

BRINGING FOOD OR SPICES TO NEW ZEALAND?



If you're travelling to New Zealand from India, you might have something special that you want to bring (like food ingredients, sweets and prasad/offerings). However there are items you definitely cannot bring with you. This is to help protect our environment from potential pests and diseases that aren't in New Zealand.

Find out what you can bring and avoid a \$400NZD fine.

Banned items

There are some items you definitely cannot bring to New Zealand.

These include:

- fresh fruit and vegetables
- flowers and seeds
- prasad in any form – rice, Sundal (boiled pulses mixed with spices), milk, Panchamirtham (fruits, honey, jaggery, nuts, spices mixture), sugar candy, nuts, pepper, salt, sand from ant hill, Tulsi leaves, Powa (pounded rice mixed with coconut and sugar)
- fresh, pickled, and dried meat and fish
- grains and pulses (like lentils, chickpeas, pigeon peas, and black gram)
- honey and bee products (including tonics with honey such as Chyawanprash)
- eggs

If you choose to bring any banned items to New Zealand, you must declare them on your Passenger Arrival Card. Or you can dispose of them on your arrival in a marked biosecurity bin.

You must declare

Your Passenger Arrival Card has a list of the items you must declare. Besides banned items, they include:

- sweets and wafers
- food and cooking ingredients, and condiments
- plants and plant products
- animal products
- used outdoor equipment
- pickles (including pickled meat and fish)
- nuts, spices, herbs
- dried, cooked, or preserved fruit and vegetables (including pickles)
- dairy products, including ghee

If you are unsure whether an item is allowed into New Zealand, declare it on the arrival card when you land. Border staff will then check what you have – many items may still be allowed into the country. Don't be scared, just declare.

Always declare them when you arrive. You will be fined \$400NZD if you don't.
For more information visit biosecurity.govt.nz/india-declare