clinical evidence and/or symptoms
- 3. Isolation of the agent from the case and/or the suspected source
- 4. A calculated Odds Ratio or Relative Risk.

The values given to the evidential scores were 3 (highest) to 1 (lowest). Documents meeting all the 4 evidence criteria were scored 3, whilst a press recall notice would score 1 because such notices were often based on limited clinical evidence. Scores are based on current reports, and based on past experience; some of the most recent outbreaks may 'grow' in future reports following more detailed investigations or simply the completion of an ongoing investigation.

4 Summary

Disease outbreaks associated with the consumption of raw milk cheeses continue to occur around the world despite the warnings of public health officials, as evidenced by the material reviewed in this report.

Fifteen databases were searched using the search terms 'cheese' or 'raw milk cheese'. Each report was given a value based on the evidence to support the value of the report.

A total of 41 reports of all types were found which covered more than 50 outbreaks related to raw milk cheese consumption. In many cases, the human illness resulted from the failure to implement basic hygiene measures during cheese manufacture, or the consumption of cheese illegally produced or imported.

Table 1. Brucella spp.

Mendez et al. Eurosurveillance 8 (7) Article 421 Year: 2003								
Agent isolated	Type of cheese	Where agent isolated from	No. people involved	Report type	Score	Comments		
Brucella melitensis	Unpasteurised goat cheese	Agent not isolated from cheese.	Eleven cases confirmed; no suspects, no	Journal article (case control)	3	Outbreak Spain January–March 2002		
serovar 3. Agent was serotyped in clinical specimens collected from cases.		Agent isolated from goat tissues and milk samples. Goats on the implicated farm were seropositive (November 2001 and April 2002).	fatalities. Cases were aggregated in 7 families.		OR 21.6 (95%CI 1.6–639.8) for cases having eaten cheese at a farm house located in the endemic area. Overall OR for cases having eaten unpasteurised goat cheese 37.4 (95%CI 3.18- 2201).	National (3 close communities) Cheese produced at a local farmhouse; 26 goats seropositive for <i>Brucella melitensis</i> April 2002.		

Al Dahouk et al. Eur J Clin Microbiol Infec Dis 24 450–456 Year: 2005									
Agent isolated	Type of cheese	Where agent isolated from	No. people involved	Report type	Score	Comments			
Brucella	Unpasteurised	Agent isolated	Thirty cases identified	Journal	2	Germany 2002–2003			
melitensis (30	goat and sheep	from blood	by blood culture (28	(retrospective		National			
cases) and	milk products	culture of human	cases travel-associated).	case study)		Infection acquired overseas (perhaps			
Brucella suis (1	consumed in	cases on return to	Thirty-two cases			in Turkey) by travellers. Study based			
case)	endemic	Germany from	diagnosed by serology.			on positive <i>Brucella</i> isolations by			
	countries.	overseas.	Review of records of 30			German Reference Laboratory.			
			cases revealed two peak						
			ages, 10–30 years (30%						
			of cases and > 50 years						
			of age (47% of cases						
			reviewed). No fatalities.						

laria et al. Emer Inf Dis 12: (12) 2001–2002 Year: 2006									
Agent isolated	Type of cheese	Where agent isolated from	No. people involved	Report type	Score	Comments			
Brucella	Sheep milk	Diagnostic	Twenty-nine reported	Letter to the	1	Italy 2003			
melitensis	cheese ('tuma'	method not	cases (18 cases were	editor (Case		Local occurrence Messina Province			
	and ricotta)	described.	members of 9 families).	report)		Cheese was consumed by clinical			
		Not known	Median age of child			cases at a live nativity scene where			
		whether the agent	cases (8/29) 10.5 years			fresh cheese from sheep milk was			
		was isolated from	range 6–13. Median age			produced and sold.			
		cheese.	of adults 42, range 16–			-			
			67. No fatalities.						

Celebi et al. Scandinavian Journal of Infectious Diseases 39: 205–208 Year: 2007									
Agent isolated	Type of cheese	Where agent isolated from	No. people involved	Report type	Score	Comments			
Brucella melitensis biovar 3	Goat cheese made from raw goat milk.	No cheese available for testing. Agent isolated from blood from all 4 cases and human breast milk from 1 asymptomatic	Four (2 asymptomatic), all members of the same family. Index case 10 year old boy. Parents of the boy, 37 year old father (symptomatic) and 34 year old mother, 12 year old sister to	Journal article (case report traceback)	2	Turkey. Date not specified but likely 2005. Local Infection acquired in Turkey.			
		case.	index case (asymptomatic). No fatalities.						

Jennings et al. Transactions of the Royal Society of Tropical Medicine and Hygiene 101:707–713 Year: 2007							
Agent isolated	Type of cheese	Where agent isolated from	No. people involved	Report type	Score	Comments	
Brucella spp.	Soft cheese or	Serological	A survey of patients	Journal article	2	Egypt 2002 and 2003	
diagnosis may	yoghurt made	diagnosis titre	presenting with acute	(retrospective		Local, Fayoum Governorate	
have been based	from	≥1:320	febrile illness resulted in	study based on		No milk products tested for the	
on serology	unpasteurised	(206/321cases), or	321 cases of brucellosis	identification		presence of Brucella spp.	
alone, or	milk	isolation from	in 2002/2003. One	of cases).			
isolation of <i>B</i> .	(presumably	blood culture	hundred and sixty of				
abortus or B.	cow or goat).	(115/321 cases).	186 cases identified in				
melitensis.	- /		2003 had consumed soft				
			cheese or yoghurt.				
			Median age of all cases				
			was 25 years. Seventy				
			per cent of all cases				

Jennings et al. Transactions of the Royal Society of Tropical Medicine and Hygiene 101:707–713 Year: 2007									
Agent isolated	Type of cheese	Where agent isolated from	No. people involved	Report type	Score	Comments			
			were males.						
Farina et al. Le	Farina et al. Le Infezioni in Medicina n. 3, 154-157 Year: 2008								
Agent isolated	Type of cheese	Where agent isolated from	No. people involved	Report type	Score	Comments			
Brucella melitensis	Sheep milk cheese (pecorino) imported from an endemic area of Italy.	Unknown whether agent isolated from cheese. In 2 clinical cases, <i>B. melitensis</i> was cultured. Three other cases were seropositive.	Five cases limited to members of 1 household. Index case 29 years old. No other suspects and no fatalities.	Journal article in Italian. Summary in English only (translation of the article now available). Case study.	2	Italy August 2005 Local occurrence, Treviso Province Cheese imported from an endemic area of Italy.			

Table 2. *E. coli* O157:H7

Honish et al. Can J Pub Hlth 96:3:182–184 Year: 2005								
Agent isolated	Type of cheese	Where agent isolated from	No. people involved	Report type	Score	Comments		
<i>E. coli</i> O157:H7	Unpasteurised gouda cheese made from cow milk.	Agent isolated from cheese. All on-farm milk tests were negative for <i>E. coli</i> O157:H7.	Thirteen cases. Median age 26 years, range 22 months –73 years. Seventy-seven per cent of the cases were female. Twelve of 13 clinical cases reported eating cheese from the implicated manufacturer. Two cases aged 22 months	Journal article, case report	2	Canada October 2002–February 2003 Local; Edmonton Alberta First case involving hard cheese in Canada.		
			and 4 years developed HUS. No fatalities.					

Espie et al. Epidemiol Infect 134: 143–146 Year: 2006									
Agent isolated	Type of cheese	Where agent isolated from	No. people involved	Report type	Score	Comments			
<i>E. coli</i> O157:H7	Unpasteurised cheese made from goat milk. Farm also made cow milk cheeses.	<i>E. coli</i> O157:H7 <i>stx2+, eae+</i> from 1 case only. <i>E. coli</i> O157:H7 <i>stx2+, eae+</i> from faeces of a cow on the farm.	Family cluster of 3 cases; adult male age unknown, boy 13 months and a girl aged 3. No fatalities.	Journal article, case report	2	France June 2004Local; cheese purchased from a farm.Cheeses also sold locally.First cases associated with raw goatmilk cheese in France.			

FDA News release 4 November 2010 (updated 24 November 2010) Year: 2010									
CDC Investigation Update 24 November 2010 Year: 2010									
Agent isolated	Type of cheese	Where agent isolated from	No. people involved	Report type	Score	Comments			
<i>E. coli</i> O157:H7	'Bravo Farms' Dutch Style Gouda Cheese made from raw milk (opened and unopened packages).	Agent isolated from cheese. Not reported whether the agent was isolated from milk.	Thirty-eight cases in 5 states as of 24 November 2010: AZ (19), CA (3), CO (11), NM (3) and NV (2). Median age 16 years, range 1–85 years. One case of HUS. No information concerning any other suspected cases and no fatalities reported.	News release relating to a product recall.	1	USA 2010 National outbreak, 5 states Product sold through a large retail outlet.			

FDA News relea	FDA News release 17 December 2010 Year: 2010							
Agent isolated	Type of cheese	Where agent isolated from	No. people involved	Report type	Score	Comments		
<i>E. coli</i> O157:H7	'Sally Jackson' cheeses as a possible source Cheese	Agent isolated from cases in Oregon and Washington states Agent not	Eight possible cases in Oregon and Washington states. Limited information on cheese consumption only 1	News release relating to a product recall and warning.	1	Oregon and Washington between September and November 2010 National, but geographically closely related (cheese distributed to 17 states in the USA)		
	type not specified	isolated from cheese.	case definitely ate 'Sally Jackson' cheese. Two suspect cases in Minnesota. No fatalities.			Whether the milk was contaminated, or contamination occurred post- production, is not clear.		

Table 3. Campylobacter spp.

California CD Brief dated 11 February 2004) Year: 2004							
Agent isolated	Type of cheese	Where agent isolated from	No. people involved	Report type	Score	Comments	
Campylobacter	Mexican soft	Only 3 stool	Eleven cases, 6 suspects	Communicatio	1	California outbreak October 10 2003	
spp. isolated	cheese ('queso	samples were	(17 attendees) at a pot	ns brief with		Local community	
from 1 case. In	fresco')	examined. One	luck dinner. No	limited		Cheese imported from Mexico 4 days	
later	imported from	sample was lost, 1	fatalities.	distribution		prior to serving at a pot luck dinner.	
examination of	Mexico.	sample was					
similar cheese		negative and 1					
from the same		positive.					
source, Listeria		Cheese was not					
monocytogenes		available for					
and L. innocua		testing.					
were isolated.							

MMWR Weekly January 2, 2009 57 (51&52); 1377–1379 Year: 2009								
Agent isolated	Type of cheese	Where agent isolated from	No. people involved	Report type	Score	Comments		
Campylobacter	Soft cheese	From clinical	Sixty-seven cases. A	Journal article,	2	Kansas October 2007		
jejuni	made from	cases only	total of 101 persons	case report		Local community		
	unpasteurised		reported eating cheese.		RR 13.9 for cases	Eating cheese at the fair was the only		
	milk.		Median age of cases 25		who ate cheese.	risk factor.		
			years, range 1–75 years.					
			41 cases were aged ≤ 15					
			years. Fifty-four per					
			cent of cases were					
			women. No fatalities.					

Washoe County Nevada Press release Year: 2010							
Agent isolated	Type of cheese	Where agent isolated from	No. people involved	Report type	Score	Comments	
Campylobacter	Mexican soft	Agent isolated	One case (child age	Press release	1	Nevada May 2010	
spp, no further	cheese ('queso	from cheese and	unknown) only			Local case	
identification	fresco') made	clinical case.	identified in this press			Cheese purchased from a door-to-	
provided in the	with		release. No other			door salesperson.	
press release.	unpasteurised		suspects and no			<u>^</u>	
	milk		fatalities.				

Holzmann et al. Emerg Infect Dis 15: (10) 1671–1673 Year: October 2009							
Agent isolated	Type of cheese	Where agent isolated from	No. people involved	Report type	Score	Comments	
TBEV infection	Mixed goat	Case diagnosis by	Six confirmed cases on	Journal article,	2	Austria July 2008	
confirmed by	and cow milk	serology.	the basis of serology.	case report		Local occurrence	
ELISA.	cheese.	One goat	Index case was a 43			Only one batch of cheese suspected	
	No samples	seropositive to	year-old male. Other			of being responsible for the	
	were available.	TBEV.	cases age range 7–65			transmission of the TBEV. Four pigs	
			years. One suspect case,			on the farm fed whey and goat milk	
			no fatalities.			also sero-positive.	

Table 5. Listeria monocytogenes

Boggs et al. MMWR 50 (26);560–562 Year: 2001							
Agent isolated	Type of cheese	Where agent isolated from	No. people involved	Report type	Score	Comments	
Listeria monocytogenes	Home-made Mexican-style	Agent isolated from cheese.	Twelve cases identified. No fatalities.	Report	1	North Carolina USA October 2000– January 2001	
	cheese					This case is further described by MacDonald et al. in <i>Clinical</i> <i>Infectious Diseases</i> 2005	
						Local outbreak	

Canadian Communicable Disease Report Volume 29–21 1 November 2003 Year: 2003							
Agent isolated	Type of cheese	Where agent isolated from	No. people involved	Report type	Score	Comments	
Listeria	Four types of	Agent isolated	Seventeen cases, 10	Report	2	Quebec 2002	
monocytogenes	cheeses made	from cheese and	females, 7 males. Mean			Local outbreak	
(pulsotype 85	from	clinical cases.	age 43 years. When 3			The production site was	
[cheese and	unpasteurised		newborns were			contaminated with soil during	
human cases])	cow milk		excluded, the mean age			renovations, and as a consequence	
and	(milk was		was 56 years. Two			contaminated with L.	
environment	heated but not		premature births. No			monocytogenes.	
	pasteurised).		fatalities.				

Carrique-Mas et al. Epidemiol Infect 130: 79–86 Year: 2003								
Agent isolated	Type of cheese	Where agent isolated from	No. people involved	Report type	Score	Comments		
Listeria	Locally	Agent isolated	Forty-eight cases	Peer-reviewed	2	Sweden 2001		
monocytogenes	manufactured	from all clinical	identified (2 cohorts	journal article		Local outbreak, cheese sold from a		
serotype 1/2a	cheeses with	cases, milk and	identified [one visited	(retrospective	RR 2.23 (95% CI	local farm		
	either raw cow	cheese.	the farm, the other	case control)	1.49 – 3.34) for	The Environmental Health Authority		
	or raw goat		identified by local		cow milk cheeses.	deemed the cheese and butter as the		
	milk from a		doctors]). Average age		Poor choice of	source of the outbreak.		
	summer farm		52 years, range 2–85		controls			
			years. Severity of illness					
			was dose-related. No					
			fatalities.					

MacDonald et al. Clinical Infectious Diseases 40:677–82 Year: March 2005								
Agent isolated	Type of cheese	Where agent isolated from	No. people involved	Report type	Score	Comments		
Listeria monocytogenes	Home-made Mexican-style cheese using milk from a single source.	Agent isolated from clinical cases, milk (a single dairy) and cheese.	Thirteen cases (12 women, 11/12 pregnant). All were of Hispanic origin. Median age of the women was 21 years, range 18–38 years. Of the 11 pregnant cases, there were 5 stillbirths, 3 premature births and 3 infected newborns. Five fatalities (stillbirths).	Journal (case control)	3 Matched OR 17.5 (95% CI 2.0 – 152.5) if cheese bought from door- to-door vendor.	Reports the findings of <i>MMWR</i> Vol. 50, July 6 2001, No. 26: 560–562 outbreak occurred between October 2000 and January 2001. Local US State of North Carolina Contaminated raw milk sold to unlicensed cheese makers.		

Makino et al. Int J Food Microbiol 104: 189–196 Year: 2005							
Agent isolated	Type of cheese	Where agent isolated from	No. people involved	Report type	Score	Comments	
Listeria	Cow milk	Agent isolated	Eighty-six cases	Peer-reviewed	2	Japan 2001	
serotype 1/2b	primary author	clinical cases.	clinical signs. No	(investigation)		First reported case of food-borne	
isolated from	of this paper, when		fatalities.			listeriosis in Japan	
and	contacted,						
environment.	indicated that						
	had been						
	pasteurised).						

Bille et al. <i>Eurosurveillance</i> Volume 11, Issue 6, 01 June 2006 Year: 2006							
Agent isolated	Type of cheese	Where agent isolated from	No. people involved	Report type	Score	Comments	
Listeria	'Tomme', a	Agent isolated	Ten cases, 2 suspect	Journal article	2	Switzerland 2005	
monocytogenes	local soft	from several	cases. Male cases age	(investigation)		Local outbreak	
serotype 1/2a	cheese made	cheese samples	range 70–72, pregnant			Unlikely that the milk was	
	from skim	and all clinical	women age 23 and 26			pasteurised	
	milk, produced	cases.	years old. Older women				
	by one local		59–82 years of age.				
	manufacturer.		5 fatalities: 3 deaths in				
			older cases, 2 cases of				
			septic abortion.				

FDA press release Year: 2010							
Agent isolated	Type of cheese	Where agent isolated from	No. people involved	Report type	Score	Comments	
Listeria	'Queso fresco'	No information	One case linked to the	Press release	1	USA Washington State 2010	
monocytogenes	fresh cheese		cheese	related to		Local	
				product recall		Very limited information in the	
						release	

Fretz et al. <i>Eurosurveillance</i> 15 (16): Article ID 19543 Year: 22 April 2010							
Agent isolated	Type of cheese	Where agent isolated from	No. people involved	Report type	Score	Comments	
Listeria monocytogenes	'Quargel' (sour milk	Agent isolated from cheese and	Thirty-four cases identified in 3 countries,	Journal (case control)	3	Austria June 2009–January 2010 and Germany December 2009–February	
(2 clones	cheese).	clinical cases.	median age 72 years,		OR 76.6 (95% CI	2010	
identified, both	Whether or not		range 57–89 years.		9.3 - ∞) p value	International	
being strain	unpasteurised		Twenty-six of 34 cases		< 0.001	Product exported to German, Czech	
1/2a).	milk used in		were male. Twenty-five			and Slovakian markets.	
	production is		Austrian cases from 7/8				
	not stated.		Austrian provinces.				
			Eight fatalities, 5 in				
			Austria and 3 in				
			Germany.				

Table 6.	Mycoba	cterium	bovis
	~		

MMWR Weekly June 24, 2005/54 (24); 605–608 Year: 2005								
Agent isolated	Type of cheese	Where agent isolated from	No. people involved	Report type	Score	Comments		
<i>Mycobacterium</i> <i>bovis</i>	'Queso fresco' cheese imported into New York City from Mexico is suspected to be the source of the infection.	Clinical cases	Thirty-five cases of human TB attributed to <i>M. bovis</i> . Twenty of 35 cases born in Mexico. Twelve of 35 cases < 15 years of age, 5/35 cases < 5 years of age (all born in the USA). Twenty-three of 35 people were adults (median age 27 years, range 16–76 years). One fatality, a male aged 15 months. Nineteen of 23 cases reported eating cheese imported from	Report on an investigation	1	Thirty-five TB cases in NY City 2001–2004 due to <i>M. bovis</i> Local Continual risk associated with the illegal importation of cheese from Mexico. Cases of <i>M. bovis</i> TB in San Diego (California) have also been thought to have been associated with cheeses imported from Mexico.		
			Mexico.					

Table 7. Salmonella spp.

McCarthy et al. International Conference on Emerging Diseases, Atlanta Georgia USA. Board 84 p 95 Year: August 2002							
Agent isolated	Type of cheese	Where agent isolated from	No. people involved	Report type	Score	Comments	
Salmonella	Three soft	Agent isolated	Twenty-six cases	Conference	2	Connecticut April 2001	
Newport	Italian cheeses	from milk and	Identified, based on	abstract		State-wide, 5 counties	
	uppasteurised	clinical cases.	cases No fatalities			Inadequate neat treatment of milk	
	milk.						

Haeghebaert et al. <i>Eurosurveillance</i> 8 (7) Article 419 See also Brisabois et al. <i>Eurosurveillance</i> Volume 5, Issue 33 16 Aug 2001 Year: July 2003							
Agent isolated	Type of cheese	Where agent isolated from	No. people involved	Report type	Score	Comments	
Salmonella enteritidis Dhaga tung 8	Fresh Cantal cheese from a	Cows excreting Salmonella	One hundred and ninety cases in the first	Journal (case control)	3	France June–July 2001 and October 2001	
Phage type 8	manufacturer using cow milk.	farm supplying milk. Agent isolated from cheese and clinical cases.	second outbreak. No fatalities.		OR 7.5 (95% CI 2 -41) p value <0.01. Second outbreak, OR4.1(95%CI 1.1-15) p=0.01	Auto controls had identified Salmonella at the manufacturing farm (first outbreak) but no action taken at this time. Source of the second outbreak not identified.	

Espie and Vallant Eurosurveillance Volume 10, Issue 32, 11 August 2005 Year: 2005							
Agent isolated	Type of cheese	Where agent isolated from	No. people involved	Report type	Score	Comments	
Salmonella enterica	Unpasteurised goat cheese (2 branda) from a	Agent isolated from milk, cheese	Fifty-two cases in 7 European countries; 27	Journal-case report	2	April–July 2005 National and international outbreak.	
Stourbridge	single French producer and	and chinical cases.	other European countries. No fatalities			Germany, Austria, UK and The Netherlands	
	cross- contamination with infected		reported			On the farm a single goat (1/260) identified as an excreter of <i>Salmonella</i>	
	cheese.						

van Duynhoven et al. Epidemiol. Infect. 137: 1548–1557 Year: 2007							
Agent isolated	Type of cheese	Where agent isolated from	No. people involved	Report type	Score	Comments	
Salmonella typhimurium DT7	Hard cheese produced from unpasteurised cow milk	Milk bulk tank was positive in 2005. The agent was isolated from	Two hundred and twenty-four laboratory- confirmed cases. Median age 7.7 years,	Peer-reviewed journal article (case control on a subset of	3 OR 7.1 (95% CI 2.1 – 23.8) for	The Netherlands January 2006–April 2007 National outbreak (58% of cases from one local region)	
		cheese and clinical cases.	range 0–93 years. No fatalities.	cases).	hard cheese purchased from farm	Excreter cows and seropositive cows on the farm	

MMWR Weekly November 9 2007/56 (44); 1161–1164 Year: 2007							
Agent isolated	Type of cheese	Where agent isolated from	No. people involved	Report type	Score	Comments	
Salmonella typhimurium, Listeria monocytogenes and Campylobacter jejuni	'Queso fresco' made from unpasteurised milk purchased from the implicated farm	S. typhimurium isolated from cases, raw milk but not cheese. L. monocytogenes and C. jejuni also isolated from raw milk tank samples. Agents were also isolated from clinical cases	Twenty-nine cases associated with raw milk or raw milk cheese in 3 clusters. No fatalities.	Report	1	Pennsylvania February 2007. Local limited; to 1 state (Pennsylvania)	

MMWR Weekly April 25, 2008 57(16);432–435 Year: 2008							
Agent isolated	Type of cheese	Where agent isolated from	No. people involved	Report type	Score	Comments	
Salmonella enterica serotype Newport	'Cotija' Mexican-style cheese manufactured from	Agent isolated from bulk milk tank, cheese and clinical cases.	Eighty-five culture- confirmed cases. Ten of 17 cases with onset of diarrhoea (December 30 2006–February 26 2007)	Report (case control)	2 Depending on the type of cheese, matched OR	Illinois March 2006–April 2007. Follow-up on case reported in Illinois beginning in March 2006 Community; 9 counties in northern Illinois	
	unpasteurised cow milk suspected.		reported eating Mexican-style cheese. No fatalities.		values ranged between 1.1 and 3.0.	Dairy farm with a history of illegal unpasteurised milk sales	

Pastore et al. Eurosurveillance Volume 13 Issue 37 11 Sep 2008 Year: 2008								
Agent isolated	Type of cheese	Where agent isolated from	No. people involved	Report type	Score	Comments		
Salmonella	'Brand X' soft	Agent isolated	Eighty-two cases	Journal article	3	Switzerland September 2006–		
enterica	cheese	from cheese and	documented. Mean age	(retrospective		February 2007		
serotype	(Raclette – a	77 of 82 clinical	of cases 45.7 years,	case-control)	Adjusted OR 11.4	National		
Stanley	melted semi-	cases.	range 0–92 years. Forty-		(95% CI 1.9 –	First cases in Europe not related to		
	hard cheese)		one per cent of cases		69.6) p value	imported food. Source of		
	manufactured		reported eating 'Brand		=0.008	contamination not identified.		
	from		X' soft cheese. No					
	thermised milk		fatalities related to					
	at a single site.		Salmonella infection.					

Dominguez et al. Foodborne Pathogens and Disease 6: (1) 121–128 Year: 2009							
Agent isolated	Type of cheese	Where agent isolated from	No. people involved	Report type	Score	Comments	
Salmonella enterica serotype Montevideo	X', manufactured from raw cow milk	Agent isolated from a single farm supplying raw milk that had an episode of <i>Salmonella</i> <i>enterica</i> serotype Montevideo in	Twenty-three cases in total. Median age 35 years, range 1–83 years. Sixteen of 23 cases were women. Eight of 12 cases interviewed ate suspected cheese. Two people died shortly after	journal (case control)	3 Matched OR 6.7 (95%CI 0.7 – 62.6) p-value = 0.10	France October 2006–January 2007 Nation-wide distribution via supermarkets Plant produced 3,600 kg of cheese per day.	
		Sep/Oct 2006. Agent also isolated from cheese and clinical cases.	isolation of <i>Salmonella</i> (age at death not given but case age range 1–83 years).				

Van Cauteren et al. <i>Eurosurveillance</i> 14:Issue 31:1–3 (August 2009) Year: August 2009							
Agent isolated	Type of cheese	Where agent isolated from	No. people involved	Report type	Score	Comments	
Salmonella enterica serotype Muenster	Goat milk	Agent isolated from cheese and clinical cases.	Twenty-five laboratory- confirmed cases. Median age of adults, (21 cases) was 58 years (range not given). Four cases in children 8–12 years old. Sixteen of 21 cases interviewed reported eating goat cheese (from the same producer) prior to disease onset. No fatalities.	Journal (case report)	2	France, March and April 2008 Nation-wide outbreak Product had also been distributed to Belgium, Germany, The Netherlands and Sweden. No cases in these countries related to the French outbreak.	

Kuusi et al. BMC Infectious Diseases 6:36 Year: 2006							
Agent isolated	Type of cheese	Where agent isolated from	No. people involved	Report type	Score	Comments	
Streptococcus equi subspecies zooepidemicus	Fresh goat cheese from a single farm	Agent isolated from milk bulk tank, cheese, 1 goat and clinical cases.	Seven subjects (5 females, 2 males median age 70, range 54–93) met the case definition (bacteria isolated from a normally sterile site). Six of 7 had consumed cheese from the implicated farm, 1/7 had probably eaten implicated cheese. No fatalities.	Peer-reviewed journal article –case report	2	Finland September–October 2003 Local, cheeses distributed to 14 retail stores Infected goat 1/40 identified (vaginal swab)	

Bordez-Benitez et al. Eur J Clin Microbiol Infect Dis 25:242–246 Year: 2006							
Agent isolated	Type of cheese	Where agent isolated from	No. people involved	Report type	Score	Comments	
Streptococcus	'Queso fresco'	Agent isolated	Fifteen cases (5 females,	Peer-reviewed	3	Canary Islands February–April 2003	
equi subspecies	cheese made	from milk and	10 males, median age 70	journal article		Local outbreak	
zooepidemicus	from	clinical cases.	years, range 47–76), no	-case report.	OR 4.5 (95% CI	Cheese consumed in 9/15 cases.	
isolated from	inadequately		other suspected cases.	Controls	1.57 – 19.7		
raw milk and 15	pasteurised		Five of 15 people died	selected from	p<0.001)		
cases.	cow milk from		from the infection. Age	the hospital	^		
	2 farms.		at death ranged from	population.			
			68-86 years. Twelve of				
			15 cases also had				
			underlying disease.				

Ostyn et al. <i>Eurosurveillance</i> 15:Issue13:1–4 (April 2010) Year: 2010							
Agent isolated	Type of cheese	Where agent isolated from	No. people involved	Report type	Score	Comments	
Staphylococcus	Soft cheese	All 3 batches of	Twenty-three cases	Case report	2	Outbreaks in October and November	
producing type	single	in the outbreak.	outbreaks. Twenty-three			National outbreak in 6 departments	
E enterotoxin.	producer from	Diagnosis of	of 26 people who had			Three batches of cheese	
Isolates carried	unpasteurised	cases appears to	eaten the implicated			manufactured over a 2-week period	
see gene.	cow milk.	clinical signs	clinical signs			distributed to supermarkets.	
		only.	attributable to				
			Staphylococcal food				
			poisoning. No fatalities.				

5 References

- Al Dahouk S., Nockler K., Hensel A., Tomaso H., Scholz H.C., Hagen R.M., Neubauer H. (2005) Human brucellosis in a non-endemic country: A report from Germany, 2002 and 2003. *European Journal of Clinical Microbiology and Infectious Diseases* 24:450– 456.
- Anon. (2001) Outbreak of listeriosis associated with homemade Mexican-style cheese

 North Carolina, October 2000–January 2001 MMWR Vol. 50 2001 July 6, / No. 26: 560-562 http://www.cdc.gov/mmwr/PDF/wk/mm5026.pdf
- (2005) Human tuberculosis caused by *Mycobacterium bovis* New York City, 2001–2004. MMWR June 24, 2005 / 54(24);605-608 http://www.cdc.gov/mmwr/preview/mmwrhtml/mm5424a4.htm
- (2007) Salmonella typhimurium infection associated with raw milk and cheese consumption – Pennsylvania, 2007. MMWR November 9, 2007 / 56(44); 1161-1164 http://www.cdc.gov/mmwr/preview/mmwrhtml/mm5644a3.htm
- — (2008) Outbreak of multidrug-resistant Salmonella enterica serotype Newport
 infections associated with consumption of unpasteurised Mexican-style aged cheese Illinois, March 2006–April 2007. MMWR April 25, 2008 / 57(16);432-435
 http://www.cdc.gov/mmwr/preview/mmwrhtml/mm5716a4.htm
- 6. (2009) *Campylobacter jejuni* infection associated with unpasteurised milk and cheese Kansas, 2007. *MMRW* January 2, 2009 / 57(51&52); 1377-1379.
 <u>http://www.cdc.gov/mmwr/preview/mmwrhtml/mm5751a2.htm</u> See also reference Kansas Department of Health and Environment 2007.
- Bille., Blanc DS., Schmid H., Boubaker K., Baumgartner A., Siegrist HH., Tritten ML., Lienhard R., Berner D., Anderau R., Treboux M., Ducommun JM., Malinverni R., Genné D., Erard P., Waespi U. (2006) Outbreak of human listeriosis associated with tomme cheese in northwest Switzerland, 2005. *Eurosurveillance* 2006;11(6):pii=633. Available online: http://www.eurosurveillance.org/ViewArticle.aspx?ArticleId=633.
- Bordes-Benítez A., Sánchez-Oñoro M., Suárez-Bordón P., García-Rojas A. J., Saéz-Nieto J. A., González-García A., Álamo-Antúnez I., Sánchez-Maroto A., Bolaños-Rivero M. (2006) Outbreak of *Streptococcus equi* subsp. *zooepidemicus* infections on the island of Gran Canaria associated with the consumption of inadequately pasteurised cheese. *European Journal of Clinical Microbiology and Infectious Diseases* 25: 242– 246.

- Brisabois A., Grimont F., Vaillant V., Bouvet P., Haeghebaert S., Sulem P. (2001) Salmonella enteritidis outbreak phage type 8 in southwest France from contaminated Cantal cheese. Eurosurveillance . 5(33):pii=1702. Available online: http://www.eurosurveillance.org/ViewArticle.aspx?ArticleId=1702.
- California CD Brief (2004) Report of meeting of 02/11/04 (Week 6) Another GI outbreak associated with Queso Fresco. <u>http://www.lapublichealth.org/spa7/docs/CD2114.pdf</u>
- Carrique-Mas J. J., Hökeberg I., Andersson Y., Arneborn M., Tham W., Danielsson-Tham M.-L., Osterman B., Leffler M., Steen M., Eriksson E., Hedin G., Giesecke J. (2003) Febrile gastroenteritis after eating on-farm manufactured fresh cheese – an outbreak of listeriosis? *Epidemiology and Infection* 130:79–86.
- 12. CDC (2010) Investigation Update: Multistate outbreak of *E. coli* O157:H7 infections associated with cheese. <u>http://www.cdc.gov/ecoli/2010/cheese)157/index.html</u>.
- Çelebi G., Külah C., Kiliç S., Üstündağ G. (2007) Asymptomatic *Brucella* bacteraemia and isolation of *Brucella melitensis biovar 3* from human breast milk. *Scandinavian Journal of Infectious Diseases* 39: (3): 205–208.
- Dominguez M., Jourdan-Da Silva N., Vaillant V., Pihier N., Kermin C., Weill F., Delmas G., Kerouanton A., Brisabois A., de Valk H. (2009) Outbreak of *Salmonella enterica* serotype Montevideo infections in France linked to consumption of cheese made from raw milk. *Foodborne Pathogens and Disease*. February 2009, Vol. 6, No. 1: 121–128.
- 15. Espié E., Vaillant V. (2005) International outbreak of Salmonella Stourbridge infection, April–July 2005: results of epidemiological, food and veterinary investigations in France. Eurosurveillance. 2005;10 (32):pii=2772. Available online: <u>http://www.eurosurveillance.org/ViewArticle.aspx?ArticleId=2772</u>
- Espié E., Vaillant V., Mariani-Kurkdjian P., Grimont F., Martin-Schaller R., De Valk H., Vernozy-Rozand C. (2006) *Escherichia coli* O157 outbreak associated with fresh unpasteurized goats' cheese. *Epidemiology and Infections*, Volume 134, 143-146.
- Farina F., Fuser R., Rossi M., Scotton P. G. (2008) Outbreak di brucellosis nella provincial di Treviso da formaggio pecorina importato. *Le Infezioni in Medicina* n.3,154-157.
- Fretz R., Pichler J., Sagel U., Much P., Ruppitsch W., Pietzka A.T., Stöger A., Huhulescu S., Heuberger S., Appl G., Werber D., Stark K., Prager R., Flieger A., Karpíšková R., Pfaff G., Allerberger F. (2010) Update: Multinational listeriosis

outbreak due to 'Quargel', a sour milk curd cheese, caused by two different *L. monocytogenes* serotype 1/2a strains, 2009–2010. *Eurosurveillance*, Volume 15, Issue 16, 22 April 2010.

- Fretz R., Sagel U., Ruppitsch W., Pietzka A.T., Stöger A., Huhulescu S., Heuberger S., Pichler J., Much P., Pfaff G., Stark K., Prager R, Flieger A, Feenstra O., Allerberger F. (2010) Listeriosis outbreak caused by acid curd cheese 'Quargel', Austria and Germany 2009 *Eurosurveillance*, Volume 15, Issue 5, 04 February 2010.
- Haeghebaert S., Sulem P., Deroudille L., Vanneroy-Adenot E., Bagnis O., Bouvet P., Grimont F., Brisabois A., Hervy C., Espié E., de Valk H., Vaillant V. (2003) Two outbreaks of *Salmonella enteritidis* phage type 8 linked to the consumption of Cantal cheese made with raw milk, France, 2001. Eurosurveillance 2003; 8(7):pii=419. Available online: <u>http://www.eurosurveillance.org/ViewArticle.aspx?ArticleId=419</u>
- Holzmann H., Aberle S.W., Stiasny K., Werner P., Mischak A., Zainer B., Netzer M., Koppi S., Bechter E., Heinz F.X. (2009) Tick-borne encephalitis from eating goat cheese in a mountain region of Austria. *Emerging Infectious Diseases* 15: (10) 1671– 1673.
- Honish L., Predy G., Hislop N., Chui L., Kowalewska-Grochowska K., Tottier L., Kreplin C., Zazulak I. (2005) An outbreak of *E.coli* O157:H7 hemorrhagic colitis associated with unpasteurised gouda cheese. *Canadian Journal of Public Health* 96:3: 182–185.
- 23. Iaria C., Ricciardi F., Marano F., Puglisi G., Pappas G., Cascio A. Live nativity and brucellosis, Sicily. (2006). *Emerging Infectious Diseases* 12: (12) 2001–2002.
- 24. Jaros P., Cogger N., French N. (2008) A systematic review of the human disease evidence associated with the consumption of raw milk and raw milk cheeses. A report prepared for the New Zealand Food Safety Authority. <u>http://www.foodsafety.govt.nz/elibrary/industry/systematic-review-human-researchprojects/final-report-rawmilk.pdf</u>.
- Jennings G.J., Hajjeh R.A., Girgis F.Y., Fadeel M.A., Maksoud M.A., Wasfy M.O., Sayed N.E., Srikantiah P., Luby SP., Earhart K., Mahoney F.J. (2007) Brucellosis as a cause of acute febrile illness in Egypt. *Transactions of the Royal Society of Tropical Medicine and Hygiene* 101:707–713.
- Kansas Department of Health and Environment (2007) Outbreak of *Campylobacter jejuni* infections associated with consumption of cheese made from raw milk – Western Kansas 2007.

http://www.kdheks.gov/epi/download/Western_KS_OCT07_Campylobacter.pdf http://www.kdheks.gov/epi/download/BU_RN_Campy_Nov07_final_report.pdf

- Kuusi M., Lahti E., Virolainen A., Hatakka M., Vuento R., Rantala L., Vuopio-Varkila J., Seuna E., Karppelin M., Hakkinen M., Takkinen J., Gindonis V., Siponen K., Huotari K. (2006) An outbreak of *Streptococcus equi* subspecies *zooepidemicus* associated with consumption of fresh goat cheese. *BMC Infectious Diseases*. 2006; 6: 36. Published online 2006 February 27. doi: 10.1186/1471-2334-6-36.
- MacCarthyT., PhanQ., Mshar P., Howard R., Hadler J.L. (2002) Outbreak of multidrug-resistant *Salmonella Newport* associated with consumption of Italian-style soft cheese, Connecticut. *International Conference on Emerging Diseases Atlanta Georgia USA*. Board 84 p 95.
- MacDonald P. D. M., Whitwam R. E., Boggs J. D., MacCormack J. N., Anderson K. L., Reardon J. W., Saah J. R., Graves L. M., Hunter S. B., Sobel J. (2005) Outbreak of listeriosis among Mexican immigrants as a result of consumption of illicitly produced Mexican-style cheese. *Clinical Infectious Diseases* 40:677–82.
- Makino S.-I., Kawamoto K., Takeshi K., Okada Y., Yamasaki M., S. Yamamoto, Igimi S. (2005) An outbreak of food-borne listeriosis due to cheese in Japan, during 2001. *International Journal of Food Microbiology* 104:189–196.
- 31. Mendez Martinez C., Paez Jimenez A., Cortés-Blanco M., Salmoral Chamizo E., Mohedano Mohedano E., Plata C., Varo Baena A., Martinez Navarro J.F. (2003) Brucellosis outbreak due to unpasteurised raw goat cheese in Andalucia (Spain), January–March 2002. *Eurosurveillance* 2003; 8(7):pii=421. Available online: <u>http://www.eurosurveillance.org/ViewArticle.aspx?ArticleId=421</u>
- Ostyn A., De Buyser M.L., Guillier F., Groult J., Félix B., Salah S., Delmas G., Hennekinne J.A. (2010) First evidence of a food poisoning outbreak due to Staphylococcal enterotoxin type E, France, 2009. *Eurosurveillance*, Volume 15, Issue 13, 01 April 2010.

http://www.eurosurveillance.org/images/dynamic/EE/V15N13/art19528.pdf

 Pastore R., Schmid H., Altpeter E., Baumgartner A., Hächler H., Imhof R., Sudre P., Boubaker K., (2008) Outbreak of *Salmonella* serovar Stanley infections in Switzerland linked to locally produced soft cheese, September 2006–February 2007. Eurosurveillance 2008;13 (37):pii=18979. Available online: <u>http://www.eurosurveillance.org/ViewArticle.aspx?ArticleId=18979</u>

- Public Health Agency of Canada (2003) First documented outbreak of *Listeria* monocytogenes in Quebec, 2002. Canada Communicable Disease Report Volume 29-21, 1 November 2003.
- 35. U.S. Food and Drug Administration. (2010) FDA news release: FDA, CDC, and Costco warn consumers to avoid Bravo Farms Dutch Style Gouda cheese. <u>http://www.fda.gov/NewsEvents/Newsroom/PressAnnouncements/ucm232748.htm</u>. See also CDC Investigation Update 24 November 2010.
- 36. U.S. Food and Drug Administration. (2010) FDA news release: FDA: Consumers should not eat Sally Jackson cheese due to risk of *Escherichia coli* O157:H7. http://www.fda.gov/NewsEvents/Newsroom/PressAnnouncements/ucm237381.htm
- U.S. Food and Drug Administration. (2010) FDA Recall-Firm Press Release. Del Bueno amends recall of Queso Fresco cheese because of possible health risk. www.fda.gov/Safety/Recalls/ucm207627.htm
- van Cauteren D., Jourdan-da Silva1 N., Weill F.X., King L., Brisabois A., Delmas G., Vaillant V., de Valk H. (2009) Outbreak of *Salmonella enterica* serotype Muenster infections associated with goat's cheese, France, March 2008. (2009) *Eurosurveillance* Volume 14, Issue 31, 6 August 2009.
- van Duynhoven YTHP., Isken L. D., Borgen K., Besselse M., Soethoudt K., Haitsma O., Mulder B., Notermans DW., De Jonge R., Kock P., Van Pelt W., Stenvers O., Van Steenbergen J. (2009) A prolonged outbreak of *Salmonella typhimurium* infection related to an uncommon vehicle: hard cheese made from raw milk. *Epidemiology and Infections* 137, 1548–1557.
- 40. Washoe County (Nevada) May 2010 Press Release: Health district issues consumer advisory on illegal cheese. www.co.washoe.nv.us/repository/print pr.php?article=8702.