Food safety advice during bird flu outbreaks

BIRD FLU
KNOW WHAT TO DO

H5 bird flu (H5N1 avian influenza clade 2.3.4.4b) does not pose a food safety risk to consumers but you should always follow good hygiene practices when handling and preparing food.

New Zealand Food Safety
Haumaru Kai Aotearoa

It's safe to eat poultry and eggs

Poultry and eggs remain safe to eat. There is no evidence that people can be infected with H5 bird flu through eating poultry or eggs.

How the H5 bird flu virus spreads

Infected birds or other animals spread the virus through their respiratory droplets, saliva, mucous, or faeces.

The virus does not spread easily from animals to humans. Infection in humans can occur when they touch the virus and then touch their eyes, nose, or mouth after close contact with infected birds or other animals.

You cannot get the virus from eating food



Scan here to download your booklet of tips on preparing, cooking and storing food safely at home.
mpi.govt.nz/dmsdocument/3662-Food-Safety-at-Home

For more information visit
www.mpi.govt.nz/hpai

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